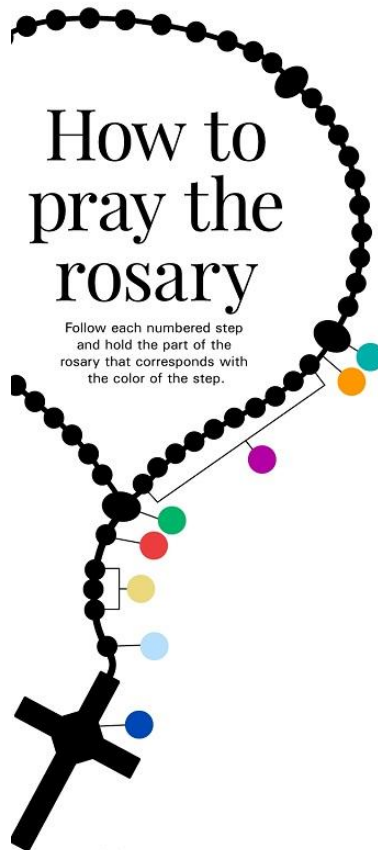




PRINCIPAL'S MESSAGE

It's interesting how, sometimes, things just align and fall into place. And, while it has been difficult to say that has been the case since March of 2019, there are small moments like this (in writing this month's newsletter) when they do. As I reflected on "this month's message," I pleasantly came to the realization that the three ideas I wanted to share with you beautifully dovetailed with each other.

1. October is the month of the Holy Rosary. This is primarily due to the fact that the liturgical feast of Our Lady of the Rosary is celebrated annually on October 7. As a staff at CCH, and as our faith plan's calls to action suggest, we are committing to praying the rosary every Wednesday morning at 7:45 a.m. together. We welcome anyone who would like to join us as we will have a Google Meet option for those who wish to pray with us. The dates will be October 6, 13, 20, 27, and November 3



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- 1 Make the Sign of the Cross and say the Apostles' Creed
- 2 Say the Our Father
- 3 Say three Hail Marys
- 4 Say the Glory Be
- 5 Announce the first mystery and then say the Our Father
- 6 Say 10 Hail Marys while meditating on the mystery
- 7 Say the Glory Be (Optional: Say the O My Jesus prayer requested by Mary at Fatima)
- 8 Announce the second mystery; then say the Our Father and repeat these steps as you continue through the remaining mysteries.
9. Say the Hail, Holy Queen
10. Make the Sign of the Cross

Find the mysteries here: <https://bit.ly/1hNNOc4>



(which is the last instructional day of the quarter). Please send an email to [polecj@holyspirit.ab.ca](mailto:polecj@holyspirit.ab.ca) if you would like to join us!

2. This month, Catholic Central will also have its first “Wellness Day.” Some of you might recall how a freak snow-storm triggered a division-wide Wellness Day last year which, in turn, was a welcome and needed day for families to recharge and reconnect. This year, HolySpirit School Division has implemented wellness days (without a snow-storm, hopefully). Catholic Central’s Wellness Day is on October 12 and the other schools in the division will hold theirs on November 12 (as a non-operational day). Please use this day to focus on those practices that help you stay healthy and well! Whatever the term

“wellness” means to you - mental, spiritual, emotional, social, physical, environmental or something else completely - it is a day that calls for an emphasis on oneself and those aspects that fill your bucket and bring you joy!



3. As our days turn from the lazy days of summer and into the cozy feels of fall, let us be grateful for everything we have been blessed with. It is with a heart full of gratitude that we can begin to make sense of the reality we continue to navigate through. Being grateful allows us to make sense of our past but, moreover, allows us to feel peace for today.

Here is the cool part of the message... none of these concepts work in isolation! They are meant to work together: our relationship with God, our focus on self and self care, and our gratitude for others and what we have. Together, these three aspects remind us that in a world that can feel demanding and downright negative all the time, that we have the option to make the positives so loud that everything else becomes difficult to hear. A daily practice of prayer and gratitude can help us recognize the blessings we have and share with each other!



On behalf of the staff at Catholic Central, thank you for entrusting us with the care of your children during a challenging and unpredictable time. May God continue to bless you all this Thanksgiving.

- Mrs. Polec



### Dates to Remember

- October 11 - Thanksgiving Day
- October 12 - CCH Wellness Day - No School
- October 15 - Picture Retakes - Both Campuses
- October 25 - Division PD Day - No School
- October 27 - Division Board Meeting
- November 3 - Last Day of Quarter 1 Classes



# Holy Spirit Catholic School Division

*...where children are cherished and achieve their potential*

October 1, 2021

Dear Parents of Students in Holy Spirit Catholic Schools:

It is with great concern that I send this letter in order to draw attention to a disturbing trend that is apparently going 'viral' throughout school communities across the continent. As you may or may not be aware, various social media platforms (TikTok, Snapchat, Instagram and Twitter, for example) and user groups (most prominent one called "Devious Licks") have been promoting devious, and illegal behaviours such as vandalism and assault directed towards youth, adolescents and adults in their respective school buildings. Unfortunately, Holy Spirit Catholic School Division has not been immune to this growing trend, with the intent of these groups apparently posting evidence of 'offensive acts' on social media.

It is disheartening to learn of such behaviour, certainly during this difficult time of pandemic protocols, with added stresses being placed on school administrators, teachers, caretakers, support workers, and families alike. Please know that having been made aware of these behaviours, Holy Spirit Catholic School Division is fully against any such actions and behaviours, and will apply significant and swift consequences to not only those who perpetrate, but to anyone who aids and abets in any illegal and/or criminal activities within our schools.

We have begun to see evidence that washroom facilities in our schools are targets of this vandalism, particularly in the male washrooms, as evidenced by destruction of soap and paper towel dispensers, plugging toilets and urinals as well as graffiti. Such belligerent and malicious acts have forced school administrators to close some washrooms in order to curtail such despicable behaviours and mitigate further damage.

Parents and guardians, I implore you to please have an open and frank conversation with your children about the dangers of such viral challenges, and the need to refrain from this type of behaviour. Of particular concern to our school communities are that these promoted acts of deviant and repugnant behaviour are reportedly being projected to become more severe in the coming months, escalating from acts of vandalism to those constituting acts of physical and sexual assault while at school. Below is a screenshot of the particulars of the 'plan' over the course of the school year.

**Please be forewarned that Holy Spirit Catholic School Division has zero tolerance for any such actions.**

#### **TIKTOK'S SCHOOL CHALLENGES LIST REVEALED**

According to a list that's circling TikTok and Twitter right now, these are the planned challenges for the rest of the school year.

**September:** Vandalise school bathrooms

**October:** Smack a staff member

**November:** Kiss your friend's girlfriend at school

**December:** "Deck the halls and show your b\*\*\*\*"

(show your private parts)

**January:** Jab a breast

**February:** Mess up school signs

**March:** Make a mess in the courtyard or cafeteria

**April:** "Grab some eggz" (another stealing challenge)

**May:** Ditch day

**June:** Flip off in the front office

**July:** Spray a neighbour's fence



# Holy Spirit Catholic School Division

*...where children are cherished and achieve their potential*

**Section 31 of the Education Act** outlines the student's statutory duties and clearly states that:

"A student, as a partner in education, has the responsibility to ...

- (b) be ready to learn and actively engage in and diligently pursue the student's education,
- (c) ensure that the student's conduct contributes to a welcoming, caring, respectful and safe learning environment that respects diversity and fosters a sense of belonging,
- (d) respect the rights of others in the school,
- (e) refrain from, report and not tolerate bullying or bullying behaviour directed toward others in the school, whether or not it occurs within the school building, during the school day or by electronic means,
- (f) comply with the rules of the school and the policies of the board,
- (g) cooperate with everyone authorized by the board to provide education programs and other services,
- (h) be accountable to the student's teachers and other school staff for the student's conduct, and
- (i) positively contribute to the student's school and community."

Further, **section 256** states:

"No person shall conduct themselves in a manner detrimental to the safe operation of a school."

Additionally, **section 257** notes:

"If property of a board is destroyed, damaged, lost or converted by the intentional or negligent act

- (a) of one student, the student and the student's parent are jointly and severally liable to the board in respect of the act of the student, or
- (b) of 2 or more students acting together, the students and their parents are jointly and severally liable to the board in respect of the act of the students."

Finally, **section 258** points out, "Any person who contravenes section 86, 221 or 256 is guilty of an offence and liable to a fine of not more than \$1,000."

Perpetrators will be reported to the Lethbridge Police Service or to the RCMP, as appropriate, will be disciplined to the fullest extent of the law and could face up to and including an expulsion from school, per section 37 of the *Education Act*.

As mentioned above, we are in the midst of a pandemic and the need to compassionately look after each other and the common good cannot be more important and timely.

Respectfully yours,

Ken Sampson, Superintendent of Schools



## for the 2020-2021 School Year

Although this year still looks a lot different than in year's past and we are unable to move forward with an in-person celebration of academic achievements, we are endeavoring to recognize students for their accomplishments for the 2020-2021 school year. As you might imagine, it has taken some time to re-evaluate and re-organize our Annual Awards Night event. Once we have a better sense of which awards we can distribute and how we can do so in a safe manner, we will provide an update to our students and parents/ guardians. Our goal is to have an update near the end of the month of October.



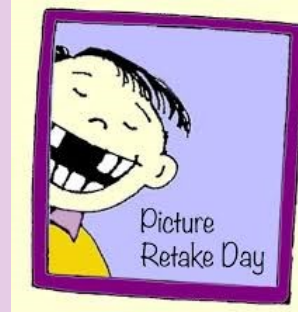
One of the best ways that you can stay informed and become

involved with the school is by joining the School Council. The AGM was held on Wednesday, October 6 as a virtual meet. Thank you to all who attended. You can join us at the next virtual meeting which will be held Wednesday, October 20 at 7:00 p.m. We are always looking for parents/ guardians who are willing to contribute new ideas to help us serve our students better. If you are interested or just curious, please send Mrs. Polec an email at [polecj@holyspirit.ab.ca](mailto:polecj@holyspirit.ab.ca)



This year's school fees are now due. Kindly remit as soon as possible. Fees may be paid using School Cash On-line, or at the school office by cash or cheque only!

Should you have any questions or issues, please contact Mrs. Wilson at the school office.



Picture Retake Day is **Friday, October 15** on **BOTH** campuses.

## Check PowerSchool

Now that we are past midterm for quarter 1, it would be pertinent to check your child's progress and attendance on PowerSchool. Also, should your child require a timetable change, please encourage him/her to make these changes as soon as possible. If you have any problems logging in, please contact Ms. Magill.



## CO-CURRICULAR UPDATE

With the landscape constantly changing, please continue to check our homepage for any updates, including ones for co-curricular activities. You can access this information here: [https://cch.holyspirit.ab.ca/resources\\_publications/news/whats\\_new/co-curricular\\_update\\_-\\_september\\_29\\_2021](https://cch.holyspirit.ab.ca/resources_publications/news/whats_new/co-curricular_update_-_september_29_2021)

Want to  
KNOW  
MORE

- Like us on Facebook @cchschoolcougars (Catholic Central High School, Lethbridge)
- Follow us on Twitter @cchschool
- Follow us on Instagram @cch.school
- Check our homepage <https://cch.holyspirit.ab.ca/home> (and subscribe to our YouTube channel by clicking on the YouTube icon on the top right-hand corner of our homepage)



The Métis Nation of Alberta's upcoming Virtual Youth Leadership Conference. The conference will take place on October 16<sup>th</sup>, 2021 from 9:00am to 5:00pm. It will all be on a virtual platform. We will be discussing topics including social justice, 2SLGBTQIA+ rights, and climate change. Individuals must be Métis Nation of Alberta Citizens between the ages of 12-29 to attend. They can register here, [https://docs.google.com/forms/d/1oS9-qU1oP9PFxOHA-30kJ5x5uOaZgwLrgFkkq96FONA/viewform?edit\\_requested=true](https://docs.google.com/forms/d/1oS9-qU1oP9PFxOHA-30kJ5x5uOaZgwLrgFkkq96FONA/viewform?edit_requested=true)

## Angel Tree for Kids

**Registration is Now Open!**

### Eligibility:

Children (18 years and under) are eligible to receive gifts  
Families living in Lethbridge and area.

**Register online** at [www.lfsfamily.ca](http://www.lfsfamily.ca)

### Registration Open

October 4 - November 30, 2021



### Contact:

Lethbridge Family Services  
Rosie Digout  
Phone: 403-327-5724  
Email: [rdigout@lfsfamily.ca](mailto:rdigout@lfsfamily.ca)

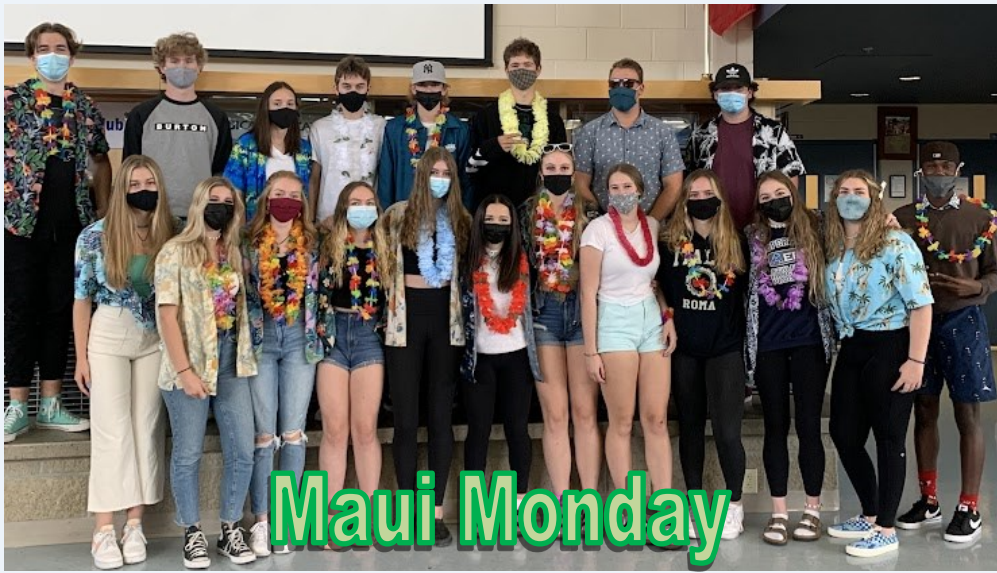


Lethbridge Family  
Services  
Since 1910



angel tree  
CHRISTMAS CAMPAIGN

**About Angel Tree for Kids Campaign:** At Lethbridge Family Services, we collect new, unwrapped toys during November and December and distribute them to children and youth in Lethbridge and area whose families need help at Christmas.



Maui Monday



Twin Tuesday

# SPIRIT



Western Wednesday

# WEEK



Throwback Thursday



Cougar Blue Friday





## A message from the Cougars Athletic Den

Over the past month, our Catholic Central Cougar athletes have not only done their best to fend off the stresses of ever-changing COVID restrictions but have united as true teams. They have banded together and supported each other through the trials and tribulations of returning to normal. Making it their number one priority, they had done everything and anything to pick each other up when they were down or offer words of encouragement in their peer's times of despair. Resilience has been a pillar of Catholic Central High School for quite some time, and it's incredibly uplifting to see that after everything that has affected these dedicated athletes over the past years, they have bravely risen to the occasion.

The football players have valiantly pushed forward through their fair share of setbacks due to injury and unavoidable situations. Without fans to be the loudest voice on the field, they have found strength and numbers to which they have persevered through some very tough games. In the coming weeks, the Cougar football team will have to dig deep to muster up grit to meet the goals that they had initially set at the beginning of the year. The coaches, parents and community believe in these athletes and hope they find the grit to finish strong!

Both the golf and cross country teams were the first to see Zones and formal southern Alberta competitions. They were expected to compete in some ever-changing restrictive environments but came through bronze medals and personal bests. Golf Provincial Championships have been postponed till the spring, where some of our athletes hope to continue where they left off. These teams have championed our Cougar Pride and competitive school spirit.

Through the month of September, the boys and girls volleyball teams have tried their best to find their stride. With all groups having highly talented athletes in excellent shape, they have stumbled upon the importance of being a team. One plus years removed from team play has left some of the Volleyballers trying to connect their skills with the direction of play. Gold, silver and bronze medals have already been won but with greater expectations from these proud Cougar athletes, they 'hope to raise the bar' in the coming months ahead.

To the fall athletes, parents and coaches, I wanted to share my heartfelt thanks for everything you have given to our teams and school thus far. Our quest to return to normal was not going to be an easy task, but you have persevered beyond expectations and shown the way for our winter and spring athletes to attain. Your positive attitude and determination have rekindled our passion for sport and have, in turn, made the entire Holy Spirit Catholic School Division extremely proud!

With heartfelt thanks,

Ryan Myndio

Associate Principal/ Athletic Director



## Holy Spirit Catholic School Division

...where children are cherished and achieve their potential

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September 22, 2021

Good day families of student attending our Lethbridge Schools,

I am pleased to let you know that Southland Transportation Ltd. "MySchoolBus" APP is now working! This app allows our students and families to receive real-time information about bus location, routes, schedules, and delays.

To update your account:

1. Using a web browser, navigate to [www.mybusstop.ca](http://www.mybusstop.ca) and select the "Login Here" button. **Please note that you cannot make changes to your account directly within the mobile app.**
2. Enter your username and password.
3. Once you've logged in, select the "My Account" button on the top of the screen.
4. Select "My Routes."
5. Enter the new School Bus Code for your child's school and select the appropriate route.  
[https://www.holyspirit.ab.ca/schools/transportation/mybusstopapp/school\\_bus\\_codes](https://www.holyspirit.ab.ca/schools/transportation/mybusstopapp/school_bus_codes).
6. Select the School Route that you would like to see on your account and click the arrow, moving the route to the "My Routes" box.
7. Click on the "Return to Portal" button.
8. Your selected routes should appear on the front page. This change should also be reflected in your mobile app.

More information about the app is also available on the division's website at <https://www.holyspirit.ab.ca/schools/transportation/mybusstopapp>. Should you have any questions, please don't hesitate to contact our offices.

Sincerely,  
Lisa Palmarin, CPA, CGA, CSBO, SFO  
Secretary-Treasurer  
Holy Spirit Catholic School Division

# OFF-CAMPUS NEWS



## Tours of Southland Trailer

On **Friday, October 15th** from **12:30pm-2:00pm** Southland Trailers (**1405 41 St N Lethbridge**) will be hosting a barbecue and plant tour for high school students (parents/guardians are also welcome). Southland is one of the fastest growing companies in Southern Alberta offering many employment opportunities especially in the trades. This is a great opportunity for students who are especially interested in welding, heavy equipment technician, and industrial painting. Those interested need to contact Mrs. Gurr or Mr. Boschee.



## U of L Virtual Open House

The University of Lethbridge is hosting their Fall Virtual Open House on **Saturday, October 23, 2021** **10:00am to 2:00pm**

There will be Faculty and Student Services virtual booths, a live campus tour, and sessions about everything from programs and admission to opportunities on how to enhance your degree and student experience.

You will have opportunities to talk to faculty, staff, and professors.

Register at:

[Ulethbridge.ca/open-house](http://ulethbridge.ca/open-house)



## Lethbridge College Open House Fall 2021

A Virtual and On-Campus Open House Event on **Thursday, October 28, 2021**

**10:00am to 4:00pm**

Register at: [explorelc.ca](http://explorelc.ca)

Register for a chance to win a \$500 Tuition Credit.



## September Hours



All RAP and Work Experience students please remember to hand in or send your September time sheets or pay stubs to Mr. Boschee or Mrs. Gurr.

## Green Certificate Program

The first testing dates for Green Certificate are on November 23rd and 24th at the Lethbridge College. Contact Mr. Boschee before November 2nd if you are interested in testing at that time.

## Loran Scholarship Deadline

The deadline to apply for the Loran Scholarship is **October 13, 2021**.

For more information see their website at [www.loranscholar.ca](http://www.loranscholar.ca)

## Bow Valley College Virtual Open House

Join Bow Valley College for their Virtual Open House on **Saturday October 16, 10:00am to 2:00pm**



Register at:

[bowvalleycollege.ca/openhouse](http://bowvalleycollege.ca/openhouse)

## U of A Open House

The University of Alberta is having a Virtual Open House on

**Saturday, October 16, 2021**

**9:00am to 4:00pm**

Register at:

[uab.ca/openhouse](http://uab.ca/openhouse)



## Your Off-Campus Team

Mark Boschee - Off-Campus Coordinator Cell: 587-220-4258 or Email: [boscheem@holyspirit.ab.ca](mailto:boscheem@holyspirit.ab.ca)

Wendy Gurr - Career Practitioner - 403-327-4596 Ext 312 or Email: [gurrw@holyspirit.ab.ca](mailto:gurrw@holyspirit.ab.ca)





## *'The Future Leaders of Lethbridge' Writing Contest*

Dear Students of Lethbridge!

The 2021 Lethbridge Municipal Election will occur in October for Mayor, Councillors and School Board Trustees. After the Election, the City of Lethbridge will be hosting a ceremony at City Hall\*, on October 25 at 1:30pm, where the new Council will be sworn in. A reception will follow that includes cultural and musical local entertainment. We would like our future leaders, the youth of Lethbridge, to be part of it, as well. We invite you to enter our 'Future Leaders of Lethbridge' contest and write a song, essay, poem, etc.

### **Topics:**

- *The 2021 Election and Why Municipal (Local) Government is Important*
- *If I was the Mayor I would...*
- *I Love Lethbridge Because...*
- *A Vision for Lethbridge; my Wish is that by 2050 Lethbridge will...*

### **Categories:**

1. Elementary
2. Middle School
3. High School

### **Prizes:**

Each winning author, in each of the above three categories, will receive the following:

#### **1<sup>st</sup> Place:**

- An invitation, along with their parent(s) or guest(s) (2), to the Swearing-In Ceremony and Reception on October 25, at 1:30pm at City Hall\*, to recite, sing or perform their winning entry to the new Council;
- Meet & Greet with the new Mayor and Council along with a tour of City Hall\*;
- Choice of one of the following:
  - Two-hour party package for 24 people at the ATB YMCA in the pool (base only), gym or indoor playground; or
  - Annual family skate pass (all members of a household including 2 adults and up to 7 children); or
  - Two-hour private ice time at an ice arena.

**2nd Place:** Individual Annual Skate Pass

**3rd Place:** One-time Family Skate Admission

### **Rules:**

- Entries should be no more than two pages in length or if a song/performance no more than two minutes;
- Email your entry to [CityClerk@Lethbridge.ca](mailto:CityClerk@Lethbridge.ca) with *'Writing Contest'* in the subject line;
- Include your name, contact information, grade, and school;
- Deadline is Monday, October 18.

Thank you for your interest in local government, politics and the City of Lethbridge – you are Lethbridge's future!

Bonnie Hilford  
City Clerk and Returning Officer

*\*In person event pending Provincial Covid-19 restrictions*

## **Wellness Articles**

### **There is no health without mental health**

As the pandemic continues to impact the health of many around the world, Alberta Health Services wants to remind Albertans to take care of their physical health and their mental health as we celebrate Mental Illness Awareness Week Oct. 3 to 9 and World Mental Health Day, Oct. 10.

By the age of 40, about 50 per cent of Canadians will have or has had a mental illness.

Remember, if you are struggling you are not alone. There are supports in place to help you.

Many things can help improve a person's mental health. Building a healthy routine, limiting social media use, and learning to manage worries as well as mindfulness and other coping skills all can have a positive impact.

Create a healthy routine that can include physical activities such as a walk around the neighbourhood and a regular sleep schedule, as well as self-care strategies such as mindfulness or meditation. Connecting with others can have a positive impact on a person's mental health.

Resources and supports, such as [Text4Hope](#) and [Togetherall](#), are available to help you or someone you know. Go to [www.albertahealthservices.ca/helpintoughtimes](http://www.albertahealthservices.ca/helpintoughtimes).

You may also wish to talk about your concerns with your partner, your family healthcare provider or someone else you trust. Or call the Mental Health Helpline toll-free at 1-887-303-2642, 24 hours a day, seven days a week.

# October

Together on the Journey

*“As God’s chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience.”*

Colossians 3:12



School: St. Francis Junior High



## ST. FRANCIS OF ASSISI

St. Francis of Assisi was a Catholic friar who gave up a life of wealth to live a life of poverty. He was born in Assisi, Italy in 1182 and grew up leading a privileged life as the son of a wealthy cloth merchant. Around the age of nineteen, Francis went to battle against the nearby town of Perugia. He was captured and taken prisoner. He was held prisoner in a dungeon for a year before his father paid the ransom and he was set free. God later called Francis to devote his life in serving the poor. He also had a love for animals and was known to talk and preach to them. He established the Franciscan order of friars and the women’s Order of the Poor Ladies. Two years after his death, he was declared a saint of the Catholic Church.

## LAUDATO SI

Pope Francis’ encyclical on the environment.

### Did you Know?

“Encyclical” means “circular letter.”

They are formal letters written by the popes, meant for teaching.

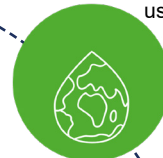
### 7) Community Engagement and Participatory Action

We must “realize that the world is a gift which we have freely received” and protect it together for future generations by living sustainably, in our community and in our world.



### 1) Response to the Cry of the Earth

Pope Francis took his papal name after St. Francis of Assisi; patron saint of ecology. Laudato Si was issued in 2015 to encourage us to be “protectors of creation, protectors of God’s plan inscribed in nature, protectors of one another and of the environment.”



### 6) Ecological Spirituality

Laudato Si comes from the first line of St. Francis’ Canticle of the Sun, which praises God for the beauty of creation. We should encounter the natural world with wonder, praise, joy and gratitude.



### 2) Response to the Cry of the Poor

As protectors of one another, Pope Francis calls us to also defend life, from conception to natural death, as well as all forms of life on Earth. We should take special care of vulnerable and marginalized groups.



### 5) Ecological Education

In Laudato Si, Pope Francis calls us to talk about and address the environment. We need to promote ecological vocations among our youth.



### 3) Ecological Economics

All of our activities have an impact on the world around us. We have to consider prayerfully how we balance satisfying our needs with protecting our environment.



### 4) Adoption of Simple Lifestyles

Pope Francis is concerned about our level of consumerism. We need to be aware of how we use energy and resources.



*“Lord, make me an instrument of thy peace. Where there is hatred, let me sow love.”*

- St. Francis of Assisi

# October

Together on the Journey

## Feast Days and Celebrations October 2021

- 4 Memorial of St. Francis of Assisi
- 7 Memorial of Our Lady of the Rosary
- 11 Thanksgiving Day
- 16 World Food Day
- 24 World Mission Sunday

As you journey with St. Francis this month...



School: St. Francis Junior High

### WEEK ONE

Francis gave up the idea of a military career and began to live differently. He started speaking less thoughtlessly, dressing more plainly, and taking more time in prayer and solitude. One day he passed a poor leper while riding his horse. He was disgusted by the man's appearance, but as he rode his horse the other way, he felt bad; remembering the dignity of this person as a human being. He rode back, embraced the leper, and gave him all the money he had. How can you show kindness, compassion, and love to others?



### WEEK TWO

1 Thessalonians 5:16-18 says "...give thanks in all circumstances; for this is the will of God in Christ Jesus for you." What are you thankful for?



### WEEK THREE

Francis was totally focused on Jesus and wanted everyone to follow Him with his or her whole heart. To spread the love of Christ, he shared his faith with anyone who came across his path. He is the patron saint of animals because of the times he even preached to flocks of birds and other creatures. His clear focus and deep passion was always the salvation of souls. What do you think it means to follow God with your whole heart?



### WEEK FOUR

Francis was called upon to sustain and rebuild the Church by radically living the Christian life. How can you contribute to the building of the Church? Maybe it's by fasting. Maybe it's by serving the poor. Maybe it's by teaching. Write a prayer asking God to direct your life and to show you practical things you can do to live the Christian life.



### Sunday Gospel Readings

- October 3/27th Sunday in Ordinary Time  
Mark 10:2-16
- October 10/28th Sunday in Ordinary Time  
Mark 10:17-30
- October 17/29th Sunday in Ordinary Time  
Mark 10:35-45
- October 24/30th Sunday in Ordinary Time  
Mark 10:46-52



# Catholic Central High School

# Q1 Exam Schedule

	Time	Course	Campus	Teacher	Room Number
<b>Jeudi 28 Octobre</b>	9:00 AM	Francais 30-1 Partie A	West	n/a	West Office
<b>Vendredi 29 Octobre</b>	9:00 AM	Francais 30-1 Partie B	West	n/a	West Office
<b>Tuesday November 2</b>	9:00 AM	English 30-1 Part A	East	Cox	206
Regular Class Day		English 30-2 Part A	East	Cox	Library
	9:00 AM	English 30-1 Part A	East	Yaremcio	202
<b>Wednesday November 3</b>	9:00 AM	Social 30-1 Part A	East	Gilbert	Library
Regular Class Day					206
	9:00 AM	Social 30-2 Part A	East	Skauge	202
<b>Thursday November 4</b>	9:00 AM	Math 30-1	West	Char Leroux	Gym
		Math 20-2	East	Folkersen	Gym
		Math 20-1	East	Umeris	Gym
		Math 10C	East	Umeris	Gym
		Math 10C	East	Nadeau	209
		Math 10-2	East	Folkersen	Gym
<b>Friday November 5</b>	9:00 AM	English 30-1 Part B	West	Cox	Gym
		English 30-2 Part B	West	Cox	Gym
		English 30-1 Part B	West	Yaremcio	Gym
		English 10-1	West	Yaremcio	523
		FLA 20	West	Schmidt	515
		English 20-1	East	Omilon	Gym
		English 20-1	East	Goble	126
		English 20-2	East	Hordos-Goyer	127
		English 10-1	East	Hartman	129
<b>Monday November 8</b>	8:30 AM	Social 30-1 Part B	West	Gilbert	Gym
		Social 30-2 Part B	West	Skauge	Gym
		Social 20-1	West	Skauge	513
		Social 20-1	East	Ramp	Gym
		Social 20-2	East	Castro	Gym
		Social 10-1	East	Dalton	124
		Social 10-1	East	Svrta	126
		Social 10-2	East	Castro	Gym
	1:00 PM	Science 30	East	n/a	East Office
<b>Tuesday November 9</b>	8:00 AM	Physics 30	West	Hammel	Gym
	9:00 AM	Science 10	West	Mulder	526
	9:00 AM	Physics 20	East	Nadeau	111
		Chem 20	East	Hawker	107
		Bio 20	East	Balog	105
		Bio 20	East	Wikenheiser	Gym
		Science 20	East	Wikenheiser	Gym
		Science 10	East	Monteith	120
		Science 10	East	Dalton	124
	12:00 PM	Bio 30	West	Nummi	Gym
<b>Wednesday November</b>	11:00 AM	Chem 30	East	Goruk	Gym
School PD Day					



## Thanksgiving Day

We bow our hearts to You and pray.  
We give You thanks for all You've done  
Especially for the gift of Jesus, Your Son.  
For beauty in nature, Your glory we see  
For joy and health, friends and family,  
For daily provision, Your mercy and care  
These are the blessings You graciously share.  
So today we offer this response of praise  
With a promise to follow You all of our days.

~ Mary Fairchild

The Original

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EST. 2014