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Principal's Message

"Make me to know your ways O Lord, teach me your paths." (Psalm 25:4)

I don't know about you, but there were many times over the course of this year that I felt challenged, overwhelmed, and even defeated in some ways. It was hard not to have these



feelings as a response to one of the hardest years of my career and it was easy to feel helpless (hopeless). However, as the saying goes, "God works in mysterious ways" and I truly believe His presence has been felt over the course of the school year. Through the calls to action of "being grateful" and "being gracious", we saw our students, staff, parents/ guardians walk the high road, together. When we started the year, with new protocols to follow and a completely different approach to what we could define as "school," we made the adjustments, refocused our priorities and forged a new path. When we all recognized that

this would be a year without two of the pillars that help to characterize us (Athletics and Fine Arts), we set our sights on the pillars Faith and Academics and discovered that newly found time allowed us to rise to new heights in these areas. When we had to transition to at home not once but twice this year, we once again took the necessary steps, putting one foot in front of the other to find ourselves back on track to finish out the year in-person. While NONE of this has been easy, I truly believe that because of the love, support, and care we have shown each other along the way, our burdens were lightened.



I know I speak for many of our staff when I express just how grateful we were/are to have received many words of encouragement and support over the course of the past year.

Pope Francis reminds us that *"A community that cherishes the little details of love, whose members care for one another and creates an open and evangelizing environment, is a place where the risen Lord is present, sanctifying it in accordance with the Father's plan. There are times when, by a gift of the Lord's love, we are granted, amid these little details, consoling experiences of God."* Indeed, the "little details of love" have not gone unnoticed so for that, we thank you.

As we enter into our last month of the school year, on this last leg of our journey, I want to commend our parents/ guardians in partnership with our staff for being our partners on this journey as we navigated uncharted territories for the best interests of our students. And, students, I want to congratulate you for working hard, doing your best, keeping the standard of excellence high, and for making the most of the situation. It has been no easy task that has required much faith, resilience, collaborative efficacy, and trust in God that things will get better.

Thank you for joining us on our most interesting journey this year. On behalf of the staff at Catholic Central, we wish you many blessings over the summer break. Relax. Rest. You have walked a long and hard road.

May God continue to bless us all,

Mrs. Polec



Quarter 4 Calendar—Important Dates

- June 4th - all request for exemption (of diploma exams) forms must be submitted. Students who are enrolled in classes with diploma exams MUST submit their signed request for exemption forms to their teachers no later than Friday, June 4th.
- June 8th - Holy Spirit School Board Retirement Banquet - Four CCH retirees will be celebrated, among the many other retirees within the division. Congratulations to Teles Boudreau, Rob Jetten, Gil Perron, and Steve Wilson
- June 8th - Year-End Mass - Our closing Mass will be livestreamed to classes and our community on June 8th at 9:30 AM. We will be also blessing our new Stations of the Cross in the Campus West chapel as part of our Mass that morning. Please join us as we celebrate our shared faith and our year together
- June 10th - English diploma Part A - for only those students electing to write
- June 11th - Social diploma Part A - for only those students electing to write
- June 11th - Catholic Central Grad 2021 Mass @ 7:00 p.m. - This mass will be livestreamed from Our Lady of Assumption Church. All graduates and their families, as well as the greater Catholic Central Community are welcome to join us virtually!
- June 12th - Catholic Central Grad 2021 Drive-In Convocation Ceremonies begin at 10:00 a.m. at the Enmax - This event will also be livestreamed for all to join us. Please access our website for updated Grad 2021 information.
- June 15th - FNMI Awards, 5:00 to 6:00pm, all are welcome to join this virtual awards night honoring our students
- June 16th - Last Day of Classes!
- June 17th - Math diploma - for only those students electing to write
- June 18th - English diploma Part B - for only those students electing to write
- June 21st - National Indigenous People's Day - No exams. This day is a CCH Staff PD Day.
- June 22nd - Social diploma Part B - for only those students electing to write
- June 23rd - Biology diploma - for only those students electing to write
- June 24th - Chemistry 30 diploma - for only those students electing to write

COVID protocols are still in effect!

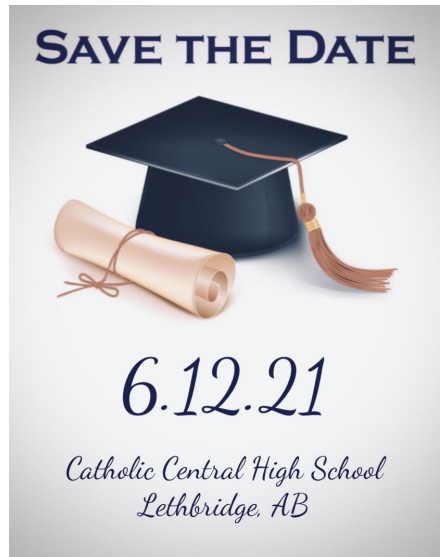
Please be diligent in using the COVID screening assessment tool before choosing to send your child to school!

<https://www.alberta.ca/assets/documents/edc-covid-19-screening-questionnaire-english.pdf>

Graduation 2021

GRAD 2021 UPDATE:

- CONGRATULATIONS to Academic Addressees: Alyssa D'Agnone, Joshua Kroker, Isabella Umeris, Janelle Wipf.
- GRAD SONG AND THEME: This year's Grad Song is "Have It All" by Jason Mraz. The Grad Theme, which comes from a phrase/ lyric within the song, is "Infinite Possible Ways."
- GRAD STATEMENTS: The Google Form has been opened in the Grad 2021 Google Classroom for graduates to submit their grad statements. The deadline to submit a statement is Wednesday, June 2. Grads, if you are having difficulty with writing your statement, please contact Mr. Vercillo at vercilloa@holyspirit.ab.ca
- GRAD FEES/ RSVPs: GRAD FEES/ RSVPs: The deadline has now passed to RSVP for the event. We have close to 300 graduates and their families joining us on June 12!
- GRAD MASS: It is official! We have secured Friday, June 11 at 7:00 at Our Lady of Assumption Church as our Grad Mass. Father Kevin Tumback will be presiding. Grade 12 students who have contributed their gifts, time, and talents over the course of the past three years have been selected to read, provide music ministry, and bring up items that represent our four pillars for the offertory. The Grad Mass will be livestreamed for all graduates, family, friends, and the greater CCH community to join and celebrate with us.
- GRAD DRIVE-IN CONVOCATION - To access up-to-date information package, please visit our website: https://cch.holyspirit.ab.ca/school/graduation_information/graduation_2021



New Staff Welcome



Hello, my name is Matthew New and I am excited to be one of your new Associate Principals at Catholic Central High School. I have been teaching for thirteen years now. I started my career with Christ the Redeemer school division and spent seven years there. The last six years I've been a part of St. Paul, Father Leonard Van Tighem and Our Lady of the Assumption school. I have taught in a

wide variety of subjects and grades from kindergarten to grade nine and look forward to the challenge of working at the high school level.

I have been married to my wonderful wife for nine years. We have three beautiful children with two of them currently attending school at Father Leonard Van Tighem. In our free time we try to spend as much time as we can outdoors. We spend our summers camping, golfing, discovering new hikes and lots of time at the lake. I look forward to meeting the students and families of Catholic Central High School and am excited for this new adventure. I have heard so many wonderful things about the staff and students of CCH and it's an honour to be joining this school and community.

God Bless,
Matthew

Staff Update for the 2021-2022 School Year:

- Welcome back to Mr. Balog, Mr. Dalton, Mrs. Gibson (return from maternity leave), Mr. Hammel, Mr. Mikuliak, Ms. Omilon, Mrs. Schmidt, Mrs. Yaremcio, Ms. Yawney!
- Welcome, new to CCH Ms. Nadeau!
- Farewell to retirees: Mr. Boudreau, Mr. Jetten, Mr. Perron, and Mr. Wilson
- Farewell to those leaving our CCH community: Mrs. Harmon, Mrs. McAdam, Mr. Skretting, Ms. Castro-Torres, Ms. Marzetti, Ms. Tinworth, Mrs. Fehr

Staff Retirement Farewells

Steve Wilson

Steve began his teaching career in 1979-1980 serving Holy Spirit Catholic School at St. Mary's School and St. Pat's School in Taber. Being an exceptional athlete himself, Steve left teaching to share these talents in the capacity of a National Volleyball Coach. He spent time traveling across the country and Europe as the head coach for the Canadian National Womens' Volleyball team. In 1993, Steve returned to Holy Spirit to teach and coach at Catholic Central High School. He served (pun intended, as this is a very "Steve-ism") Catholic Central's volleyball program for many years as head coach for both the Mens' and Womens' teams. There are big shoes to fill after Steve's retirement as Catholic Central has had to hire two new teachers to replace him in the area of teaching physics. Steve, his calm demeanor, jovial spirit, and witty puns, will certainly be missed by many. Along with his wife, Trudy, Steve plans to travel (hopefully soon) and spend time hiking in the mountains. We wish you all the best in your retirement, Mr. Wilson!



Teles Boudreau

Teles began his teaching career in 1982 in Whitecourt, Alberta, working there for four years prior to moving to British Columbia to teach in the interior of southern BC. In 2002, he began working at Catholic Central High School. Having worked in both public and Catholic schools, Teles notes that there is something special about working in a Catholic school, and in CCH in particular. Teles' time at CCH has been heavily involved with athletics, as a coach and as part of the athletic leadership team, and he is a fixture at CCH sporting events year round. Teles is looking forward to his retirement, spending time golfing, and hoping to (occasionally) return to CCH as a substitute teacher. Congratulations on your retirement!



Gil Perron Retirement

Mr. Gil Perron moves into retirement this year following a significant tenure teaching in a multitude of capacities during his time at Catholic Central. Mr Perron, having just been recognized for 15 years of service to Holy spirit School Division, is a committed teacher both in and outside of the classroom. During his time at Catholic Central, Mr Perron taught French Language Arts, Religious Studies, Social Studies, and spent a number of years in Off Campus Work coordination. His commitment to education and relationship building with his students was always on display each and every day.

Mr. Perron's passion for education and building strong community ties did not stop with the classroom however, as he was always involved in co-curricular life here at Catholic Central. He spent 12 years with the cross country team (earning several zone championship banners alongside longtime friend and colleague Mr. Rob Jetten), while also contributing to coaching roles with the curling and track teams. Mr. Perron was also a significant contributor of community aspects of CCH taking on passion projects such as the breakfast program, Green Team, and leading the Blood Drive high school challenge, four times of which CCH won this worthwhile competition. Mr. Perron was a leader and a great example to our students for creating a wonderful community here at CCH. On top of all this, Gil will always be remembered for being a fantastic teacher who was always quick to provide mentorship, friendship, and one who made bonds that will last a lifetime among his many colleagues and friends. We will miss him dearly and we wish him well in what lies ahead for him as he finds time for himself and his family in the years to come.

Next Year Re-Registration Reminder

Reminder to all parents/guardians: In order to build next year's timetable and assign students to sections, we require all returning grade 10 and 11 students to have completed re-registration forms for next year. An email was sent to parent contacts in early February to access SchoolEngage for this process. If you require assistance with this process, please contact Ms. Magill through the school office. Please note that a student's timetable for next year cannot be built until a re-registration is processed.

https://www.holyspirit.ab.ca/schools/registration/current_family_registration

Yearbook Photo Challenge #5 - Burger Day!

Da dum da dum... dum da dum da dum dum...
(hear the tuba?) Let's celebrate the humble but mighty burger!! It is burger season! Show us your love of all things burger by posing with your favourite tasty creation!

Thanks again for your wonderful submissions for our other photo challenges. Keep them coming!

Please submit your photos to:
cchyearbook@holyspirit.ab.ca

Remember - pics cannot include family members - this is for CCH students & staff only.



Graduating students!

You are invited to join the St. Francis Xavier Chaplaincy Lethbridge, which fosters faith, formation and fellowship to young adults (including the University of Lethbridge) in the Lethbridge area. There are monthly prayer evenings, seminars, and social events. For more information, please contact Fr. Derek Remus at derek.remus@calgarydiocese.ca

Oki Niitsokoowa (All My Relations)

We were very honored to have traditional knowledge keeper Tom Little Bear for our 2021 Feather Blessing. Tom was recorded for this event and it will be shared with our Taatsikioyis – Center Tipi, Catholic Central High School community in June.

Also we will be proceeding with our **First Nation, Metis & Inuit Awards** this year. This will be a virtual event, please join us in honoring our student accomplishments on June 15th from 5-6pm. I would also like to thank the families for supporting your children this year in these very uncertain times.

Emily Fox
First Nation, Metis & Inuit Support Worker for Taatsikioyis – Center Tipi
Catholic Central High School



Status of Timetable for 2021-2022 School Year:

Next Year's timetable is still being finalized. We are currently planning on as "near normal" as possible but will need to wait for further direction from Alberta Education and our school board. As such, once teaching staff have been issued their teaching assignments, we will look to roll out student timetables in the following order: grade 12s, grade 11s, and grade 10s.

All student timetables will be made available on PowerSchool. Once we have a concrete timeline, we will ensure this is messaged out through SchoolEngage. Thank you for your patience.

To date, we have contacted all new registrations to Catholic Central (these are registrations that are completely new to the division). Should you want to register your child, you must go to this link and click on "New Family to the Division" to register your child: <https://www.holyspirit.ab.ca/schools/registration> We would also advise a follow up email to Mrs. Polec at polecj@holyspirit.ab.ca to ensure your registration has been received.

SchoolCashOnline

KEVGROUP

*Due to the increased adoption of alternative payment methods offered by the districts, KEV has made the decision to cease supporting payments using myWallet. Effective **June 4st 2021**, School Cash Online will no longer support adding funds into myWallet.*

*The customers currently using myWallet accounts will be given until **October 31, 2021** to use their remaining balances. After **November 1, 2021** all customers with remaining balances will be refunded. We anticipate completing all refund activities before **December 10, 2021**.*

School fees are now past due!

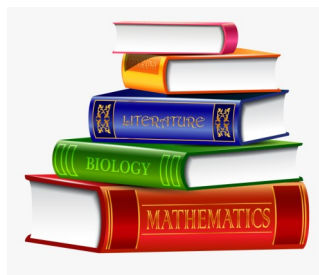
While we know it has been a particularly challenging year, we do rely on these fees to help provide programming options to students, as well as classroom resources and instructional tools for staff and students. Please go to our school homepage and use the “Fee Payment” button to pay through SchoolCash Online https://www.holyspirit.ab.ca/schools/school_fee_information

If you have any issues or need to arrange for alternative options, please contact Joanne Fehr at fehrij@holyspirit.ab.ca

Text Book / Resources/ Materials Return

All grade ten to twelve students who are face to face attenders, resources are to be returned on the last day of instruction.

For all at-home learners, returns of materials should be completed to the CCH East Campus, **June 17-18**.



CCH Student Council Thank you

We would like to thank our CCH Student Council for their support throughout the year. We appreciated their time and effort working on so many special events that helped make this unusual school year so positive!



CCH Student Council 2020-21

From Left to Right: Mr. Folkersen, Hailey Iwaasa, Zoe Lenci, Kyra Wever, Josh Kroker, Hannah Comchi, Mrs. Kirkvold, Declan Sander, Janelle Wipf, Allison Baptista, Grace Henke.





Transformed by the Journey

JUNE

Monthly Theme: *Passing On the Faith*

| Special Days to Remember Month of The Sacred Heart of Jesus | |
|--|---|
| 6 | Solemnity of the Most Holy Body and Blood of Christ |
| 11 | Solemnity of the Most Sacred Heart of Jesus |
| 11 | World Day of Prayer for Priests |
| 20 | Father's Day |
| 24 | Nativity of St. John the Baptist |
| 29 | Feast Day of Ss. Peter and Paul |
| July 29 | Feast Day of St. Martha |



Be Grateful

During the month of June, we celebrate Father's Day. On this day, we show gratitude for our dads who have worked so hard to be an example of love for their families. For many of us, the day also helps us call to mind many of the great men we have in our lives who serve as our teachers, advocates, and role models. We are grateful for them too!

In this Year of St. Joseph, we are focusing on his great example of a father's love. Pope Francis describes St. Joseph as "a beloved father, a tender and loving father, an obedient father, an accepting father; a father who is creatively courageous, a working father, a father in the shadows." So this month, let us celebrate the many men in our lives who try to live up to St. Joseph's example every day by loving their families unconditionally and with great devotion. And for those grandfathers, uncles, brothers, priests, Elders, coaches, and teachers — all the men who serve as role models to our children — thank you for being great witnesses to St. Joseph's example too!

Thank You!

"...Thinking that God is love does us so much good, because it teaches us to love, to give ourselves to others as Jesus gave himself to us and walks with us. Jesus walks beside us on the road through life."

Pope Francis



Prayer to Saint Joseph

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.

Blessed Joseph, to us too, show yourself a father
and guide us in the path of life.
Obtain for us grace, mercy and courage,
and defend us from every evil. Amen.

Pope Francis, *Patris Corde*, 2020

Click [here](#) for a printable version of this prayer.

Be Gracious

If you have been blessed with children in your life, what is most important to you in terms of what you pass on to your kids? Ken Yasinski, a popular Canadian Catholic speaker, shares in this [video](#) the importance of fathers in passing on our faith to our children. If you are a dad, you know that your kids imitate you, even when you might not want them to! They do what you like to do, they walk like you, they laugh like you. But you know what else? They also pray like you. They worship like you. They love God like you do. To all of you dads, you are critical to passing on the gifts of your faith to your children. We see everyday how having a strong spiritual life impacts the wellbeing of our students. Dads, as you do the work of passing on your faith to your families, we celebrate you! You are giving them the best gift ever!

Check out this [link](#) for a few thoughts on Catholic fatherhood.



Faith & Family

The Canadian Conference of Catholic Bishops (CCCB) invites all groups and families to deepen their Christian commitment through the act of consecration to Saint Joseph. By entrusting ourselves completely to the fatherly care and powerful intercession of the Church's patron saint, we are beseeching his help in living out those same virtues he did and so grow in the likeness of Christ evermore.

This ritual of Consecration to St. Joseph can be used by families, on a date chosen by you. Download the ritual: [Consecration to Saint Joseph](#) (PDF).



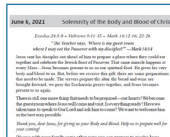
Catholic Education

This year, our faith theme was *Transformed By the Journey*. By the grace of God, we have all been transformed by more fully recognizing that no matter what happens, our faith sustains us. Thank you for choosing to send your children to our Holy Spirit Catholic Schools. We take your trust seriously! It has been our blessing to journey with you in the 2020-2021 school year. If you would like to connect with other supporters of Catholic Education in the province, please check out the Facebook page of [GrACE](#) (Grateful Advocates for Catholic Education). God Bless!

...where children are cherished and achieve their potential



We hope you are enjoying the Mass Transit Cards to discuss the Sunday Gospel with your family. To access the June cards, click [here](#).



"The righteous walk in integrity — happy are the children who follow them!"

(Proverbs 20:7)

OFF-CAMPUS NEWS



U of L Virtual Ahead of the Herd

Date Saturday, June 5 Time: 10am to 3pm

Ahead Of The Herd is geared towards students who are starting their studies at uLethbridge in the fall. AOTH is an opportunity to meet faculty, staff, and current students who have experienced the same excitement and nervousness of starting a post-secondary journey. Students can tour campus and participate in live sessions designed to ensure a smooth transition! Register at: www.uleth.ca/future-student/ahead-herd-aoth



Summer Work Experience

Any students who have a summer job, and aren't in work experience already, see Mr. Boschee for a work agreement. Students will then be able to get credits for the hours they work during the summer months. If students get a job during the summer they can email Mrs. Gurr at: gurrw@holyspirit.ab.ca and she will email a work agreement to them.



Virtual Career Exploration Session

FINAL session of the year - **Licensed Practical Nurse**



Date: **Tuesday, June 8, 2021**

Time: **4:30pm**

Register at: www.careersteps.ca/exploration-sessions/

Jobs

Roguing: Select People Solutions is looking for students to work in the canola fields this summer.

Contact them at 403-795-0561 for information.

Pea Harvest: Bonduelle is looking for students to work on their summer crews as Operators, Coordinators, Mechanic's Assistants, and Wash Crews.

Contact them at 403-635-0541 for information.

Students can use these jobs for work experience credit

Dual Credit Courses

What is Dual Credit?

- An opportunity for students to explore career pathways
- Take post-secondary courses while still in high school
- Earn credits in both High School and Post-Secondary
- No tuition fees for students

What are the benefits for students?

- Explore post-secondary opportunities while still in high school
- Get a "head start" on post-secondary
- Ease the transition from high school to post-secondary
- Save the tuition fee for courses completed in high school

How will the courses be offered?

Asynchronous—work on your course any time of the day, but must meet the deadlines

Synchronous—Meet with your teacher and classmates online at a set time.

Blended—may be a combination of online and in-person requirements

Courses offered for Fall 2021

From Olds College: Sept. 27 to Dec. 16

- ◆ Agriculture Electronics & Control Systems
- ◆ Introduction to Veterinary Profession
- ◆ Managing Landscapes
- ◆ Marketing for Hospitality & Tourism
- ◆ Training for Performance (Sports Management)

From Lethbridge College: Sept. 8 to Dec. 16

- ◆ Animal Science
- ◆ Introduction to Design Software & Photography

For further information and how to apply for any of these courses please contact Mr. Boschee or Mrs. Gurr.



Your Off-Campus Team

Mark Boschee - Off-Campus Coordinator Cell: 587-220-4258 or Email: boscheem@holyspirit.ab.ca

Wendy Gurr - Career Practitioner - 403-327-4596 Ext 312 or Email: gurrw@holyspirit.ab.ca

Helping Kids Grow Up Great

Nothing has more impact in the life of a child than positive relationships. Building these connections can be easy but takes intention. Start by telling your child what you love about them. Catch them doing great things. Have them overhear you saying something positive about them. Doing these easy things will help them grow up great!

Every Child Has a SPARK!

Find out what spark (passions or interests) your child has. Ask them what they love to do with their free time. Then help them grow that passion! But what if you don't share that same enthusiasm for their passion?

Ask them to teach you about what they love.

Have them show you what they love about their spark.

Show Kids You Care

Feeling love for a child may come naturally, but how do we show that love to them?

Be dependable.

Involve them in decisions that affect them.

Set boundaries.

Inspire them by exposing them to new ideas or experiences.

Expect their best.

40 Developmental Assets

The 40 Assets are building blocks & experiences that all kids need to thrive.

The higher the number of assets a child has, the more likely they are to make good choices and avoid risky behaviours.

To learn how you can be an asset builder, visit: sparcreddeer.ca/building-assets.

MORE RESOURCES

sparcreddeer.ca/building-assets

[Bringing Out the Best in Your Family - Keep Connected \(searchinstitute.org\)](#)

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642



Community Education Service



Improving emotional health and well being

Habits of Mental Health

Danielle Mayer, BA, BCYC, CYCAA Health & Wellness Worker
Marya Abma, BSW, Health & Wellness Worker

Everyone has mental health which is equally important as physical health. Just like physical health, we need proper supports, strategies, and healthy coping habits to maintain an optimal wellbeing. In this webinar we will go through various ways to facilitate positive mental wellbeing as well as the many benefits of positive mental health.

FREE LEARNING

June 8, 2021

1:00 PM – 3:00 PM

Registration Required



This session is presented by the Community Education Service of the Mental Health & Substance Use Collaborative Initiatives & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services and **Closer to Home Community Home**.

CES@ahs.ca <http://community.hmhc.ca/>

Community Education Service



Improving emotional health and well being

Understanding Childhood Stress & Anxiety

John Laing, Registered Psychologist

A discussion on anxiety and stress in children; what it is, what it may look like and how you can help your child.

How to use strategies such as mindfulness and relaxation with your child as well as resources that can support caregivers and their children.

FREE LEARNING

June 10, 2021
1:00 PM – 2:30 PM

Registration Required