



**Table of Contents**

<u>Principal's Message</u>	2
<u>Important Dates</u>	3
<u>Edwin Parr Nominee</u>	4
<u>Red Crow College / CCH Yearbook</u>	5
<u>Cafeteria / Rupertsland Presentation</u>	6
<u>Graduation Update</u>	7
<u>University of Lethbridge</u>	10
<u>Outdoor Soccer / Jostens Jewellery</u>	11
<u>Bannock and Tea Virtual Gathering</u>	12
<u>Off Campus News</u>	13
<u>Ministers Youth Council</u>	14

# Principal's Message

*The Principal's Message for March is being brought to you by acting Associate Principal, Mrs. Schmidt. Enjoy this reflection on the Lenten Season.*

This year our season of Lent began while we were on our February break. So, what exactly is Lent? Many of us were raised to “give something up” for Lent such as candy, watching tv, time on the computer, etc. But, what if Lent could be something different?

Henri Nouwen was a Dutch Catholic priest, professor, writer and theologian. At the time of his passing in 1996, he lived at L'Arche Daybreak in Richmond Hill, Ontario. Nouwen's teachings and interests included psychology, pastoral ministry, spirituality, social justice and community. In his book *The Return of the Prodigal Son: A Story of Homecoming* (New York: Image Books, 1992), Nouwen says the following about Lent.

*“For most of my life I have struggled to find God, to know God, to love God. I have tried hard to follow the guidelines of the spiritual life—pray always, work for others, read the Scriptures—and to avoid the many temptations to dissipate myself. I have failed many times but always tried again, even when I was close to despair.*



Now I wonder whether I have sufficiently realized that during all this time God has been trying to find me, to know me, and to love me. The question is not “How am I to find God?” but “How am I to let myself be found by him?” The question is not “How am I to know God?” but “How am I to let myself be known by God?” And, finally, the question is not “How am I to love God?” but “How am I to let myself be loved by God?” God is looking into the distance for me, trying to find me, and longing to bring me home.”

We are coming up to the one-year anniversary of our schools being shut down last year in Alberta due to this pandemic. Life is still not the same as what we remember it nor has it come back to what we wish it to be. However, when we look at Nouwen's words, we find strength in what he tells us. “God is looking into the distance for me...”. What encouraging words during these trying times.

At Catholic Central we see so many instances of everyone around us “looking into the distance for us”. Our Student Council has provided some nice early morning treats and has managed to plan a few school spirit activities among our restrictions. Our Yearbook Staff has been asking the students to send in photos relating to this year's yearbook theme showing how we are keeping our spirits up while being apart. Our student body was able to make a fairly quick pivot to online learning for the four weeks that were mandated in December and January. The students have not lost their positive attitudes when coming to school. Our staff has been

working diligently to keep everyone as safe as possible.

Perhaps this is our own small way of “looking into the distance” for one another. Do we always get it “right”? Most certainly not. When we do stumble and fall, we get up again and make the necessary changes to improve ourselves – thus helping all those around us. Lent doesn't have to be a time of “giving something up”. Instead, it can be a time of showing more compassion, grace and gratitude for all the positive things we have in our lives, a time to “give” our best selves to those we meet every day. I'm happy to say that at Catholic Central, it's pretty easy to see many examples each day of how we are all “looking into the distance” for one another!!

- Mrs. Schmidt



# Important Dates

## March 2021

3—Midterm

4—Lenten Mass (virtual)

5—ALL Course selections forms for the 2021-2022 school year are due

17—School Council Meeting→email Sheryl-Ann Giacchetta to be added to the meeting. School council would love to have more parents and guardians attend. If you want to know more about what we do at Catholic Central, this is YOUR chance!

Sheryl-Ann's email address is [sagiac-chetta@gmail.com](mailto:sagiac-chetta@gmail.com)

19—No School, Division Collaborative Day, this is also one of Catholic Central's observed Feast Days as it is a Feast Day for St. Joseph, The Husband. However, because there is no school on Friday, we will celebrate the Feast Day on Thursday, March 18<sup>th</sup>

22—No School, Division Spiritual Development Day

(please note that this is a change from the originally scheduled day of March 16th)

24—Division Board Meeting

## April 2021

1—Last Day of Q3 Classes

2—Good Friday, No School

5 to 9 — Easter Break

12—16—Exams

19—School PD Day

20—First day of Q4 Classes

**Lenten Services** at Catholic Central are being held every Friday in block 1 classes.

The dates are:

- March 5<sup>th</sup>
- March 12<sup>th</sup>
- Thursday March 18<sup>th</sup> (as Friday, March 19<sup>th</sup> is a No School Day)
- March 26<sup>th</sup>

### **“Le trois fait le mois”**

A favourite “old wives tale” weather expression is “le trois fait le mois.” Roughly translated it means the kind of weather you get on the third day of the month is an indication of the kind of month it’s going to be.

Spring must be just around the corner!







# Holy Spirit Catholic School Division

## PRESS RELEASE

Tuesday, March 2, 2021

---

### Amanda Omilon Selected as Holy Spirit Catholic School Division's Edwin Parr Nominee

Holy Spirit Catholic School Division is proud to announce that **Ms. Amanda Omilon, a first year teacher at Catholic Central High School in Lethbridge**, has been selected as the division's Edwin Parr nominee for the 2020/2021 school year. The Edwin Parr Award recognizes excellence in teachers beginning their professional careers.

Omilon began her work with Catholic Central High School over a year ago as part of her practicum placement. She has continued to serve the school since her graduation from the University of Lethbridge in 2020, where she received a Bachelor of Education Degree and Bachelor of Arts Degree in English; both with Great Distinction.

"Ms. Omilon is an exceptional candidate," remarks Superintendent Ken Sampson. "She has demonstrated real passion for teaching and flexibility in learning for her students, even in these uncertain times. We're really proud to bring her name forward as our Edwin Parr nominee."



Expresses Omilon, "I believe teaching is a calling: one that involves patience, commitment, and selflessness. I am truly blessed and humbled to be a nominee for the Edwin Parr award. The chance and opportunity to serve the students of our community each and every day has made all the difference! I am grateful for the chance to foster relationships with staff and students built on compassion, trust, and understanding to guide me in what I do."



Joanne Polec, Principal of Catholic Central High School, warmly notes how pleased she is that Omilon has been nominated. "From the beginning, Amanda has brought such eagerness and light to our school. Her love of what she's teaching, coupled with her desire to help her students see and use their own God-given talents, inspires them all to shine. Amanda is someone who definitely contributes to the legacy here at Catholic Central High School and imbues what we are all about."

Please join Holy Spirit in congratulating Amanda Omilon on being this year's Edwin Parr nominee.

**For more information about this press release, please contact:**

*Ken Sampson, Superintendent  
St. Basil Catholic Education Centre  
Phone: (403) 327-9555  
Email: [superintendent@holyspirit.ab.ca](mailto:superintendent@holyspirit.ab.ca)*

## Makai'sto—Red Crow College Presentation

Oki, please join Ms. Fox for an online presentation with Makaisto—Red Crow College on March 9th @ 6pm.

This virtual presentation will be for ALL grade 12 students who would like to learn about the various programs Red Crow College offers.

Join the ZOOM Meeting

<https://us02web.zoom.us/j/85840880519?pwd=Um9odHphdnlRQXFJclpYWno3TTFDdz09>



Ms. Emily Fox  
FNMI Support Worker  
Taatsikioyis/Center Tipi  
Catholic Central High School

Don't miss your chance to own

## *Heroes Among Us*

the CCHS 2020 - 2021 yearbook!

Pre-order your copy today through

SchoolCashOnline

The cost is \$40 per book.

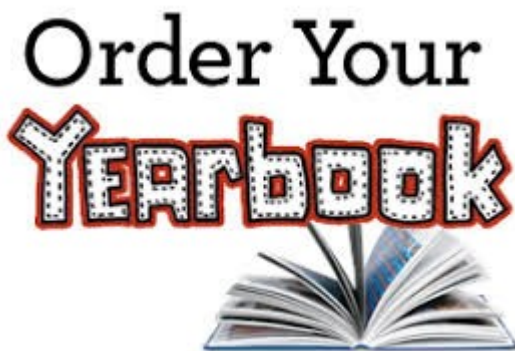
**The deadline to order is**

**Friday, May 7, 2021.**

Yearbooks will be delivered in September, 2021

To stay informed regarding all things Yearbook,

follow us on Instagram at [cch.yearbook](https://www.instagram.com/cch.yearbook).



## New Cafeteria Hours at CCH

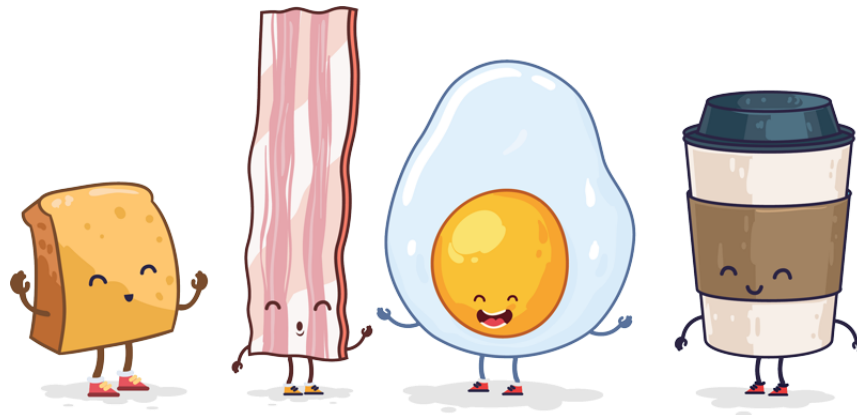
➔ 9:00am—1:30pm

**Now Offering Breakfast!** 9:00 am—10:00am

Bacon & Egg McMuffins _____	\$3.75
Bacon & Egg Wraps _____	\$5.00
Sriracha & Ranch Wraps _____	\$5.50
Assorted Pastries	

More breakfast options to come at a later date. Feel free to pre-order breakfast or lunch and prepay at the Cafeteria.

Thank you, Rochelle & Nancy



## Métis Student Rupertsland Presentation

March 16th at 6pm

Google meet link: [meet.google.com/rzd-dpfy-cgp](https://meet.google.com/rzd-dpfy-cgp)

Join Ms. Fox and representatives from **Rupertsland Institute—  
Métis Centre of Excellence** for an informative session on  
New Scholarships available for Métis Students



# CATHOLIC CENTRAL GRADUATION 2021

As promised, it is Friday, February 26th, which is the deadline that was originally set for a decision about how Grad 2021 will look like. After many conversations with all of our community providers, other high school administrative teams, CCH staff, and central office, we have decided that Catholic Central “Grad Option B,” which is a Drive-In Graduation will be the format for our ceremonies.

**We have gratefully partnered with the Enmax and Feature Productions to present this live, drive-in event in order to celebrate and acknowledge the culmination of a 13 year journey for our graduates on Saturday, June 12, 2021! So SAVE-THE DATE!**

Here are the details for the Drive-In Graduation 2021:

Restriction on outdoor gatherings of anywhere between 10-100 or more

- We have booked the Enmax parking lot for Saturday, June 12, 2021.
- Depending on the number per outdoor gatherings at the time, we plan to have shorter rotating ceremonies wherein a formal Convocation would occur. For example: if the number per outdoor gathering is 50, we would have a group of 46 graduates sit (physically distanced) to hear various addresses before coming up to accept their diploma and have their tassels turned. Each group would then culminate the ceremony with a hat toss.
- Graduates would get the opportunity to celebrate their accomplishments with a “walk across the stage,” while their graduation statement is read to receive their convocation box from CCH administration and have their tassels turned.
- Each graduate would be invited to attend the event with two vehicles (we would have to determine the number of vehicles based on the size of the number of graduates) with family members (natural cohort). Only the graduate would be allowed out of his/her vehicle.
- FM radio would be used for guests to listen to the event.
- This event would also be livestreamed for those who could not attend.
- Graduates would then have the opportunity to purchase a USB recording for the entire event (which would include ALL of the ceremonies for each gathering).

No indoor gatherings or very limited numbers	<ul style="list-style-type: none"> <li>• It is our every intent that a mass or service be a part of our celebrations.</li> <li>• As such, we are currently in conversation with our faith leaders/ parishes in terms of a graduation mass or service and what that might look like.</li> <li>• An Opening and Closing Prayer, as well as an Invocation for Graduates will be included in our Convocation Ceremonies.</li> <li>• A Graduation Banquet would not be part of our ceremonies as restrictions do not allow for this to occur.</li> </ul>
Mandatory masks for indoor or outdoor gatherings	<ul style="list-style-type: none"> <li>• Masks would be mandatory.</li> </ul>
Heavy adherence to physical distancing required	<ul style="list-style-type: none"> <li>• Physical distancing measures would be applied.</li> </ul>

Other details:

- **Grad Requirements:** in order to qualify for graduation, a student must
  - ◆ have attained or be in position to attain 90 credits by the end of quarter 3,
  - ◆ have completed Religious Education 35 by the end of quarter 3, and
  - ◆ have attained or be in position to attain 100 credits by the end of quarter 4, or
  - ◆ be in a special program (ie:Certificate of High School Completion vs. High School Diploma)
- **Grad List:** Administration and guidance counsellors are working on finalizing a grad list. This list indicates who is eligible to participate in the graduation ceremonies. There are three categories that a student might fall into: 1. Has met all grad requirements (as outlined above) and therefore may opt to participate in graduation ceremonies. 2. May be eligible should all requirements (as outlined above). These students will be issued a “maybe” letter, which outlines the expectations required prior to any decision on graduation eligibility has been made. 3. Is not eligible to participate. These students will be contacted directly to work through a plan to graduate in the following year. If you or your student is unsure of his/her graduation status, please contact Mrs. Hoveling at [hovelingj@holyspirit.ab.ca](mailto:hovelingj@holyspirit.ab.ca)
- **Grad Parent Meeting:** a date is yet to be determined - once we have worked out the logistics/ details with our providers/ vendors, we will endeavor to host a grad parent meeting. In the meantime, if you have any questions related to graduation, please direct them to Mrs. Polec [polecj@holyspirit.ab.ca](mailto:polecj@holyspirit.ab.ca) .... although she prefers a phone call over an email!



- **Grad Statements:** As each graduate processes across the stage, a statement (that has been written by the graduate) is read. A Google form has been created and posted in the Grad 2021 Google Classroom for each graduate to complete and submit. The deadline for submission is **Friday, May 28th, 2021**. If your child requires any assistance in completing his/her statement, please contact Mr. Vercillo at [vercilloa@holyspirit.ab.ca](mailto:vercilloa@holyspirit.ab.ca)
- **Grad Photos:** These grad photos should have been booked by now. If they have not, please book online as soon as possible. If there are no sittings available, please contact Mrs. Noyes by email ([noyess@holyspirit.ab.ca](mailto:noyess@holyspirit.ab.ca)) or call the school. All photos will be taken at the LifeTouch studio in Lethbridge. There is NO CHARGE to grads to have their picture taken and we encourage all graduates to have one taken for the large composite. Please note, while Catholic Central has partnered with Life-Touch for graduation photos, we do not establish the protocols for how the studios conduct these sittings.
- **Grad Fees:** Fees will run around \$50 depending on costs incurred (ie: cost of Feature Productions, printing costs, convocation box and items including cap and tassel, etc.). Fees can be paid through School Cash Online, which can be accessed from our homepage: <https://holyspirit.schoolcashonline.com/> Grad fees must be paid in full in order to participate in graduation events.
- **Grad Convocation Cap and Gown:** Graduates will all receive a cap and tassel that will be theirs to keep. Graduates will also have the option to order a rental gown. The deadline to order a rental gown is Friday, May 14, 2021 through School Cash Online. These may be used for the Convocation or for picture taking with family. A graduate is not required to rent one if he/she is choosing to attend the ceremony in formal wear (ie: a grad dress, traditional dress, suits, etc.) but has the option to wear a convocation gown if he/she would like to. Ultimately, we would like to be as flexible as we can with what graduates elect to wear for the ceremonies but would encourage graduates and parents/guardians to recognize that this is a formal event.
- CCH Website: <http://www.holyspirit.ab.ca/cch/> for grad updates

We look forward to celebrating this occasion with you!



## **U of L Virtual Course Registration Workshop**

**Tuesday, March 23 at 6:00pm**

This workshop is for any grade 12 students who are planning on attending the University of Lethbridge next fall. University of Lethbridge recruiter, Meagan, will walk students through the steps of how to register for fall courses and answer questions. The link to join the workshop is: <https://uleth.zoom.us/j/9556547558>



University of  
**Lethbridge**

## **High School Youth Research Summer (HYRS) Program**

**Great News!** The High School Youth Research Summer (HYRS) Program at the University of Lethbridge has been renewed for the summer of 2021! Due to COVID19 there are some changes to the program. Please be aware that we are aiming to have in-person lab research time for the students. The other components of the program (seminars and final showcase) will be mainly virtual.

We are in search of grade 11 students who would benefit from spending their summer in a research lab at the University of Lethbridge. Students must have at least an 85% average on each of math 20-1 or 20-2, biology 20 and one other grade 11 science (unless strong justification is made for cases of equity and appropriate program accessibility).

The application process is online and can be accessed here: <https://www.uleth.ca/node/2969> Applications must be submitted no later than April 30, 2021.

More information on the program can be found at: <https://www.uleth.ca/node/2982>

# 2021 OUTDOOR SOCCER REGISTRATION

Online Registration begins March 1, 2021 at noon – Sunday April 4, 2021



[www.lethbridgesoccer.com](http://www.lethbridgesoccer.com)

403-320-5425

Boys and Girls

U4 – U6 (Co-Ed) \$115.00

U7 - U19 (Co-Ed) - \$165.00

Season to start May 10 – July 10, 2021



LFC Competitive information will be made available online at [lethbridgesoccer.com](http://lethbridgesoccer.com) or visit our Facebook Page at Lethbridge Soccer Association. LFC Registration will open online March 1, 2021

## Catholic Central - Class of 2021 – Celebrate Your Graduation!



Order @ [www.jostens.com](http://www.jostens.com) & Save \$60.00

USE DISCOUNT CODE

# MARCH60CAD

Offer valid from March 1 to March 31  
(excludes certain ring designs & previous purchases)

Click On The Image Below  
For More Information



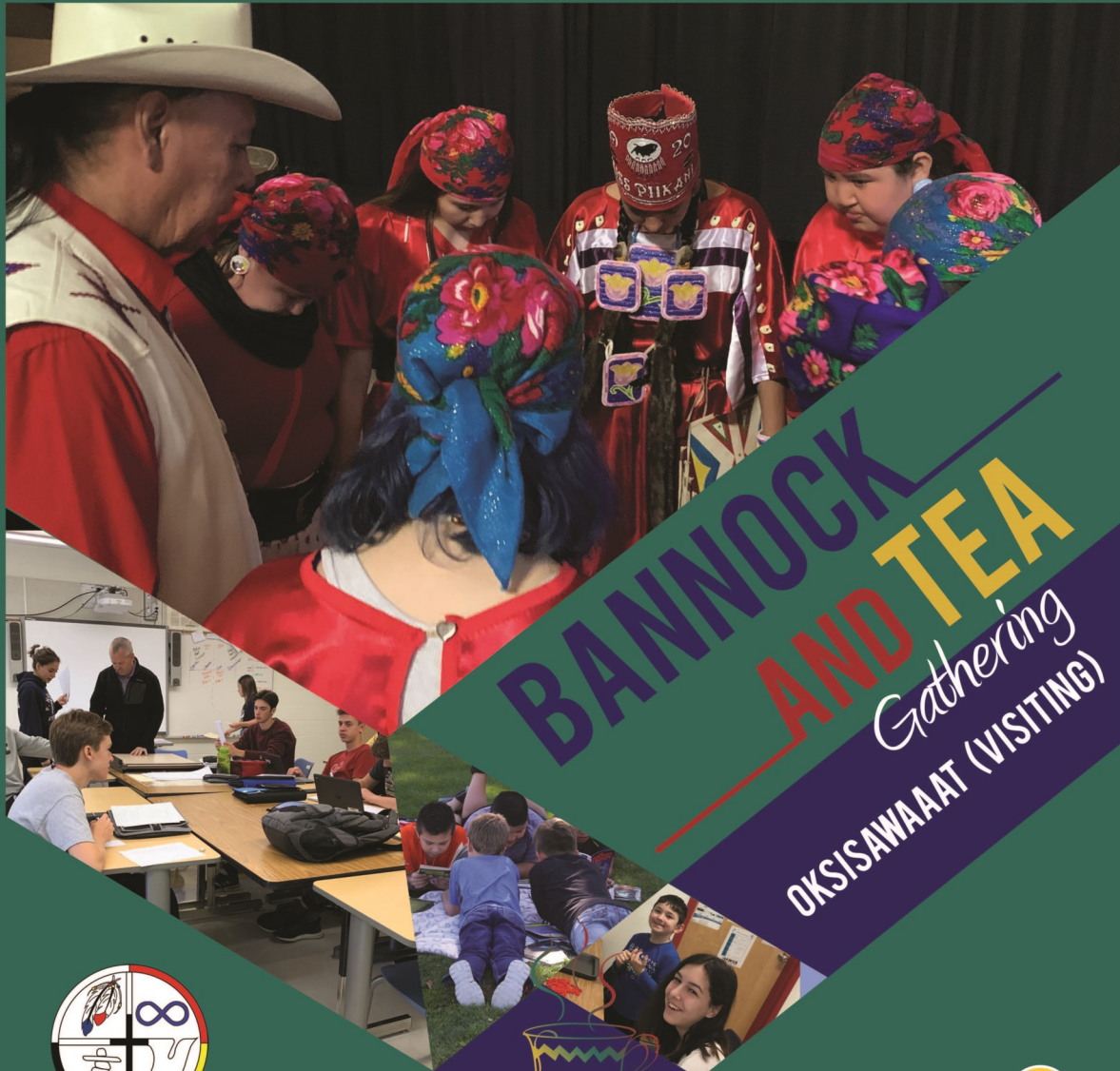
Your GRADUATION is important! Due to COVID-19, we are not able to hold a display at your school BUT you can still ORDER.

DESIGN & ORDER your CUSTOM graduation jewelry @

[www.jostens.com](http://www.jostens.com)

Questions? Please contact us - Sean & Denise Kelly – 403.252.1774 – [sean.kelly@jostens.com](mailto:sean.kelly@jostens.com)





# BANNOCK AND TEA

Gathering  
OKSISAWAAT (VISING)



**MARCH 10, 2021**  
**3:30-4:30PM**  
**VIRTUAL GATHERING**

Ways of Knowing  
Teaching, Learning, and Research



Ways of Doing  
Policies, Procedures, and Practices



Ways of Being  
Professional and Personal Learning



You are invited to explore the *Alberta Education Teaching Quality Standard Competency 5: Applying Foundational Knowledge about First Nations, Métis and Inuit* at a virtual tea and bannock gathering with Division Principal Annette BruisedHead.

This is a 'Safe Space' for asking questions as we journey through Holy Spirit's Board Priority of 'First Nations, Métis and Inuit Education for ALL.' We invite you to bring and share a recipe of what you serve guests with tea (i.e. breads, muffins, cakes, etc.), and bring your questions.

Google Meet Link: [meet.google.com/cym-zoec-gdu](https://meet.google.com/cym-zoec-gdu)  
 Please email Annette at: [bruisedheada@holyspirit.ab.ca](mailto:bruisedheada@holyspirit.ab.ca) if you plan to attend.

Holy Spirit Catholic Schools



# OFF-CAMPUS NEWS



## University of Lethbridge

### Virtual Open House

Saturday, March 6 from 10a.m. – 1p.m.

Register at: <https://www.uleth.ca/enrolment>

Anyone who applies is eligible for a \$1,000 tuition prize.

## U of L Virtual Course Registration Workshop

Tuesday, March 23 at 6:00pm

This workshop is for any grade 12 students planning on attending the U of L next fall. Our local recruiter, Meagan, will walk you through the steps to learn how to register for your fall courses.

Join the session at: <https://uleth.zoom.us/j/9556547558>

## Lethbridge College Virtual Open House

Thursday, March 11 to Saturday, March 13

Pre-register and be entered to win a \$1,500 tuition credit. Apply during the Open House and receive 50% off your application fee.



Register at: [lethbridgecollege.ca/openhouse](http://lethbridgecollege.ca/openhouse)

## Virtual Trades Showcase

CAREERS: The Next Generation is offering free monthly virtual trades information sessions.

This month the sessions are:

**Agriculture—March 23**

**Young Women in the Trades - Information**

**Communication Technology - March 17**

Register for these sessions at:

[www.careersnextgen.ca](http://www.careersnextgen.ca)

## Education Ministers Youth Council

Junior and senior high school students can have their voices heard by applying to join the Education Minister's Youth Council. Council members serve a 10-month term starting in September and ending in June 2022, and meet with the Minister of Education and Alberta Education staff in three weekend conferences. Applicants should be in junior and senior high school and be between the ages of 14 and 19 as of Sept. 1, 2021. For more information and application forms go to: <https://www.alberta.ca/student-engagement.aspx>

## Career Exploration Sessions



Career Transitions is offering virtual exploration sessions for students to explore careers.

Next Sessions are:

**Operating Room Nurse - Thursday, March 25 at 4:00pm**

**Hairstylist—Thursday, April 1 at 4:00pm**

Register for these free sessions at: [www.careersteps.ca](http://www.careersteps.ca)

## Virtual Post-Secondary Presentations

Career Transitions is delivering a series of virtual post-secondary presentations throughout the month of March for students who want to connect with Alberta post-secondary institutions. Check their website for a list of dates, times, and links at:

[www.careersteps.ca/post-secondary-fair/](http://www.careersteps.ca/post-secondary-fair/)

## Heritage Youth Researcher Summer Program (HYRS)



If you are in grade 11 and have at least an 85% average in each of math 20-1 or 20-2, biology 20 and one other Grade 11 science you can apply for the 6 week summer research position at the U of L. For more information and how to apply go to: <https://www.uleth.ca/node/2969>



## Your Off-Campus Team

Mark Boschee - Off-Campus Coordinator Cell: 587-220-4258 or Email: [boscheem@holyspirit.ab.ca](mailto:boscheem@holyspirit.ab.ca)

Wendy Gurr - Career Practitioner - 403-327-4596 Ext 312 or Email: [gurrw@holyspirit.ab.ca](mailto:gurrw@holyspirit.ab.ca)



# MINISTER'S YOUTH COUNCIL



## Direct line to the minister... what would you say?

- We are looking for 40 junior and senior high school students.
- Students with diverse interests, identities, backgrounds, and perspectives.
  - Council will help to prepare Alberta students for success.

Information and steps on how to apply can be found on the website.

Application packages need to be submitted by March 24, 2021.

**APPLY TODAY!**



@AlbertaEd | [alberta.ca/student-engagement.aspx](https://alberta.ca/student-engagement.aspx)

Alberta 