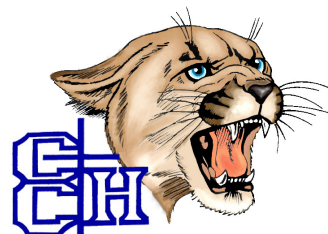


# Cougar Athletic Awards

## Male Athlete of the Year

Name	Year
<b>St Francis Boys School</b>	
<i>Bob Rohaly</i>	1959
	1960
<i>Jack Gleason</i>	1961
	1962
<i>Dennis Walshe</i>	1963
	1964
<i>Alan Ellert</i>	1965
<i>Jim Campbell</i>	1966
<b>Catholic Central High School</b>	
<i>Cal O'Brien</i>	1967
<i>John Molyneux</i>	1968
<i>Aurelio Delbello</i>	1969
<i>Bill Harbuz, Alec Dudas</i>	1970
<i>John Dudas</i>	1971
<i>Peter Sikora</i>	1972
<i>Randy Royer</i>	1973
<i>Guy Pomahac</i>	1974
<i>Steve Devcic</i>	1975
<i>Morgan Munroe</i>	1976
<i>Tim Gross, Paul LeClaire</i>	1977
<i>Dave Berlando</i>	1978
<i>Pete LeClaire</i>	1979
<i>Brad Koskowich</i>	1980
<i>Brian LeClaire</i>	1981
<i>Shawn Gilborn</i>	1982
<i>Frankie Fraulin</i>	1983
<i>Gary Saler</i>	1984
<i>Mike Myndio</i>	1985
<i>Des Sullivan</i>	1986
<i>Mike Lynagh</i>	1987
<i>Dan Martyna</i>	1988
<i>Shaun Killins</i>	1989

<i>Ian Miller</i>	1990
<i>Tom Rodzinyak</i>	1991
<i>Clay Rook, Dale Comchi</i>	1992
<i>Rob Izsak, Greg Kelenc</i>	1993
<i>Brad Higginson</i>	1994
<i>Regan Lane</i>	1995
<i>Joe Kelenc</i>	1996
<i>Chris Noss</i>	1997
<i>Rob Slavich</i>	1998
<i>Tyler Rice</i>	1999
<i>Beau Filkowski</i>	2000
<i>Devin Mulder</i>	2001
<i>Brian Nelis</i>	2002
<i>Mike Stewart</i>	2003
<i>David Collier</i>	2004
<i>Jerrod Mulder</i>	2005
<i>Tom Collier</i>	2006
<i>Garrett Gruber</i>	2007
<i>Devon Van Nistelrooy</i>	2008
<i>Dario Pasquotti</i>	2009
<i>Peter Credico</i>	2010
<i>Taylor Jetten, Brennan VanNistelrooy</i>	2011
<i>Troy Eriksen</i>	2012
<i>Nico Pasquotti</i>	2013
<i>Braydon Jetten</i>	2014
<i>Jared Dyck</i>	2015
<i>Leif LeClaire</i>	2016
<i>Cole Stroud</i>	2017
<i>Nolan Jetten</i>	2018
<i>Will Hughes</i>	2019



# Cougar Athletic Awards

## Female Athlete of the Year

Name	Year
<i>Theresa Kinahan</i>	1980
<i>Romina Feher, Dawn Fry</i>	1981
<i>Dori Rodzinyak, Dawn Fry</i>	1982
<i>Sandra Yanosik, Vanessa Pittman</i>	1983
<i>Margie Gal</i>	1984
<i>Barb Kortt</i>	1985
<i>Laura Bethlehem</i>	1986
<i>Martina Szilagyi</i>	1987
<i>Vanessa Upton</i>	1988
<i>Sandra Royer</i>	1989
<i>Evelyn Scholten</i>	1990
<i>Tanya Huggins, Janice Gyorkos</i>	1991
<i>Robin Murphy</i>	1992
<i>Crystal Kain</i>	1993
<i>Melanie Marek</i>	1994
<i>Sarah Joly, Trish Whimster</i>	1995
<i>Nicole McKenzie, Michelle Gibb</i>	1996
<i>Anita Nelis</i>	1997
<i>Brianne Robertson</i>	1998
<i>Michelle Kincheloe</i>	1999
<i>Jessica Fox</i>	2000
<i>Amanda Weitz, Jackie Stroeve</i>	2001
<i>Chantel Mulder</i>	2002
<i>Kelsey Jespersen</i>	2003
<i>Melissa Weitz</i>	2004
<i>Teneille Mulder</i>	2005
<i>Amanda Walker</i>	2006
<i>Janelle Groten, Jaclyn Groten</i>	2007
<i>Terra Kaskiw</i>	2008
<i>Brittany Novak</i>	2009
<i>Courtenay Farrington</i>	2010
<i>Katie Lowen</i>	2011
<i>Nikki Furukawa</i>	2012
<i>Mariah Miller, Alycia Amatto</i>	2013
<i>Gina Kowalchuk</i>	2014

## Female Athlete of the Year

Name	Year
<i>Lindsay Amatto, Cassie Kawa</i>	2015
<i>Mylanda Miller</i>	2016
<i>Ellei Kabayama</i>	2017
<i>Ashley Sazalski</i>	2018
<i>Ashley Sazalski</i>	2019

## BASKETBALL

### Female JV Top Scorer

Name	Year
<i>Melanie Marek</i>	1993
<i>Kim Simons</i>	1994
	1995
<i>Brianne Noss</i>	1996
<i>Jennifer Neufeld</i>	1997
<i>Melissa Prokop</i>	1998
<i>Christie Forster</i>	1999
<i>Chantal Mulder</i>	2000
<i>Keely Kavanagh</i>	2001
<i>Melissa Weitz</i>	2002
<i>Janelle Feller</i>	2003
<i>Sondra Christensen</i>	2004
<i>Finola Black Plume</i>	2005
<i>Tressa Yellow Horn</i>	2006
<i>Quintina Frandsen</i>	2007
<i>Chloe Crosschild</i>	2008
<i>Mickenzie Kinahan</i>	2009
<i>Katie Perlich</i>	2010
<i>Alycia Amatto</i>	2011
<i>Kory Cheshire</i>	2012
<i>Mariah Miller</i>	2013
<i>Madeline Szabo</i>	2014
<i>Madeline Szabo</i>	2015
<i>Gracie Boser</i>	2016
<i>Ashley Sazalski</i>	2017
<i>Kyra Collier</i>	2018

# Cougar Athletic Awards - Basketball

<b>Female - Rookie of the Year</b>	
Name	Year
<i>Crystal McPherson</i>	1992
<i>Tricia Whimster</i>	1993
<i>Kim Simons</i>	1994
<i>Rebecca Phillips</i>	1995
<i>Brianne Noss</i>	1996
<i>Michelle Kincheloe</i>	1997
<i>Jessica Fox</i>	1998
<i>Meagan Motuz</i>	1999
<i>Maggie Fox</i>	2000
<i>Kelsey Jespersen</i>	2001
<i>Keely Kavanagh</i>	2002
<i>Jessica Wright</i>	2003
<i>Sondra Christensen</i>	2004
<i>Finola Black Plume</i>	2005
<i>Terra Kaskiw, Tressa Yellow Horn</i>	2006
<i>Vanessa Monaghan</i>	2007
<i>Courtney Primrose</i>	2008
<i>Taya Keujer</i>	2009
<i>Nikki Furukawa</i>	2010
<i>Mariah Miller</i>	2011
<i>Caitlin Langhofer</i>	2012
<i>Lindsay Amatto</i>	2013
<i>Mylanda Miller</i>	2014
<i>Ellie Kabayama</i>	2015
<i>Maitlynn Miller</i>	2016
<i>Ashley Sazalski</i>	2017
<i>Kyra Collier</i>	2018

<b>Female - 110% Player Award</b>	
Name	Year
<i>Sherry Kropinak</i>	1981
<i>Sandra Yanosik</i>	1982
<i>Lorraine Beaudin</i>	1983
<i>Jackie Riske</i>	1984
<i>Suzanne Rodzinyak, Diana Smits</i>	1987
<i>Diane Willis</i>	1988
<i>Michele Izsak</i>	1989
<i>Evelyn Scholten</i>	1990
<i>Janice Gyorkos</i>	1991
<i>Helen Kolias</i>	1992
<i>Lynae Walters, Janine Vaselenak</i>	1993
<i>Jennefer Pawlak</i>	1994
<i>Lindsay Wagner</i>	1995
<i>Nicole McKenzie</i>	1996
<i>Rebecca Phillips</i>	1997
<i>Jill Erlandson</i>	1998
<i>Kelly Fress</i>	1999
<i>Meagan Motuz</i>	2000
<i>Meagan Motuz</i>	2001
<i>Lisa Lajeunesse</i>	2002
<i>Jaclyn Dudas</i>	2003
<i>Jaclyn Dudas</i>	2004
<i>Megan Gajdostik</i>	2005
<i>Jaclyn Groten, Janelle Groten</i>	2006
<i>Sarah Lajeunesse</i>	2007
<i>Tara Erdos</i>	2008
<i>Courtney Primrose</i>	2009
<i>Courtney Primrose</i>	2010
<i>Sarah Royer</i>	2011
<i>Nikki Furukawa</i>	2012
<i>Alycia Amatto</i>	2013
<i>Shaelynn Adams</i>	2014
<i>Mylanda Miller</i>	2015
<i>Ellie Kabayama</i>	2016
<i>Ellie Kabayama</i>	2017
<i>Ashley Sazalski</i>	2018



# Cougar Athletic Awards - Basketball

<b>Female - Defensive Player Award</b>	
Name	Year
<i>Lorraine Beaudin</i>	1983
<i>Lorraine Beaudin</i>	1984
<i>Laura Bethlehem</i>	1985
<i>Martina Szilagyi</i>	1986
<i>Vanessa Upton</i>	1987
<i>Sherri McInnis</i>	1988
<i>Janice Gyorkos</i>	1989
<i>Janice Gyorkos</i>	1990
<i>Candice O'Connor</i>	1991
<i>Robin Murphy</i>	1992
<i>Jennefer Pawlak</i>	1993
<i>Trish Whimster</i>	1994
<i>Sarah Joly</i>	1995
<i>Nicole McKenzie</i>	1996
<i>Gina Pasquotti</i>	1997
<i>Christina Matteotti</i>	1998
<i>Michelle Kincheloe</i>	1999
<i>Andrea Fox</i>	2000
<i>Amanda Weitz</i>	2001
<i>Kelsey Jespersen</i>	2002
<i>Jade Schweitzer</i>	2003
<i>Jade Schweitzer</i>	2004
<i>Teneille Mulder, Sondra Christensen</i>	2005
<i>Megan Gajdostik</i>	2006
<i>Terra Kaskiw</i>	2007
<i>Vanessa Monaghan</i>	2008
<i>Laura-Lee Dore</i>	2009
<i>Stephanie Groten</i>	2010
<i>Stephanie Groten</i>	2011
<i>Alycia Amatto</i>	2012
<i>Lyndee Saler</i>	2013
<i>Caitline Langhofer, Hannah Fugeson</i>	2014
<i>Carly Ironshirt/Cassie Kawa</i>	2015

<b>Female - Defensive Player Award</b>	
Name	Year
<i>Maria Blanco</i>	2016
<i>Jacynda Conroy</i>	2017
<i>Ashley Szalski</i>	2018

<b>Female - Varsity Top Scorer</b>	
Name	Year
<i>Evelyn Ambrozic</i>	1977
<i>Evelyn Ambrozic</i>	1978
<i>Diane Irvine</i>	1979
<i>Dawn Fry</i>	1980
<i>Dawn Fry</i>	1981
<i>Dawn Fry</i>	1982
<i>Linda Smith</i>	1983
<i>Margie Gal</i>	1984
<i>Barb Babott</i>	1985
<i>Barb Babott</i>	1986
<i>Martyna Szilagyi</i>	1987
<i>Vanessa Upton</i>	1988
<i>Evelyn Scholten</i>	1989
<i>Tanya Huggins</i>	1990
<i>Tanya Huggins</i>	1991
<i>Crystal Kain</i>	1992
<i>Crystal Kain</i>	1993
<i>Crystal McPherson</i>	1994
<i>Melanie Marek</i>	1995
<i>Carla Ferrari</i>	1996
<i>Carla Ferrari</i>	1997
<i>Jennifer Neufeld</i>	1998
<i>Jennifer Neufeld</i>	1999
<i>Jessica Fox</i>	2000
<i>Chantel Mulder</i>	2001

# Cougar Athletic Awards - Basketball

<b>Female - Varsity Top Scorer</b>	
<i>Chantel Mulder</i>	2002
<i>Jessica Wright, Kelsey Jespersen</i>	2003
<i>Brett Coleman</i>	2004
<i>Jenelle Feller, Mandi Walker</i>	2005
<i>Mandi Walker</i>	2006
<i>Janelle Groten</i>	2007
<i>Finola Black Plume</i>	2008
<i>Taya Keujer</i>	2009
<i>Taya Keujer</i>	2010
<i>Taya Keujer</i>	2011
<i>Mariah Miller</i>	2012
<i>Mariah Miller</i>	2013
<i>Lyndsay Amatto</i>	2014
<i>Lindsay Amatto</i>	2015
<i>Mylanda Miller</i>	2016
<i>Maitlynn Miller</i>	2017
<i>Chloe Bevans</i>	2018

<b>Female - Most Valuable Player</b>	
Name	Year
<i>Jean McDonald</i>	1977
<i>Bev Jackson, Evelyn Ambrozie</i>	1978
<i>Diane Irvine</i>	1979
<i>Angela Saccomani</i>	1980
<i>Caroline Ambrozic</i>	1981
<i>Dori Rodzinyak, Dawn Fry</i>	1982
<i>Linda Smith</i>	1983
<i>Margie Gal</i>	1984
<i>Barb Kortt</i>	1985
<i>Laura Bethlehem</i>	1986

<b>Female - Most Valuable Player</b>	
<i>Martina Szalagyi</i>	1987
<i>Carmen Knutson, Vanessa Upton</i>	1988
<i>Sandra Royer</i>	1989
<i>Sue Meyers</i>	1990
<i>Tanya Huggins, Janice Gyorkos</i>	1991
<i>Candice O'Connor</i>	1992
<i>Crystal Kain</i>	1993
<i>Crystal McPherson</i>	1994
<i>Trish Whimster, Melanie Marek</i>	1995
<i>Nicole McKenzie</i>	1996
<i>Jennifer Kramer</i>	1997
<i>Jennifer Neufeld</i>	1998
<i>Jennifer Neufeld</i>	1999
<i>Jessica Fox</i>	2000
<i>Shilo Coleman</i>	2001
<i>Maggie Fox, Chantel Mulder</i>	2002
<i>Kelsey Jespersen</i>	2003
<i>Melissa Weitz, Brett Coleman</i>	2004
<i>Teneille Mulder</i>	2005
<i>Finola Black Plume, Mandi Walker</i>	2006
<i>Jaclyn Groten, Janelle Groten</i>	2007
<i>Finola Black Plume, Terra Kaskiw</i>	2008
<i>Vanessa Monaghan</i>	2009
<i>Taya Keujer</i>	2010
<i>Taya Keujer, Katie Lowen</i>	2011
<i>Nikki Furukawa, Sydney Voogle</i>	2012
<i>Mariah a Miller</i>	2013
<i>Lyndee Saler</i>	2014
<i>Lindsey Amatto</i>	2015
<i>Mylanda Miller</i>	2016
<i>Maitlynn Miller</i>	2017
<i>Gracie Boser</i>	2018

# Cougar Athletic Awards - Basketball

<b>Female - Most Improved Player</b>	
Name	Year
<i>Samantha Stahl</i>	2011
<i>Gabby Duff</i>	2012
<i>Jessica Duncan</i>	2013
<i>Carly Ironshirt</i>	2014
<i>Taya Mikado</i>	2015
<i>Sydney Kerr</i>	2016
<i>Nikki Stahl</i>	2017
<i>Alissa Crawford</i>	2018

<b>Female - Leontine Pot Memorial Award</b>	
Name	Year
<i>Pam Bennett</i>	1988
<i>Niclole Kinniburgh</i>	1989
<i>Laurie Zimmer</i>	1990
<i>Hellen Kalias</i>	1991
<i>Colene Graham, Viola Casis</i>	1992
<i>Crystal McPherson</i>	1993
<i>Cori Watson</i>	1994
<i>Michelle Villeneuve</i>	1995
<i>Allison Huggins</i>	1996
<i>Anita Nelis</i>	1997
<i>Brianne Robertson</i>	1998
<i>Kelly Fress</i>	1999
<i>Rana Delaney</i>	2000
<i>Maggi Fox</i>	2001
<i>Kelsey Kinahan</i>	2002
<i>Brittany Shimek</i>	2003
<i>Whitney Grbavac</i>	2004
<i>Sondra Christensen</i>	2005
<i>Megan Gajdostik</i>	2006

<b>Female - Leontine Pot Memorial Award</b>	
Name	Year
<i>Amanda Red Crow</i>	2007
<i>Amanda Red Crow</i>	2008
<i>Chloe Cross Child, Kathleen Bergsma</i>	2009
<i>Kathleen Bergsma</i>	2010
<i>Erin Kelly</i>	2011
<i>Abuk Duot</i>	2012
<i>Shareen Monaghan</i>	2013
<i>Raeanne Kinahan</i>	2014
<i>Amelia Stoddart / Amy Gruninger / Alyssa Van Vaerenbergh</i>	2015
<i>Nikki Stahl</i>	2016
<i>Floriane Houenagnon/ Sydney Kerr</i>	2017
<i>Chloe Bevans/Hailey Schneider</i>	2018

<b>JV Girls Core Covenant Award</b>	
Name	Year
<i>Amy Gruninger, Alyssa VanVaerenbergh</i>	2014
<i>Madalynn Guzowski / Nikki Stahl</i>	2015
<i>Matea OBara</i>	2016
<i>Alex Pasquotti/Hailey Schneider</i>	2017
<i>Magiure Miller/Abigayil Clapton</i>	2018

# Cougar Athletic Awards - Basketball

<b>Male - Junior Varsity Top Scorer</b>	
Name	Year
<i>Sean Keenan</i>	1977
<i>Bill Papp</i>	1978
<i>Pete Lavoratto</i>	1979
<i>Kevin Kinahan</i>	1980
<i>Eric Stanley</i>	1981
<i>Mark Hoveling</i>	1982
<i>Dino Pasquotti</i>	1983
<i>Dean Homulos</i>	1984
<i>Jim Kaminski</i>	1985
<i>Vince Toth</i>	1986
	1987
<i>Spike Scholten</i>	1988
<i>Ian Miller</i>	1989
<i>Ryan Seeman</i>	1990
<i>Colin Ward</i>	1991
<i>Rob Izsak</i>	1992
<i>Regan Lane</i>	1993
<i>Brad Wall</i>	1994
<i>John Cohen</i>	1995
<i>Rob Slavich</i>	1996
<i>Jay Wellis</i>	1997
<i>Mark Krezlewicz</i>	1998
<i>Tico Ironshirt</i>	1999
<i>Brian Nelis</i>	2000
<i>Brandon Magierowski</i>	2001
<i>Jeff Waldner</i>	2002
<i>Jerrod Mulder</i>	2003
<i>Shawn Hooper</i>	2004
<i>Joey Dyck</i>	2005
<i>Garrett Gruber</i>	2006
<i>Dario Pasquotti</i>	2007
<i>Shayne Pardiac</i>	2008
<i>Conor Delbello</i>	2009
<i>Zach Pardiac</i>	2010
<i>Nico Passquotti</i>	2011
<i>Garrett Kawa</i>	2012
<i>Braydon Jetten</i>	2013

<b>Male - Junior Varsity Top Scorer</b>	
<i>Keaton Josuettes</i>	2014
<i>Keaton Josutttes</i>	2015
<i>Avery Hoffman</i>	2016
<i>Shea Gibb</i>	2017
<i>Inigo Castro</i>	2018

<b>Male - Rookie of the Year</b>	
Name	Year
<i>Rob Izsak</i>	1992
<i>Regan Lane</i>	1993
<i>Rob Kain</i>	1994
<i>Chad Wells</i>	1995
<i>Mike Tedesco</i>	1996
<i>Ryan Cain</i>	1997
<i>Juliano De Brito</i>	1998
<i>Kenny Wells</i>	1999
<i>Tico Ironshirt</i>	2000
<i>Brian Nelis</i>	2001
<i>Ken Fugelrud</i>	2002
<i>A.J. Kennedy</i>	2003
<i>Chance Lemisko</i>	2004
<i>Jared Garrick</i>	2005
<i>Luc Rajcic</i>	2006
<i>Dario Pasquotti, Jordan Campbell</i>	2007
<i>Shane Dustan</i>	2008
<i>Taylor Jetten</i>	2009
<i>Matteo Pasquotti</i>	2010
<i>Nico Pasquotti</i>	2011
<i>Garrett Kawa</i>	2012
<i>Rory Russell</i>	2013
<i>Keaton Josutttes</i>	2014
<i>Shawn Adams</i>	2015
<i>Nathan Chua</i>	2016
<i>Ben Hoveling</i>	2017
<i>Shea Gibb</i>	2018

# Cougar Athletic Awards - Basketball

<b>Male - 110% Player Award</b>	
<i>Clay Rook</i>	1992
<i>David Kolesar</i>	1993
<i>Regan Lane, Lucas Ferguson</i>	1994
<i>Rob Kain</i>	1995
<i>Chad Wells</i>	1996
<i>James Wagner</i>	1997
<i>David Besaw</i>	1998
<i>Tyler Rice</i>	1999
<i>Beau Filkowski</i>	2000
<i>Devin Mulder</i>	2001
<i>Terrance Frank</i>	2002
<i>Dave Collier</i>	2003
<i>Jerrod Mulder</i>	2004
<i>Jerrod Mulder</i>	2005
<i>Brandon Erdos</i>	2006
<i>Tyrell Stinn</i>	2007
<i>Jordan Curteanu</i>	2008
<i>Jordan Curteanu</i>	2009
<i>Grayson Mutter</i>	2010
<i>Brennan VanNistelrooy</i>	2011
<i>Matteo Pasquotti, Connor Hinman</i>	2012
<i>Joey Cavilla</i>	2013
<i>Braydon Jetten</i>	2014
<i>Ben Kelly</i>	2015
<i>Brady Collier</i>	2016
<i>Kaydon Davidson</i>	2017
<i>Ben Hoveling</i>	2018

<b>Male - Best Defensive Player</b>	
Name	Year
<i>Dale Comchi</i>	1992
<i>Shawn Wells</i>	1993
<i>Brad Higginson</i>	1994
<i>Kevin Rudolph</i>	1995
<i>Chris Renyk</i>	1996
<i>Chad Wells</i>	1997
<i>Joel Mrak</i>	1998
<i>Nick Hay</i>	2000
<i>Nick Hay</i>	2001
<i>Michael Stewart</i>	2002
<i>Patrick Leith</i>	2003
<i>Patrick Leith, Jeff Waldner</i>	2004
<i>Jerrod Mulder</i>	2005
<i>Nick Pietras</i>	2006
<i>Logan Redman</i>	2007
<i>Kas MacMillan</i>	2008
<i>Jessy Dyck</i>	2009
<i>Shane Dustan</i>	2010
<i>Troy Erikson</i>	2011
<i>Mikenson Firth, Troy Eriksen</i>	2012
<i>Mikenson Firth</i>	2013
<i>Alex Copeland</i>	2014
<i>Kyle Samiosette</i>	2015
<i>Shawn Adams</i>	2016
<i>Cole Stroud</i>	2017
<i>Denelson Jada</i>	2018

<b>JV Boys Cougar Core Covenant</b>	
Name	Year
<i>Leif LeClaire</i>	2014
<i>Brady Collier</i>	2015
<i>Nolan Jetten</i>	2016
<i>Reid LeClaire</i>	2017
<i>Magiure Miller/Fernado Vega</i>	2018

<b>Male - Most Improved Player</b>	
Name	Year
<i>Ryan Mucciarone</i>	2011
<i>Matthew Mantello</i>	2012
<i>Braydon Jetten, Alex Copeland</i>	2013
<i>Garrett Kawa</i>	2014
<i>Leif LeClaire</i>	2015
<i>Kaydon Davidson/Cole Stroud</i>	2016
<i>Avery Hoffman</i>	2017
<i>Nate Moreira</i>	2018



# Cougar Athletic Awards - Basketball

<b>Male - Top Varsity Scorer</b>	
Name	Year
<i>Paul LeClaire</i>	<i>1977</i>
<i>Rob Fiorino</i>	<i>1978</i>
<i>Rob Fiorino</i>	<i>1979</i>
<i>Brad Koskowich</i>	<i>1980</i>
<i>Kevin Kinahan</i>	<i>1981</i>
<i>Frank Fraulin</i>	<i>1982</i>
<i>Frank Fraulin</i>	<i>1983</i>
<i>Mark Hoveling</i>	<i>1984</i>
<i>Dennis Fiorino</i>	<i>1985</i>
<i>Jim Kaminski</i>	<i>1986</i>
<i>Jim Kaminski</i>	<i>1987</i>
<i>Jim Kaminski</i>	<i>1988</i>
<i>John Ward</i>	<i>1989</i>
<i>Tom Rodzinyak</i>	<i>1990</i>
<i>Jason Czarny</i>	<i>1991</i>
<i>Jason Czarny</i>	<i>1992</i>
<i>Jason Czarny</i>	<i>1993</i>
<i>Rob Izsak</i>	<i>1994</i>
<i>Regan Lane</i>	<i>1995</i>
	<i>1996</i>
<i>Rob Slavich</i>	<i>1997</i>
<i>Rob Slavich</i>	<i>1998</i>
<i>Ryan Cain</i>	<i>1999</i>
<i>Juliano De Brito</i>	<i>2000</i>
<i>Darcy Day Chief</i>	<i>2001</i>
<i>Vince Vercillo</i>	<i>2002</i>
<i>Ken Mazurek</i>	<i>2003</i>
<i>Eric Dekens</i>	<i>2004</i>
<i>Eric Dekens</i>	<i>2005</i>
<i>Jeff Mazurek</i>	<i>2006</i>
<i>David Vander Lee</i>	<i>2007</i>
<i>Dario Pasquotti</i>	<i>2008</i>
<i>Shayne Pardiac</i>	<i>2009</i>
<i>Conor Delbello</i>	<i>2010</i>
<i>Taylor Jetten</i>	<i>2011</i>
<i>Nico Pasquotti</i>	<i>2012</i>
<i>Nico Pasquotti</i>	<i>2013</i>
<i>Rory Russell</i>	<i>2014</i>
<i>Keaton Josuttes</i>	<i>2015</i>

<b>Male - Top Varsity Scorer</b>	
Name	Year
<i>Leif LeClaire</i>	<i>2016</i>
<i>Nick Gibb</i>	<i>2017</i>
<i>CJ Hirsche</i>	<i>2018</i>

<b>Basketball - Male - Most Valuable Player</b>	
Name	Year
<i>Jason Czarny</i>	<i>1992</i>
<i>Rob Izsak</i>	<i>1993</i>
<i>Rob Izsak</i>	<i>1994</i>
<i>Regan Lane</i>	<i>1995</i>
<i>Brad Wall</i>	<i>1996</i>
<i>Chris Noss</i>	<i>1997</i>
<i>Rob Slavich</i>	<i>1998</i>
<i>Ryan Cain</i>	<i>1999</i>
<i>Kenny Wells, Juliano De Brito</i>	<i>2000</i>
<i>Darcy Day Chief</i>	<i>2001</i>
<i>Brendon Blood</i>	<i>2002</i>
<i>Ken Fuglerud</i>	<i>2003</i>
<i>Dave Collier</i>	<i>2004</i>
<i>A.J Kennedy</i>	<i>2005</i>
<i>Tom Collier</i>	<i>2006</i>
<i>Garrett Gruber</i>	<i>2007</i>
<i>Dario Pasquotti</i>	<i>2008</i>
<i>Dario Pasquotti</i>	<i>2009</i>
<i>Taylor Jetten</i>	<i>2010</i>
<i>Taylor Jetten</i>	<i>2011</i>
<i>Nico Pasquotti, Troy Eriksen</i>	<i>2012</i>
<i>Nico Pasquotti</i>	<i>2013</i>
<i>Rory Russell</i>	<i>2014</i>
<i>Rory Russell</i>	<i>2015</i>
<i>Leif LeClaire</i>	<i>2016</i>
<i>Luca Korosec</i>	<i>2017</i>
<i>CJ Hirsche</i>	<i>2018</i>

# Cougar Athletic Awards Football

Football - Player's Player Award	
Name	Year
<i>Rob Bruchet</i>	1987
<i>Rob Bruchet</i>	1988
<i>Dennis Dorn</i>	1989
<i>Kevin Plaksey</i>	1990
<i>Dale Comchi</i>	1991
<i>Russell Gallant</i>	1992
<i>Scott Bishop</i>	1993
<i>Regan Lane</i>	1994
<i>Lydell Mack</i>	1995
<i>Mark Van Moorsel</i>	1996
<i>Alan Rice, Daniel Huneault</i>	1997
<i>Beau Callaghan</i>	1998
<i>Jose Rauda</i>	1999
<i>Todd No Runner</i>	2000
<i>Luis Rauda</i>	2001
<i>Evan Hemsing, John Nguyen</i>	2002
<i>Ed Motycka</i>	2003
<i>Chad Von Matt</i>	2004
<i>Tom Collier</i>	2005
<i>David Stefanuk</i>	2006
<i>Garret Giolo</i>	2007
<i>Shaun Westerson</i>	2008
<i>Peter Credico</i>	2009
<i>Kevin Bergsma</i>	2010
<i>Jared Delaney</i>	2011
<i>Logan Cale</i>	2012
<i>Carson Stickel</i>	2013
<i>Jared Dyck</i>	2014
<i>Brady Collier</i>	2015
<i>Tim Uchikura</i>	2016
<i>Justin Hurnanen</i>	2017

Football Defensive Player of the Year	
Name	Year
<i>Joe Herauf</i>	1983
<i>Mike Myndio</i>	1984
<i>Duane Kambeitz</i>	1985
<i>Paul Gleason</i>	1986
<i>Rob Tratch</i>	1987
<i>Rob Tratch</i>	1988
<i>Travis Gerla</i>	1989
<i>Rich Preuss</i>	1990
<i>Ryan Tratch</i>	1991
<i>Scott Tallman</i>	1992
<i>Warren Doepker</i>	1993
<i>Dana Chief Body</i>	1994
<i>Ryan Deck</i>	1995
<i>Calvin Scott</i>	1996
<i>Alan Rice</i>	1997
<i>Tyler Rice</i>	1998
<i>Scott Baker</i>	1999
<i>Todd No Runner</i>	2000
<i>Luis Rauda</i>	2001
<i>Evan Hemsing</i>	2002
<i>Ed Motycka</i>	2003
<i>Nick Pietras, Chance Lemisko</i>	2004
<i>Glenn Pirie, Nick Pietras</i>	2005
<i>Eric Motycka, Korey Reimer</i>	2006
<i>James Murray</i>	2007
<i>Jordan Curteanu</i>	2008
<i>Tyler Mantyak</i>	2009
<i>Lucas Neufeld, Riley Horvath</i>	2010
<i>Travis Viney</i>	2011
<i>Travis Arnoldussen</i>	2012
<i>Dru LeClaire, Josh Paisley</i>	2013
<i>Jared Dyck</i>	2014
<i>Leif LeClaire, Kahl Stickel</i>	2015
<i>Cole Stroud</i>	2016
<i>Reid LeClaire</i>	2017

# Cougar Athletic Awards - Football

<b>Most Valuable Player</b>		<b>Most Valuable Player</b>	
<b>Name</b>	<b>Year</b>	<b>Name</b>	<b>Year</b>
<b><i>St Francis Boys School</i></b>		<i>Tim Clapton</i>	1991
<i>Mike Gleason</i>	1958	<i>Russell Gallant</i>	1992
<i>Veryl Todd</i>	1959	<i>Kris Indzeoski</i>	1993
<i>Jack Gleason</i>	1960	<i>Regan Lane, Dana Chief Body</i>	1994
<i>Bill Tedesco</i>	1961	<i>Lydell Mack</i>	1995
<i>Bob Harris</i>	1962	<i>Calvin Scott, Mario D'Agnone</i>	1996
<i>Danny Santoni</i>	1963	<i>Mario D'Agnone</i>	1997
<i>Gary Patience</i>	1964	<i>Tyler Rice</i>	1998
<i>Don Forster</i>	1965	<i>Beau Filkowski</i>	1999
<i>Don Forster</i>	1966	<i>Todd No Runner</i>	2000
<b><i>Catholic Central High School</i></b>		<i>Mark Feller</i>	2001
<i>Doug Hinds</i>	1967	<i>Ken Mazurek</i>	2002
<i>Aurelio Delbello</i>	1968	<i>Alex Klare</i>	2003
<i>Bill Harbuz</i>	1969	<i>Andrew Gruber</i>	2004
<i>Greg Royer</i>	1970	<i>Tom Collier, Jeff Mazurek</i>	2005
<i>Ed Krajewski</i>	1971	<i>Denton Lafournie, David Stefanuk</i>	2006
<i>Bob Parkyn</i>	1972	<i>Brad Erdos</i>	2007
<i>Guy Pomahac</i>	1973	<i>Travis Fay</i>	2008
<i>Dave Jackson</i>	1974	<i>Tyler Mantyak, Peter Credico</i>	2009
<i>Morgan Munroe</i>	1975	<i>Bryce Codan, Brennan VanNistelrooy</i>	2010
<i>Tim Gross</i>	1976	<i>Travis Viney, Nico Pasquotti</i>	2011
<i>Dave McLellan</i>	1977	<i>Nico Pasquotti</i>	2012
<i>Peter LeClaire</i>	1978	<i>Braydon Jetten</i>	2013
<i>Glenn Viney</i>	1979	<i>Carson Stickel</i>	2014
<i>Dave Stroud</i>	1980	<i>Leif LeClaire, Derek Sentes</i>	2015
<i>Kevin Stroud</i>	1981	<i>Levi Takashashi, Broden Mar</i>	2016
<i>Mario Meli</i>	1982	<i>Kai Sampson</i>	2017
<i>Gary Saler</i>	1983		
<i>Mike Myndio</i>	1984		
<i>Rob Krushel, Ed Kremenik</i>	1985		
<i>Ed Kremenik</i>	1986		
<i>Shawn Ball</i>	1987		
<i>Ian Walker</i>	1988		
<i>Anthony Kremenik</i>	1989		
<i>Travis Gerla</i>	1990		

# Cougar Athletic Awards Football

Top Scorer	
Name	Year
<i>Tim Gross</i>	<i>1976</i>
<i>Walter Montina</i>	<i>1977</i>
<i>Peter LeClaire</i>	<i>1978</i>
<i>Glenn Viney</i>	<i>1979</i>
<i>Dave Stroud</i>	<i>1980</i>
<i>Mario Meli</i>	<i>1981</i>
<i>Mario Meli</i>	<i>1982</i>
<i>Gary Saler</i>	<i>1983</i>
<i>Tim Armstrong</i>	<i>1984</i>
<i>Ed Kremenik</i>	<i>1985</i>
<i>Ed Kremenik</i>	<i>1986</i>
<i>Mario Pasquotti</i>	<i>1987</i>
<i>Cory Knutson</i>	<i>1988</i>
<i>Anthony Kremenik</i>	<i>1989</i>
<i>Tim Clapton</i>	<i>1990</i>
<i>Tim Clapton</i>	<i>1991</i>
<i>Brett Stimson</i>	<i>1992</i>
<i>Brad Higginson</i>	<i>1993</i>
<i>Ryan Deck</i>	<i>1994</i>
<i>Joe Kelenc</i>	<i>1995</i>
<i>Mario D'Agnone</i>	<i>1996</i>
<i>Mario D'Agnone</i>	<i>1997</i>
<i>Beau Filkowski</i>	<i>1998</i>
<i>Beau Filkowski</i>	<i>1999</i>
<i>Mark Feller</i>	<i>2000</i>
<i>Dustin Smith</i>	<i>2001</i>
<i>Brady Nakama</i>	<i>2002</i>
<i>Alex Klare</i>	<i>2003</i>
<i>Blair Stolz</i>	<i>2004</i>
<i>Denton Lafournie, Tysun Tallman</i>	<i>2005</i>
<i>Denton Lafournie,</i>	<i>2006</i>
<i>Taylor Austin, Karlo Malik</i>	<i>2007</i>
<i>Rylund Ens</i>	<i>2008</i>
<i>Matteo Pasquotti</i>	<i>2009</i>
<i>Brennan VanNistelrooy</i>	<i>2010</i>
<i>Nico Pasquotti</i>	<i>2011</i>

Top Scorer	
Name	Year
<i>Nico Pasquotti</i>	<i>2012</i>
<i>Braydon Jetten</i>	<i>2013</i>
<i>Derek Sentes</i>	<i>2014</i>
<i>Derek Sentes</i>	<i>2015</i>
<i>Levi Takahashi, Cole Stroud</i>	<i>2016</i>
<i>Reid LeClaire</i>	<i>2017</i>

Football - Special Awards Anderson Iron Man Cup Top Performers	
Name	Year
<i>Aaron Royer</i>	<i>2012</i>
<i>Josh Paisley</i>	<i>2013</i>
<i>Derek Sentes</i>	<i>2014</i>
<i>Nate Pasquotti</i>	<i>2015</i>
<i>Cole Stroud</i>	<i>2016</i>
<i>Will Hughes</i>	<i>2017</i>

# Cougar Athletic Awards Football

Rookie of the Year		Rookie of the Year	
Name	Year	Name	Year
<b>St Francis Boys School</b>		<i>Tyler Rice</i>	1996
<i>Doug Hinds</i>	1964	<i>Anthony Vercillo</i>	1997
<i>Gary Terleski</i>	1965	<i>Nick Hay</i>	1998
<i>Bill Harbuz</i>	1966	<i>Mark Feller</i>	1999
<b>Catholic Central High School</b>		<i>Brady Nakama</i>	2000
<i>Mike Mauro</i>	1967	<i>Alex Klare</i>	2001
<i>Dennis O'Connell</i>	1968	<i>David Lyon</i>	2002
<i>John Kostiuk</i>	1969	<i>Chance Lemisko, Jeff Mazurek</i>	2003
<i>Bob Parkyn</i>	1970	<i>David Stefanuk, Adam Selinger</i>	2004
<i>Guy Pomahac</i>	1971	<i>Hogan Short, Clinton Manybears</i>	2005
<i>Rick Berlando</i>	1972	<i>Brad Shaskin</i>	2006
<i>Morgan Munroe</i>	1973	<i>Tyler Mantyak</i>	2007
<i>Roman Ksiazek</i>	1974	<i>Zebb Reurink</i>	2008
<i>Dennis Kaupp, Dave Aberle</i>	1975	<i>Matteo Pasquotti</i>	2009
<i>Pete LeClaire, Randy Magierowski</i>	1976	<i>Nico Pasquotti</i>	2010
<i>Mike Stroud</i>	1977	<i>Joey Cavilla</i>	2011
<i>Dave Stroud</i>	1978	<i>Hunter Sorgard</i>	2012
<i>Kevin Stroud, Shawan Gilborn</i>	1979	<i>Leif Leclair</i>	2013
<i>Marcel Laramée</i>	1980	<i>Tyson Mead</i>	2014
<i>Mario Meli</i>	1981	<i>Levi Takahashi</i>	2015
<i>Michael Myndio</i>	1982	<i>Taylor Viney, Will Hughes</i>	2016
<i>Frank Szing</i>	1983	<i>Jackson Laurie/Dante Griffo/ Cole Friesen</i>	2017
<i>Ron Bodie</i>	1984		
<i>Mario Pasquotti</i>	1985		
<i>Ian Walker</i>	1986		
<i>Rob Tratch</i>	1987		
<i>Travis Gerla</i>	1988		
<i>Ryan Tratch</i>	1989		
<i>Chris Wyrostok</i>	1990		
<i>Clay Rook</i>	1991		
<i>Brad Higginson, Kris Indzeoski</i>	1992		
<i>Kevin Takasaki</i>	1993		
<i>Calvin Scott</i>	1994		
<i>Brad Barton, Mario D'Agnone, Alan Rice</i>	1995		

# Cougar Athletic Awards - Football

Lineman of the Year	
Name	Year
<i>St Francis Boys School</i>	
<i>Rob Turner</i>	<i>1964</i>
<i>Jerry Grisak</i>	<i>1965</i>
<i>Duane Herbers</i>	<i>1966</i>
<i>Catholic Central High School</i>	
<i>Jim Zook</i>	<i>1967</i>
<i>Hubert Federkeil</i>	<i>1968</i>
<i>Rick Credico</i>	<i>1969</i>
<i>Robert Taylor</i>	<i>1970</i>
<i>Lyle Gallant</i>	<i>1971</i>
<i>Don Malesza</i>	<i>1972</i>
<i>Steve Devcic</i>	<i>1973</i>
<i>Barry Niedermier</i>	<i>1974</i>
<i>Roman Ksiazek, Craig Riech</i>	<i>1975</i>
<i>Raniero, Zucco</i>	<i>1976</i>
<i>Dennis Kaupp</i>	<i>1977</i>
<i>Kevin Sudo</i>	<i>1978</i>
<i>Glenn Viney</i>	<i>1979</i>
<i>Gary Daub</i>	<i>1980</i>
<i>Kevin Stroud</i>	<i>1981</i>
<i>Marcel Laramee</i>	<i>1982</i>
<i>Joe Meli</i>	<i>1983</i>
<i>Ed Schill, Frank Szing</i>	<i>1984</i>
<i>Glenn Jankowiak</i>	<i>1985</i>
<i>Kevin Garinger</i>	<i>1986</i>
<i>Shawn Ball</i>	<i>1987</i>
<i>Ian Walker</i>	<i>1988</i>
<i>Travis Gerla</i>	<i>1989</i>
<i>Travis Gerla</i>	<i>1990</i>
<i>Bryan Whelpley</i>	<i>1991</i>
<i>Jeff Johnson</i>	<i>1992</i>
<i>Warren Doepker</i>	<i>1993</i>
<i>Dana Chief Body</i>	<i>1994</i>
<i>Aaron Seeman</i>	<i>1995</i>

Lineman of the Year	
Name	Year
<i>Brad Barton</i>	<i>1996</i>
<i>Brad Barton</i>	<i>1997</i>
<i>Tyler Rice</i>	<i>1998</i>
<i>Scott Baker</i>	<i>1999</i>
<i>Jeff Park</i>	<i>2000</i>
<i>Louis Balog</i>	<i>2001</i>
<i>Adam Lazzaretto</i>	<i>2002</i>
<i>Nick Straat</i>	<i>2003</i>
<i>Kyle Dalton</i>	<i>2004</i>
<i>David Stefanuk, Patrick Rodney</i>	<i>2005</i>
<i>Chad Epp, Ryland Jacklin</i>	<i>2006</i>
<i>Troy Deazevedo</i>	<i>2007</i>
<i>Garret Vanderagen, Steve Daniel</i>	<i>2008</i>
<i>Bryce Herba</i>	<i>2009</i>
<i>Dustin Ledsham, Jordan Fruson</i>	<i>2010</i>
<i>Derek De Coste, Travis Arnoldussen</i>	<i>2011</i>
<i>Chad Keujer, Nicholas Schaaf</i>	<i>2012</i>
<i>Dru Leclair, Matthew Sentes</i>	<i>2013</i>
<i>Leif Leclair, Jared Dyck</i>	<i>2014</i>
<i>Leif Leclair</i>	<i>2015</i>
<i>Broden Mar</i>	<i>2016</i>
<i>Louie Amititi</i>	<i>2017</i>

# Cougar Athletic Awards - Football

<b>Most Improved Player</b>	
<b>Name</b>	<b>Year</b>
<i>Mark Herauf</i>	1983
<i>Rob Krushel</i>	1984
<i>Rod Garinger</i>	1985
<i>John Dobirstern</i>	1986
<i>Tony Seskus</i>	1987
<i>Shaun Killins</i>	1988
<i>Tom Rodzinyak, Trevor Kish</i>	1989
<i>Scott Walker, Pete Syratt</i>	1990
<i>Chris Wyrostok</i>	1991
<i>Scott Bishop</i>	1992
<i>Regan Lane</i>	1993
<i>Nick Munroe, Gene Chu</i>	1994
<i>Toby Block, Aaron Duff</i>	1995
<i>Dallas Woodman, Paul Irvine</i>	1996
<i>Tyler Rice</i>	1997
<i>Steve Riley, Ryan Nakama</i>	1998
<i>Todd No Runner</i>	1999
<i>Dave Fehr</i>	2000
<i>Craig Mitchell</i>	2001
<i>Alex Klare, Brad Martin</i>	2002
<i>Kyle Dalton</i>	2003
<i>Brendan Coffey, Jeff Mazurek</i>	2004
<i>James Laforge, Patrick Shelson</i>	2005
<i>Lane Beebe, Taylor Austin</i>	2006
<i>Matt Grieve</i>	2007
<i>J.P. Theroux, Travis Corazza</i>	2008
<i>Evan Parr, Riley Horvath</i>	2009
<i>Jared Bourret</i>	2010
<i>Max Stroud, Aksel Tigley</i>	2011
<i>Gabe Mantello</i>	2012
<i>Jared Dyck</i>	2013
<i>Keaton Josuttes</i>	2014
<i>Riley Roosen</i>	2015
<i>Reid Leclair, Jared Viney</i>	2016
<i>Kaymen Piper</i>	2017

<b>Player Who Contributes the Most with the Least Recognition</b>	
<b>Name</b>	<b>Year</b>
<b><i>St. Francis Boys School</i></b>	
<i>Paul Lowrie</i>	1965
<i>Les Hewlett</i>	1966
<b><i>Catholic Central High School</i></b>	
<i>John Molyneux</i>	1967
<i>Steve Mychasiuk</i>	1968
<i>George Rice</i>	1969
<i>Fred Hoffarth</i>	1970
<i>Jim Wilson</i>	1971
<i>Randy Royer</i>	1972
<i>Paul Burke</i>	1973
<i>Allan Boras</i>	1974
<i>Bill Grbavac</i>	1975
<i>Dave McLellan</i>	1976
<i>Dave Berlando</i>	1977
<i>Dave Seeman, Ken Rodzinyak</i>	1978
<i>Frank Zappone, Gerald Saccardo</i>	1979
<i>Brian LeClaire, Shawn Gilborn</i>	1980
<i>Len Desjarlais</i>	1981
<i>Norm Fallows</i>	1982
<i>Brent Bluekens</i>	1983
<i>Rocco Suriano, Duane Kambeitz</i>	1984
<i>Pat Kelly</i>	1985
<i>Mike Lynagh</i>	1986
<i>Paul Lefebvre, Mario Pasquotti</i>	1987
<i>Tony Seskus, Paul Lefebvre</i>	1988
<i>John Stiffarm</i>	1989
<i>Bryan Whelpley</i>	1990
<i>Dino Corazza</i>	1991
<i>Kelly Lambert, Brad Chief Body</i>	1992
<i>Lucas Ferguson</i>	1993
<i>Adam Johnson</i>	1994
<i>Calvin Scott, Grand Lau</i>	1995
<i>Alan Rice,</i>	1996

# Cougar Athletic Awards - Football

<b>Player - Least Recognition</b> Continued	
<b>Name</b>	<b>Year</b>
<i>Shawn Klein</i>	1997
<i>Beau Filkowski, Anthony Vercillo</i>	1998
<i>Anthony Vercillo, Kelly Smerek</i>	1999
<i>Tom Carriere</i>	2000
<i>Chris Callaghan</i>	2001
<i>Shane Whiteford</i>	2002
<i>Ryan McKeown</i>	2003
<i>Thomas Santoso</i>	2004
<i>Adam Selinger, Joey Vercillo</i>	2005
<i>Adam Selinger, Logan Redman</i>	2006
<i>Justin Dyck</i>	2007
<i>Scott Elford</i>	2008
<i>Mark Boychuck</i>	2009
<i>Josh Dyck, Robert Van Andel</i>	2010
<i>Cole Fiedler</i>	2011
<i>Josh Paisley</i>	2012
<i>Alex Copeland</i>	2013
<i>Kahl Stickel</i>	2014
<i>Tyson Mead</i>	2015
<i>Tyson Mead</i>	2016
<i>CJ Hirsche</i>	2017

<b>Credico Cup</b>	
<b>Name</b>	<b>Year</b>
<i>Rob Gruninger</i>	1999
<i>Don Nguyen</i>	2000
<i>Brad Martin</i>	2001
<i>Andrew Gruber</i>	2002
<i>Andrew Gruber, Phil Atherton</i>	2003
<i>Andrew Gruber</i>	2004
<i>RJ Balog</i>	2005
<i>Garret Gruber</i>	2006
<i>Jordan Curteanu, Peter Credico</i>	2007
<i>Peter Credico</i>	2008
<i>Peter Credico</i>	2009
<i>Cole Fiedler</i>	2010
<i>Cole Fiedler</i>	2011
<i>Matthew Sentes</i>	2012
<i>Matthew Sentes</i>	2013
<i>Kahl Stickel</i>	2014
<i>Tim Uchikura</i>	2015
<i>Tim Uchikura</i>	2016
<i>Dominco Dagnone</i>	2017

<b>Morgan Munroe Trophy</b> DEDICATION TO OFF SEASON TRAINING	
<b>Name</b>	<b>Year</b>
<i>Kurtis Hawkins</i>	2010
<i>Matt Mantello</i>	2011
<i>Cole Fiedler</i>	2012
<i>Josh Paisley</i>	2013
<i>Michael Toth</i>	2014
<i>David Gould</i>	2015
<i>Rylen Wilson, Kaymen Piper</i>	2016
<i>Cody Harper</i>	2017

<b>Offensive Player of the Year</b>	
<b>Name</b>	<b>Year</b>
<i>Jacob Palmarin</i>	2011
<i>Hunter Sorgard</i>	2012
<i>Hunter Sorgard, Carson Stickel</i>	2013
<i>Carson Stickel</i>	2014
<i>Derek Sentes</i>	2015
<i>Levi Takahashi</i>	2016
<i>Kai Sampson</i>	2017



# Cougar Athletic Awards - Football & Rugby



<b>Junior Varsity Player of the Year</b>	
<b>Name</b>	<b>Year</b>
<i>Nathan Koch, Ryan Tarnava</i>	2006
<i>Shane Dustan, Connor Grigg</i>	2007
<i>Evan Parr, Mark Boychuck</i>	2008
<i>Dylan Mantyak</i>	2009
<i>Trey McDonnell</i>	2010
<i>Braydon Jetten</i>	2011
<i>Aric Brooks</i>	2012
<i>Brian Pham, Kahl Stickel</i>	2013
<i>Brady Collier</i>	2014
<i>Brett Gross</i>	2015
<i>Donald Lynx</i>	2016
	2017

<b>Junior Varsity Player of the Year</b>	
<b>Name</b>	<b>Year</b>
<i>Nathan Koch, Ryan Tarnava</i>	2006
<i>Shane Dustan, Connor Grigg</i>	2007
<i>Evan Parr, Mark Boychuck</i>	2008
<i>Dylan Mantyak</i>	2009
<i>Trey McDonnell</i>	2010
<i>Braydon Jetten</i>	2011
<i>Aric Brooks</i>	2012
<i>Brian Pham, Kahl Stickel</i>	2013
<i>Brady Collier</i>	2014
<i>Brett Gross</i>	2015
<i>Donald Lynx</i>	2016
	2017

## Girls Rugby Awards

### Rugby - Cougar Award

<b>Name</b>	<b>Year</b>
<i>Hillary Shields</i>	2009
<i>Janae Nahirney</i>	2010
<i>Eilish Short</i>	2011
<i>Tiffany Geworsky</i>	2012
<i>Tiffany Geworsky, Stefani Lutterotti</i>	2013
<i>No Team</i>	2014

### Rugby - Impact Back

<b>Name</b>	<b>Year</b>
<i>Holly Dalton</i>	2009
<i>Hillary Sheilds</i>	2010
<i>Holly Dalton</i>	2011
<i>Stefani Lutterotti</i>	2012
<i>Brittany McGinnis</i>	2013
<i>No Team</i>	2014

### Rugby - Impact Forward

<b>Name</b>	<b>Year</b>
<i>Kennedy Clifton</i>	2009
<i>Massiella Moreira</i>	2010
<i>Katrina Overes</i>	2011
<i>Michelle Funk</i>	2012
<i>Joy Wielinga</i>	2013
<i>No Team</i>	2014

### Rugby - Rookie of the Year

<b>Name</b>	<b>Year</b>
<i>Noelle Pigat</i>	2011
<i>Kelsey Nahirney</i>	2012
<i>Kristine Villaluna</i>	2013
<i>No Team</i>	2014

# Cougar Athletic Awards - Volleyball

## Female 110% Player

Name	Year
<i>Colene Graham</i>	1989
<i>Colene Graham</i>	1990
<i>Jennifer Forestell</i>	1991
<i>Francesca Cultrera</i>	1992
<i>Jennefer Pawlak</i>	1993
<i>Laura Mc Donnell</i>	1994
<i>Lisa Myndio</i>	1995
<i>Sonya Vatcher</i>	1996
<i>Keyy Jo Craddock</i>	1997
<i>Kelly Jo Craddock</i>	1998
<i>Jane Renyk</i>	1999
<i>Dalyce Armstrong</i>	2000
<i>Andria Pavan</i>	2001
<i>Karissa Schmidt</i>	2002
<i>Taryn Myhre</i>	2003
<i>Lindsay Balfour</i>	2004
<i>Katherine Lowings</i>	2005
<i>Janelle Groten</i>	2006
<i>Janelle Delbello</i>	2007
<i>Aleigha Hopkins</i>	2008
<i>Courtenay Farrington, Cassie Mucciarone</i>	2009
<i>Stephanie Groten, Anna Schwark</i>	2010
<i>Nisali Mediwake, Sydney Voogel</i>	2011
<i>Alycia Amatto</i>	2012
<i>Kelsey O'Donnell</i>	2013
<i>Mylanda Miller</i>	2014
<i>Ellie Kabayama</i>	2015
<i>Nikki Stahl</i>	2016
<i>Molly Petryshyn</i>	2017
<i>Madeline Vanden Elzen</i>	2018

## Female MVP

Name	Year
<i>Martina Szilagyi</i>	1986
<i>Vanessa Upton</i>	1987
<i>Sharon Stoinski</i>	1988
<i>Tanya Huggins, Evelyn Scholten</i>	1989
<i>Tanya Huggins</i>	1990
<i>Robin Murphy</i>	1991
<i>Jennifer Forestell</i>	1992
<i>Cori Watson</i>	1993
<i>Trish Whimster</i>	1994
<i>Michelle Gibb</i>	1995
<i>Anita Nelis</i>	1996
<i>Brianne Robertson</i>	1997
<i>Michelle Kincheloe</i>	1998
<i>Jamie Kincheloe</i>	1999
<i>Amada Weitz</i>	2000
<i>Chantel Mulder</i>	2001
<i>Kelsey Jespersen</i>	2002
<i>Melissa Weitz</i>	2003
<i>Teneille Mulder</i>	2004
<i>Gina Goruk, Kenzie Van Nistelrooy</i>	2005
<i>Kala Van Buuren</i>	2006
<i>Kelsey Huculak</i>	2007
<i>Ashlyn Merriman</i>	2008
<i>Alison Linton</i>	2009
<i>Katie Lowen</i>	2010
<i>Jessica Vos, Katie Fetting</i>	2011
<i>Shareen Monaghan, Mariah Miller</i>	2012
<i>Shareen Monaghan</i>	2013
<i>Cassie Kawa</i>	2014
<i>Taya Mikado/Mylanda Miller</i>	2015
<i>Jelena Dyck/Ellie Kabayama</i>	2016
<i>Venessa Boone</i>	2017
<i>Amaya Perry</i>	2018

# Cougar Athletic Awards - Volleyball

## Female Defensive Player

Name	Year
<i>Diana Smits</i>	1986
<i>Crey Stanko</i>	1987
<i>Carla Sharpe</i>	1988
<i>Janice Gyorkos</i>	1989
<i>Janice Gyorkos</i>	1990
<i>Jennefer Pawlak</i>	1991
<i>Jennefer Pawlak</i>	1992
<i>Melanie Marek</i>	1993
<i>Sarah Joly</i>	1994
<i>Nicole McKenzie</i>	1995
<i>Brianne Robertson</i>	1996
<i>Sonya Vatcher</i>	1997
<i>Callie Brosz</i>	1998
<i>Jackie Stroeve</i>	1999
<i>Jackie Stroeve</i>	2000
<i>Maggie Fox</i>	2001
<i>Melissa Weitz</i>	2002
<i>Stacey Robertson</i>	2003
<i>Taryn Myhre</i>	2004
<i>Breanna Quan</i>	2005
<i>Ashley Day Chief</i>	2006
<i>Kendra Huculak</i>	2007
<i>Kendra Huculak</i>	2008
<i>Kyo Farrington</i>	2009
<i>Kyo Farrington</i>	2010
<i>Isabelle Huel</i>	2011
<i>Mariah Besplug</i>	2012
<i>Lindsay Amatto</i>	2013
<i>Kelsey O'Donnell</i>	2014
<i>Delaney Wikenheiser</i>	2015
<i>Delaney Wikenheiser</i>	2016
<i>Samantha Mikado</i>	2017
<i>Khloe Jankowiak</i>	2018

## Female Rookie of the Year

Name	Year
<i>Carla Sharpe</i>	1986
<i>Sharon Stoinski</i>	1987
<i>Janice Gyorkos</i>	1988
<i>Nicole Lee</i>	1989
<i>Crystal Kain</i>	1990
<i>Jennifer Slavich</i>	1991
<i>Melanie Marek</i>	1992
<i>Trish Whimster</i>	1993
<i>Michelle Gibb</i>	1994
<i>Brianne Robertson</i>	1995
<i>Michelle Kincheloe</i>	1996
<i>Jane Renyk</i>	1997
<i>Jackie Stroeve</i>	1998
<i>Pat Mielcarek</i>	1999
<i>Kelsey Jespersen</i>	2000
<i>Christine Montana</i>	2001
<i>Teneille Mulder</i>	2002
<i>Diyon Van Nistelrooy</i>	2003
<i>Kenzie Van Nistelrooy, Gina Goruk</i>	2004
<i>Kala Van Buuren</i>	2005
<i>Amanda Harnos</i>	2006
<i>Karlee Gunderson</i>	2007
<i>Cassie Mucciarrone</i>	2008
<i>Stephanie Groten</i>	2009
<i>Jessica Vos, Sydney Voogel</i>	2010
<i>Kory Cheshire</i>	2011
<i>Cassandra Kawa</i>	2012
<i>Mylanda Miller</i>	2013
<i>Shelby O'Donnell</i>	2014
<i>Jelena Dyck</i>	2015
<i>Madeline Vander Elzen</i>	2016
<i>Amaya Perry</i>	2017
<i>Drew Dortman</i>	2018

# Cougar Athletic Awards - Volleyball

## Female JV Core Covenant Award

<i>Keeley Watt</i>	<i>2012</i>
<i>Quinn Sampson</i>	<i>2013</i>
<i>Ellie Kabayama</i>	<i>2014</i>
<i>Makayla Koshuta/Maitlynn Miller</i>	<i>2015</i>
<i>Natalia Bartosek</i>	<i>2016</i>
<i>Charlotte Perry/Olivia Roest</i>	<i>2017</i>
<i>Jayla Shields</i>	<i>2018</i>

## Male JV Core Covenant Award

<i>Tim Vos</i>	<i>2012</i>
<i>Dylan Bilyk</i>	<i>2013</i>
<i>Sean Sander</i>	<i>2014</i>
<i>Logan Boras/Nolan Jetten</i>	<i>2015</i>
<i>Nolan Walls</i>	<i>2016</i>
<i>Benoit LaForge</i>	<i>2017</i>
<i>Adam Boras</i>	<i>2018</i>

## Male 110% Player

<b>Name</b>	<b>Year</b>
<i>Chris McDougal</i>	<i>1989</i>
<i>Clay Rook</i>	<i>1990</i>
<i>Dennis Munroe</i>	<i>1991</i>
<i>Terry Villeneuve</i>	<i>1992</i>
<i>Brad Plausteiner</i>	<i>1993</i>
<i>Brad Plausteiner</i>	<i>1994</i>
<i>James Wagner</i>	<i>1995</i>
<i>Chris Noss</i>	<i>1996</i>
<i>Brad Kirchmayer</i>	<i>1997</i>
<i>Mark Weitz</i>	<i>1998</i>
<i>Steven Peters</i>	<i>1999</i>
<i>Justin Seitz</i>	<i>2000</i>
<i>Nathan Bruneau</i>	<i>2001</i>
<i>Luc Carriere</i>	<i>2002</i>
<i>Luc Carriere</i>	<i>2003</i>
<i>Jesse Van Buuren</i>	<i>2004</i>
<i>Cam Fuglerud</i>	<i>2005</i>
<i>Jordan Pavan</i>	<i>2006</i>
<i>Kam Mediwake</i>	<i>2007</i>
<i>Matt Bourret</i>	<i>2008</i>
<i>Evan Cowan</i>	<i>2009</i>
<i>Josh Makin</i>	<i>2010</i>
<i>Adam Riedlhuber</i>	<i>2011</i>
<i>Shane Dawson, Tim Loewen</i>	<i>2012</i>
<i>Tim Vos</i>	<i>2013</i>
<i>Nolan Campbell</i>	<i>2014</i>
<i>Nolan Jetten</i>	<i>2015</i>
<i>Jameel Abdela</i>	<i>2016</i>
<i>Jeremiah Bohnert</i>	<i>2017</i>
<i>Zachery Nagata</i>	<i>2018</i>

# Cougar Athletic Awards - Volleyball

## Male MVP

## Male Defensive Player

Name	Year	Name	Year
<i>Dan Martyna</i>	1986	<i>Jason Kolyshe</i>	1986
<i>Mike Zimmer</i>	1987	<i>Steve Dudas</i>	1987
<i>Jason Kolyshe</i>	1988	<i>Mike Zimmer</i>	1988
<i>Steve Ivan</i>	1989	<i>Mike Bierman</i>	1989
<i>Tuan Pham</i>	1990	<i>Gordon Chee</i>	1990
<i>Tuan Pham</i>	1991	<i>Brad Higginson</i>	1991
<i>Rob Izsak</i>	1992	<i>C.J. Higginson</i>	1992
<i>Byron Bruneau</i>	1993	<i>Terry Villeneuve</i>	1993
<i>Darren Plausteiner</i>	1994	<i>Kevin Rudolph</i>	1994
<i>Chad Wells</i>	1995	<i>Travis Smith</i>	1995
<i>Rob Slavich</i>	1996	<i>Anthony Holgate</i>	1996
<i>Rob Slavich</i>	1997	<i>Anthony Holgate</i>	1997
<i>Joel Mrak</i>	1998	<i>Mark Krezlewicz</i>	1998
<i>Mark Weitz, Devin Mulder</i>	1999	<i>Mark Krezlewicz</i>	1999
<i>Devin Mulder</i>	2000	<i>Dustin Farfus</i>	2000
<i>Brian Nelis, Ben Van Deurzen</i>	2001	<i>Dustin Verhaeghe</i>	2001
<i>Mike Stewart, Chris Goruk</i>	2002	<i>Aaron Shimek</i>	2002
<i>Allen Peters</i>	2003	<i>Jeff Waldner</i>	2003
<i>Jerrod Mulder</i>	2004	<i>Jordan Bennett</i>	2004
<i>Jeff Marthaller</i>	2005	<i>Jesse Vanderhayden</i>	2005
<i>Mike Hawkins</i>	2006	<i>Justin Quintin</i>	2006
<i>Devon Van Nistelrooy</i>	2007	<i>Ruben Koppe</i>	2007
<i>Eric Hinman</i>	2008	<i>Aron Fredrick</i>	2008
<i>Travis Riedlhuber</i>	2009	<i>Robbie Prindle</i>	2009
<i>Taylor Jetten, Connor Hinman</i>	2010	<i>Cooper Lyon</i>	2010
<i>Brett Parkin, Connor Hinman</i>	2011	<i>Cooper Lyon</i>	2011
<i>Adam Riedlhuber</i>	2012	<i>Mitch Dawson, Desmond Makin</i>	2012
<i>Stephen Primeau</i>	2013	<i>Ben Kelly</i>	2013
<i>Zach Wikenheiser</i>	2014	<i>Ben Kelly</i>	2014
<i>Jared Boras/Andrew Primeau</i>	2015	<i>Matt Cereza</i>	2015
<i>Cam Visscher</i>	2016	<i>Nolan Jetten</i>	2016
<i>Quinn Buchanan</i>	2017	<i>Nolan Jetten</i>	2017
<i>Jack Gaehring</i>	2018	<i>Jens Watts, Nash Shipton</i>	2018

# Cougar Athletic Awards - Volleyball / Slo pitch

## Male Rookie of the Year

Name	Year
<i>Chris Duncan</i>	1986
<i>Steve Ivan</i>	1987
<i>Ian Miller</i>	1988
<i>Jason Czarny, Chris Wyrostok</i>	1989
<i>Mike Verhage</i>	1990
<i>Rob Izsak</i>	1991
<i>Kevin Rudolph</i>	1992
<i>Darren Plausteiner</i>	1993
<i>Chad Wells</i>	1994
<i>Rob Slavich</i>	1995
<i>Joel Mrak</i>	1996
<i>Ryan Cain</i>	1997
<i>Devin Mulder</i>	1998
<i>Brian Nelis</i>	1999
<i>Ben Van Deurzen</i>	2000
<i>Chris Goruk</i>	2001
<i>Ken Fuglerud</i>	2002
<i>Jesse Van Buuren</i>	2003
<i>Jeff Marthaller</i>	2004
<i>Devon Van Nistelrooy</i>	2005
<i>Kyle Lohrenz</i>	2006
<i>Eric Hinman</i>	2007
<i>Travis Riedlhuber</i>	2008
<i>Taylor Jetten, Connor Hinman</i>	2009
<i>Brett Parkin</i>	2010
<i>Blake Furgeson</i>	2011
<i>Ben Kelly</i>	2012
<i>Zach Wikenheiser</i>	2013
<i>Andrew Primeau</i>	2014
<i>Sean Sanders</i>	2015
<i>Quinn Buchanan</i>	2016
<i>Nash Shipton</i>	2017
<i>Tommy Awoderu</i>	2018



## Slo pitch

### Core Covenant Award

<i>Cassie Kawa, Kara Popson</i>	2015
	2016
	2017

### Slo pitch - MVP

<i>Terra Kaskiw</i>	2008
<i>Aryn Bartoshyk</i>	2009
<i>Courtenay Farrington, Aryn Bartoshyk</i>	2010
<i>Sarah Weninger</i>	2011
<i>Sarah Weninger</i>	2012
<i>Caitlain Langhofer, Mariah Besplug</i>	2013
<i>Tricia Van Vaerenbergh</i>	2014
<i>Tyler Gouw</i>	2015
	2016
	2017

### Slo pitch - Best Defensive Player

<i>Whitney Balog</i>	2008
<i>Courtenay Farrington</i>	2009
<i>Sarah Weninger</i>	2010
<i>Andrea Kobbert</i>	2011
<i>Nikki Furukawa</i>	2012
<i>Tricia Vaerenbergh</i>	2013
<i>Kirsten Gulkiewich</i>	2014
<i>Kirsten Gulkiewich</i>	2015
	2016
	2017

# Cougar Athletic Awards - Slo pitch / Baseball



<b>Slo pitch - 110% Player</b>	
Courtenay Farrington	2008
Cassie Mucciarone	2009
Cassie Mucciarone	2010
Quinn Andre	2011
Mariah Besplug	2012
Jessica Duncan	2013
Cassie Kawa	2014
Alyssa Van Vaerenbergh	2015
	2016
	2017

<b>Slo pitch - Most Improved</b>	
Destiny St. Amand	2008
Hillary Derksen	2009
Hannah Gruber	2010
Taya Keujer	2011
Jessica Vaile	2012
Lyndee Saler	2013
Tyler Gouw	2014
Award no longer presented	2015
	2016
	2017

<b>Slo pitch - Rookie of the Year</b>	
Chelsea Steinkey	2008
Vanessa Monaghan	2009
Sarah Weninger	2010
Katie Lowen	2011
Caitlin Langhofer	2012
Shareen Monaghan, Kirsten Gulkiewich	2013
Madeline Szabo	2014
Quinn Sampson	2015
Zach Trepner/ Jeremiah Bohnert	2016
Skyler Vaselenak	2017

<b>Baseball - Most Valuable Player Award</b>	
<i>Blair Watson</i>	1994
<i>Blair Watson</i>	1995
<i>Mark Besnak</i>	1996
<i>Ryan Miller</i>	1997
<i>Jeff Weitz</i>	1998
<i>Steven Peters</i>	1999
<i>Brent Wandler</i>	2000
<i>Nathan Lowrie</i>	2001
<i>Joe Legge</i>	2002
<i>Ken Fuglerud</i>	2003
<i>Allen Peters</i>	2004
<i>Braeden Horon</i>	2005
<i>Brock Fulkerth</i>	2006
<i>Brock Fulkerth</i>	2007
<i>Rylan Wiest / Cole Lencucha</i>	2008
<i>Taylor Romaniuk</i>	2009
<i>Sean MacLean</i>	2010
<i>Sean Maclean</i>	2011
<i>Matt Malec</i>	2012
<i>Justin Strum</i>	2013
<i>Nick Ankermann</i>	2014
<i>Byrce deBoer</i>	2015
<i>Lukas Ankermann</i>	2016
<i>Torin Vaselenak</i>	2017

# Cougar Athletic Awards - Baseball

<b>Rookie of the Year</b>	
<i>Mark Bosnak</i>	1994
<i>Ryan Miller</i>	1995
<i>David Legge</i>	1996
<i>Henry Gorcyca</i>	1997
<i>Brent Wandler</i>	1998
<i>Nathan Lowrie</i>	1999
<i>Brandon Magierowski</i>	2000
<i>Ken Fulglerud / James Dawson</i>	2001
<i>Allen Peters</i>	2002
<i>Matt Smith</i>	2003
<i>Tom Collier</i>	2004
<i>Matt Weninger</i>	2005
<i>Adrian Diakow</i>	2006
<i>Cole Lencucha</i>	2007
<i>Blair Balog</i>	2008
<i>Sean MacLean</i>	2009
<i>Matthew Malec</i>	2010
<i>Tanner Shirakawa / Nicholas Ankerman</i>	2011
<i>Desmond Makin / Brett Tamayose</i>	2012
<i>Bryce deBoer</i>	2013
<i>Lucas Ankermann</i>	2014
<i>Dylan Wachtler</i>	2015
<i>Zach Trempner/Jeremiah Bohnert</i>	2016
<i>Skyler Vaselenak</i>	2017

<b>Top Pitcher</b>	
<i>Matt Smith</i>	2004
<i>Matt Smith</i>	2005
<i>Kyle Rokosh</i>	2006
<i>Cale Wright</i>	2007
<i>Cole Lencucha</i>	2008
<i>Blair Balog</i>	2009
<i>Justin Edgar</i>	2010
<i>Matthew Malec</i>	2011
<i>Justin Sturm</i>	2012
<i>Nick Ankermann</i>	2013
<i>Bryce Fraser</i>	2014
<i>Lukas Ankermann</i>	2015
<i>Lukas Ankermann</i>	2016
<i>Lukas Ankermann</i>	2017

<b>JV Most Improved Player</b>	
<i>Lamont Healy</i>	2003
<i>Kylle Rokosh</i>	2004
<i>Riley Fowler</i>	2005
<i>Brody Carter</i>	2006
<i>No JV Team</i>	2007
<i>No JV Team</i>	2008
<i>No JV Team</i>	2009
<i>No JV Team</i>	2010
<i>No JV Team</i>	2011
<i>Nicholas Schaaf</i>	2012
<i>No Team</i>	2013
<i>No Team</i>	2014
<i>No Team</i>	2015
	2016
	2017

<b>JV Most Dedicated Player</b>	
<i>Allen Peters</i>	2003
<i>Andrew Grubber</i>	2004
<i>Paige Kreeft</i>	2005
<i>Patrick Bartoszyk</i>	2006
<i>No JV Team</i>	2007
<i>No JV Team</i>	2008
<i>No JV Team</i>	2009
<i>No JV Team</i>	2010
<i>No JV Team</i>	2011
<i>Brandt Anderson</i>	2012
<i>No Team</i>	2013
<i>No Team</i>	2014
<i>No Team</i>	2015
	2016
	2017