



*Catholic Central
High School*

(403) 327-4596

Paws for the CCH News

June, 2024

"One School, Two Buildings, Endless Opportunities"

Principal's Message

And here we are... June... the beginning of the end. While there is still A LOT on the go in terms of our four pillars of faith, academics, fine arts, and athletics, we are looking forward to winding things down. I will take this message as one last chance to express just how grateful we are to have "Built!" so many good and important experiences and opportunities as a school community this past school year. Without a doubt, all of us are a part of something extra special here at CCH. "Community is much more than belonging to something; it's about doing something together that makes belonging matter." Parents, guardians, families, staff, students, alumni, and those who continue to support our community, it is through your collaborative efforts and commitment to student learning that we can enter into summer feeling that we have achieved all that we set out to do (and also, maybe, a little tired - whew!).

We are grateful for so many people who have astounded us with their commitment and dedication to Catholic Education and Catholic Central High School.

- Thank you to you, the parents and guardians, for sharing your children with us and trusting us to teach them the skills and knowledge they will need to go out into that great, big world.
- Thank you to our parish priests, our spiritual leaders, who guide and support us on our faith journeys.
- Thank you to our elders and knowledge keepers for helping us on the path of Truth and Reconciliation.
- Thank you to our staff for working tirelessly throughout the school year to enhance our students' learning experience.
- Thank you to our alumni who give back their many gifts (treasure, talents, and time) to help us in continuing to foster community.
- Thank you to our students! A job well done this year. Be proud of all that you have accomplished!
- Thank you to all those who support the good and important work we do here at CCH.
- Above all, thank you our Almighty Father for blessing us with the people you surround us with every day, who make life more meaningful.



Lastly, I would like to congratulate and acknowledge those leaving our community. We wish you all God's blessings as you move forward with your future endeavors:

- Mrs. Barrajon, Mrs. Gurr, Mrs. Hoveling, Mrs. Schmidt, and Mrs. Umeris - congratulations to all you on your retirement! We hope you enjoy all that you have planned in the next chapter of your lives. May God bless you and keep you safe, always.
- Ms. Gourlay - we wish you all the best in your future endeavors.
- Mrs. Gibson - congratulations on the birth of your baby boy, Wyatt.. Enjoy this time with your beautiful family.
- Mrs. Johnson - we are excited to meet the newest additions (yes twins!) to our baby Cougars in the fall!
- Mrs. Schwark - more baby Cougars on the way! Congratulations!

And with that, folks, I wish each and every one of you a blessed summer full of laughter, sunshine, and a whole lot of relaxin'! Thank you for finding the courage to roll up your sleeves so that we could build great things and for sharing your gifts with so many this year. See you at the end of August! - Mrs. Polec



June 5 - Closing Mass, Farewells, and Recognitions

June 5 - 7:00 pm Sweet Treats and Song Concert

June 11 - English Part A Diploma &

FNMI Awards at 6:00 p.m. on Campus East

June 12 - Social Part A Diploma &

School Council Meeting at 6:00 p.m. on Campus East

June 13 - French Part A Diploma

June 14 - French Part B Diploma & Last Day of Quarter 4 Classes

June 17 - Math Diploma

June 18 - English Part B Diploma

June 19 - Social Part B Diploma

Last Japan Trip meeting 5:00 pm in the Library on CEast

June 20 - Biology Diploma

June 21 - National Indigenous Peoples Day & CCH PD Day

June 24 - Chemistry Diploma

June 25 - Physics Diploma

June 26 - Science Diploma

Departure date for Japan Trip

June 27 - Last Day for Students

June 28 - Last Day for Staff



Catholic Central High School Music Department

16th Annual

Sweet Treats & Song

Wednesday, June 5th, 2024

7:00pm

Southminster United Church

Doors open at 6:40pm

Featuring:

Concert Band

Concert Choir

Show Choir

CCH Concert Choir Alumni

Admission:

General: \$10

Children 12 and under: \$5

Tickets available now through SchoolCashOnline on the CCH website or at the door the evening of the concert.

Proceeds will be used to purchase equipment and music, equipment maintenance, and student travel.

GRADUATION 2024 THANK YOU!

It was an absolute pleasure and honor to oversee “all-things-grad” and there are many people who deserve our gratitude.



- Mr. Vercillo: for his help wherever or whenever needed – assisting with set up and rehearsals, helping with graduates, un-decorating, making sure the grad class stayed safe – name it and he was there to help. Oh, and how about that job he did announcing 300 Grad Statements?! I think there is an announcer's job in there somewhere should he ever change his plans of being an administrator!
- Mr. New: for all his help with planning and coordinating the Grad Mass, distribution of certificates, set-ups and take-downs, and for allowing me to focus on what I needed to do.
- Mr. Comchi: for all his help with rehearsals, set-ups and take-downs, distribution of certificates, and making sure the grad class felt honored and safe.
- Mr. Collier and Mrs. Ross: for all their work on the grad list and being everywhere all weekend to organize our graduates. And thank you for ensuring each student received the right certificate!
- Mrs. Sutter, Ms. Magill, Mrs. Aasman, Mrs. Lambert, and Mrs. Wilson: for all the pre-grad work that was done, certificates, grad lists, slides, grad fees, grad photos, and gown organization.
- The Staff Grad Committee: Mr. Balog, Mrs. Christensen, Mr. Collier, Mr. Comchi, Mr. Cox, Mr. Dalton, Ms. Fox, Mr. Gilbert, Mr. Goruk, Mr. Hammel, Mrs. Hawker, Mr. Hogan, Mrs. Hoveling, Mrs. Johnson, Mr. Ledsham, Mrs. Leroux, Mr. New, Mr. Nummi, Ms. Omilon, Mr. Pasquotti, Mr. Point du Jour, Mrs. Richards, Mr. Rosen, Ms. Ross, Mr. Schmidt, Mrs. Schwark, Mr. Spiess, Mr. Vercillo, Mrs. Yawney, Ms. Yearous, Mrs. Aasman, and Mrs. Sutter: for everything they did to ensure everything ran as smoothly as it did from beginning to end.
- Ms. Fox, Mrs. Hoveling, Mrs. Kirkvold, and Mr. Gilbert, plus the First Nations, Metis, and Inuit Education Committee for organizing the Feather Blessing and Metis Sash Ceremony. A special thank you to Elders HolySpirit and Catholic Central Elders for bestowing eagle feathers and metis sashes to our graduates. Also, thank you to the CCH staff for helping to serve dinner!
- Mr. Comchi and Mr. New and the B&E class: for providing graduates with grad hoodies.
- Mr. Spiess: for organizing the grad mass and working with our commentator, readers, and offertory. And to Mrs. Christensen, Mr. Collier, Mr. Gilbert, Mr. New, and Ms. Ross for facilitating the set up.
- Mrs. Christensen, Concert Choir, Mrs. Hignell, and Katie Hartman: for providing us with beautiful music for mass and convocation (O'Canada).
- Mr. Cox and Mrs. Richards: for working with and guiding all of the student speakers and MCs.
- Mrs. Leroux and the decorating committee, including Mr. Balog, Mrs. Christensen, Mr. Gilbert, Mr. Hammel, Mrs. Hawker, Mr. Hogan, Mrs. Johnson, Ms. Magill, Mrs. Patterson, and Mrs. Schwark for coordinating the decorations at the Enmax. They had a HUGE job of set up but the Enmax looked beautiful!
- Mr. Dalton and Mr. Goruk: for always being a calming presence (especially for Mrs. Polec) when it comes to organizing students into lines and directing the procession during the mass, the convocation, and the Grand March. Also, thank you for getting students picture-ready and feeling less anxious as they took the stage.
- Mr. Folkersen and our Students' Council ushers: for distributing programs and seating our guests.
- Mr. Dalton, Mr. Goruk, Mr. Schmidt, and Mrs. Schwark for ensuring all grad gowns were collected after convocation.
- Ms. Barrajon, Mr. Cox, Mr. Hogan, Mrs. Hoveling, Mr. Ledsham, Mr. Rosen, Mrs. Ross, and Mrs. Umeris for representing staff of Catholic Central during the distribution of certificates.
- Mrs. Larson: for creating the beautiful programs, posting information on the website, and for taking the official “Hat Toss” photo!
- Mrs. Stacy Henderson, Ms. Omilon, Mrs. Ruaben, and Mrs. Yearous for taking pictures at the Grand March and for sharing your photographs with our families of the graduates.
- Priests and Deacons: for being a visible presence at our graduation Mass and for their spiritual support of our students. Thank you especially to Father Kevin, Father William, Father Santiago, Father William, Father Ian, as well as Deacon Jim, Deacon Peter, and Deacon Bruce.
- Helen Manzara and Cindy Lilienthal: for being the Sacristans.
- Bridge Brass Quintet: for providing beautiful music during mass.
- All those who were Altar Servers, Eucharistic Ministers and Ushers during distribution of communion.
- Mr. Rosen: for running the Grad Mass slides.
- Mrs. Gibb: for bringing the warmest of greetings from the Board.
- Mr. Sampson: for bringing greetings from the Superintendent.

- All our Trustees and Senior Administrative Leadership Team who attended the mass and convocation.
- Mrs. Kristy Ruaben: for being present at the mass, convocation, and grand march to celebrate those students who attended Trinity E-Learning School.
- Feature Productions and DB Audio: for making the entire weekend one to be proud of! Your ability to convert a “normal” production into one to cherish and remember is unmatched.
- Staff of the Enmax Centre, especially Robin Sakamoto: for their excellent service and continued guidance and support throughout the planning process.
- Sounds Unlimited Inc: for providing the music for the grand march and for the dance.
- Mark Orenstein and his crew from Life Touch Photographics: for taking the grad pictures, the group picture and pictures of the graduates receiving their certificates. And head caretaker for Campus West, Mr. Urbanczyk for organizing the “lift” for the group photo!
- The Lethbridge Herald, especially Alejandra Pulido-Guzman: for the wonderful write up in the paper on our valedictorian!
- Candle lighters representing alumni, parents, CCH staff, Holy Spirit staff, clergy, and trustees: Father Santiago, Trustee Bob Spitzig, Kaareen Caputo, Anthony Kish, Wioletta Nagata, Daniel Vanden Dungen, Gina Dudas, Amber Sheridan, Angela Talbot, and David Westwood.
- School Council for their lovely gift of rosaries for our graduates.
- Mrs. Urquhart: for preparing the French Certificates for those grads who have completed 12 years of French Immersion.
- All Staff of CCH: All the staff present throughout the weekend’s events for guiding students to where-ever they needed to be during the mass, the convocation, and the Grand March. For being available to students, for acting as substitutes for teachers involved directly in the grad activities and for their quiet, constant commitment to making graduation a memorable event for students. Graduation is a gift that the staff of CCH gives to our students.
- Parents/ Guardians and family members: for sharing your children with us over the past three years!
- Grade 12s: We are very proud of how you took care of each other and walked together. You carried yourselves with dignity and class. It was an honor and a pleasure to celebrate with you!

Thank you to all who have made this event meaningful, memorable and successful.

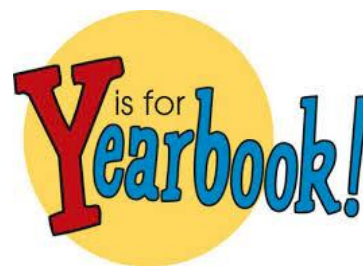
Mrs. Joanne Polec
Principal of Catholic Central





Graduates - The pictures that were taken of you receiving your diploma at Convocation will be mailed to you directly from LifeTouch Canada.

Thank you to everyone who pre-ordered a yearbook this year. They will be delivered and available for pickup in early September. Thank you again to our CCH community for your support!



Attention students!

Please have your lockers cleaned out by the last day of classes which is June 14th. Be sure to clean out both lockers if you had one on both campuses. Anything left after this date will be donated to goodwill.

NEW!

TO THE 2024/2025 SCHOOL YEAR

MUSIC MASTERCLASS

contact Mrs. Erin Richards for more information
richardse@holyspirit.ab.ca

Do any of the following apply to you?

- You love music and have a passion for it!
- You take private lessons outside of school
- You want to pursue post-secondary music, digital-audio arts or performance!
- You want to improve your musical skills!
- You play any instrument (piano, woodwind/brass, strings, percussion) or sing!

**LOCATION: CCH EAST
MUSIC ROOM**

MONDAYS 3:20-4:35

WEDNESDAYS 4:45-6:00

Music Masterclass is designed for enthusiastic and driven students who are eager to enhance their musical skills and knowledge.

Students will:

- Learn music theory, composition, and history
- Focus on sight reading, sight singing and ear training
- Develop basic piano skills
- Learn the fundamentals of another instrument
- Practice choral singing techniques
- Refine their performance techniques

By mastering this diverse range of skills, students will therefore become stronger, and more versatile musicians.



**OPTIONAL
DUAL CREDIT
OPPORTUNITY
WITH RCM**

**FULL YEAR
(SCHEDULE DIFFERS FOR
MUSICAL FROM JANUARY
TO MID-MARCH)**

More
information
about
transportation
to come.



IMPORTANT INFORMATION

2024-2025 Student Timetables will be made available to various grade levels in paper form (printed and distributed) on these dates: June 14 - all next year's grade 12 and 11 students will receive their timetables; June 24 - all next year's grade 10 students (at St. Francis, FLVT, St. Catherine, and St. Joseph) will

receive their timetables. If students wish to make timetable changes in June (rather than waiting until August), administration and guidance counselors will facilitate these changes on the following dates:

- ◆ Grade 12s - June 17, 18, 19
- ◆ Grade 11s - June 20, 24, 25
- ◆ Grade 10s - June 25, 26, 27
- ◆ Please note: School Closed on June 21 and June 28

After these dates, no timetable changes will be made until we reopen in August.

→ August times and dates to note

→ Wednesday, August 21

- ◆ First day school reopens. Administrative Team and Counselors will be present on Campus East only for timetable changes from 12:00 p.m.-3:00 p.m.

→ Thursday, August 22

- ◆ Campus East will be open for timetable changes from 8:00 a.m.-3:00 p.m.

→ Friday, August 23

- ◆ Campus East will be open for timetable changes from 8:00 a.m. - 12:00 p.m.

→ Monday, August 26

- ◆ All staff return. School Closed for Staff Meetings.

→ Tuesday, August 27

- ◆ Campus East will be open for timetable changes from 8:00 a.m.-12:00 p.m. (only guidance counselors will be available as administrators are at meetings at the board office).

→ Wednesday, August 28

- ◆ Division Opening Mass - the school will be closed.

→ Thursday, August 29

- ◆ Both campus offices will be open for timetable changes 8:00 a.m.-3:00 p.m.

→ Friday, August 30

- ◆ Both campus offices will be open for timetable changes 8:00 a.m.-12:00 p.m.
- ◆ Open House for New Students (voluntary) hosted by Students' Council from 10:00 a.m.-12:00 noon on both campuses. They will be running tours and will have information for students about what to get involved in!

→ Monday, September 2

- ◆ Labor Day - the school will be closed.

→ Tuesday, September 3

- ◆ First Day of Quarter 1 Classes!

A MESSAGE ABOUT TIMETABLE CHANGES:

Catholic Central has a rigorous process for creating timetables (a process that began in January) that balances numerous factors including high school graduation requirements, teacher availability and allocation, classroom space, dual campus programming, and individual student needs. As a result, we cannot continue to accommodate individual timetable change requests on a quarterly basis as all sorts of demands that are not emergent in nature, throws the timetable out of balance. Additionally, we have been directed by the school board to consider the rising cost of transportation when constructing timetables for students to limit the need to travel (via shuttle buses). Therefore, timetable requests will be considered on a "case-by-case" basis but administration and guidance counselors will reserve the right to not grant every request.

We kindly ask that students and parents support the current timetable. Adjusting to the schedule provided is crucial for maintaining student access to programming while ensuring operational efficiency of our school. Flexibility and resilience are key skills that will benefit students throughout their educational journey and beyond.

OFF-CAMPUS NEWS



Dual Credit Courses for 2024/2025



Dual Credit courses for the 2024-2025 school year are an opportunity for students to take college-level courses while still in high school. This is an excellent chance for students to try out a subject, see what college courses are like, and/or get a head start on post-secondary or take a course that just interests them. Courses offered are through Lethbridge College or Olds College. See Mr. Boschee or Mrs. Gurr for a list of courses and application forms. Lethbridge College Courses can also be viewed at: <https://lethbridgecollege.ca/programs-and-courses/dual-credit>. The deadline to apply for Lethbridge College courses is **June 12**. Olds College deadline is September 12.

Students interested in any of the Intro to the Trades courses should talk to Mr. Boschee or Mrs. Gurr as soon as possible as space is limited in those courses.



Summer Work Experience

Any students who are not already enrolled in the Work Experience Program and are working this summer should contact either Mr. Boschee or Mrs. Gurr to learn how they can earn credits. If you are currently enrolled in work experience please remember to keep sending in your pay stubs or time sheets during the summer months to: hsoffcampus@holyspirit.ab.ca

Students who are roguing for the month of July for either Select or Express can also earn credits. Contact Mrs. Gurr for more information.

Students who get jobs after June 30th can contact us at the above email address and to get signed up.

Virtual Career Sessions

Live Career Exploration sessions have ended for this school year but past recorded sessions are available to view throughout the summer. These are located on the Career Transitions website at: careersteps.ca under Events & Programs. These recordings are excellent sources of information for students who want real-world insights into careers.



Thank you From Mrs. Gurr

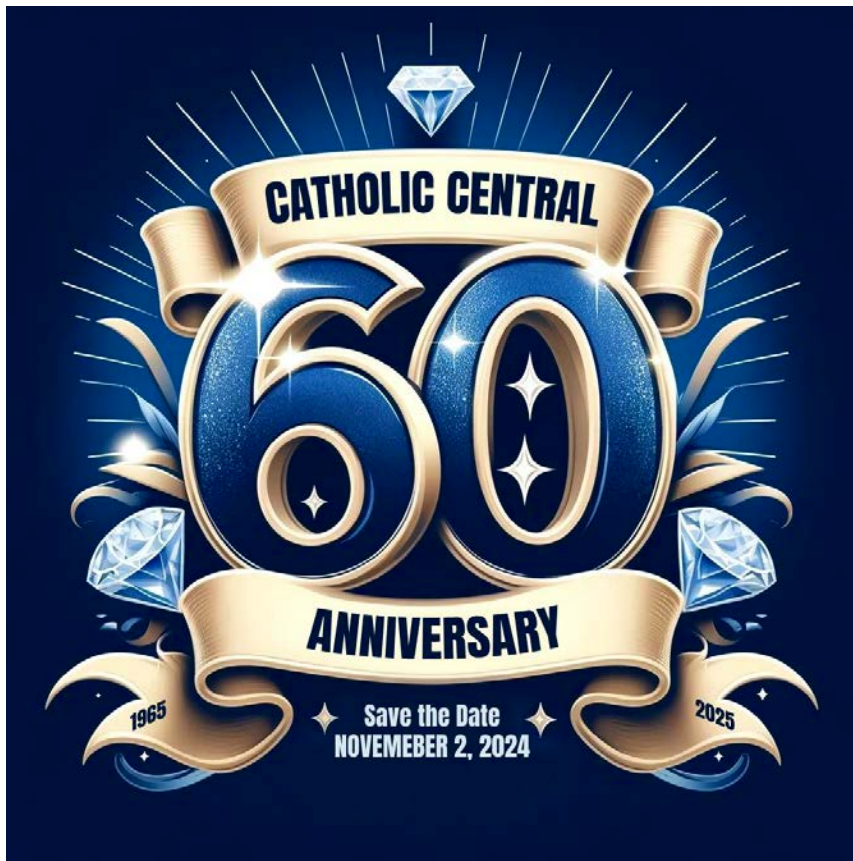
I wanted to take this opportunity to say what a joy it has been working with all the students and staff over the past years but at the end of June I will be retiring. Please send your pay stubs or any questions to: hsoffcampus@holyspirit.ab.ca and someone will answer. Have a wonderful summer!

The Off-Campus Team



Mark Boschee - Off-Campus Coordinator - Cell: 587-220-4258 or Email: hsoffcampus@holyspirit.ab.ca

Wendy Gurr - Career Practitioner - Cell: 403-593-2903 or Email: hsoffcampus@holyspirit.ab.ca



Catholic Central High School's *60th Anniversary* **SAVE-THE-DATE!**

In the upcoming school year - 2024-2025 - Catholic Central will mark its sixtieth year as a school which is a significant milestone for our community, especially as it aligns with the third year of Holy Spirit's third year of the Three-Year Faith Plan: Celebrate! It's a special occasion that commemorates the longevity, achievements, and contributions made over the course of those sixty years to academic excellence, acts of service, athletics, and fine arts. This event will provide an opportunity for staff (both past and present), alumni, community members, stakeholders, partners, and

colleagues within Holy Spirit Schools to come together and celebrate Catholic Central's history, growth, and impact to and within the City of Lethbridge.

The Gala (tentatively named "Celebrating 60 Years Strong: Building Tomorrow, Honoring Yesterday") will be held at The Sandman Signature Grand Ballroom on Saturday, November 2, 2024. During the event, there will be acknowledgement of Catholic Central's rich history, highlighting key moments, milestones, and accomplishments throughout the sixty-year period. This is also a time to share all the current "projects" at CCH and our vision for the future.

To alumni, parents/ guardians, and community stakeholders, we are asking you to "Save-the-Date" and watch for information in the fall regarding ticket sales. We also ask that if you are willing to donate services or goods for the auctions (both silent and live), please contact Mrs. Polec at polecj@holyspirit.ab.ca. We cannot begin to express how grateful we are of all past support and look forward to creating new relationships as we look toward Catholic Central's future. The 60th Anniversary Gala will be a momentous occasion that symbolizes endurance, achievement, and the continuation of a legacy into the future! It's a chance for everyone involved to come together in celebration and appreciation of Catholic Central's accomplishments over six decades but also an opportunity to build community.

Blessings,
Joanne Polec
Principal, Catholic Central/ Taatsikioyis



DUNK TANK!

YOU'RE INVITED!

GAMES!

OBSTACLE COURSE!

PIE IN THE FACE!

BOUNCY SLIDE!

Saturday, June 24

12 - 5 pm

Nicholas Sheran Park

Picnic Shelter

West Lethbridge

COTTON CANDY!

LOONIE CARNIVAL!

LOCAL VENDORS MARKET!

FACE PAINTING!

for more information

go to streetsalive.ca or call 403-942-5647

IN SUPPORT OF



STREETS ALIVE
MISSION



HOSTED BY:

BRIDGE CITY
CHRYSLER DODGE JEEP RAM SRT FIAT
Where Else?

save on foods
WING DING
WING CHALLENGE



FREE SUMMER DROP-IN

SPORT AND RECREATION PROGRAM
FOR YOUTH AND FAMILIES

May 21 thru June 26

Monday - Thursday 4-7 PM

Starting in July

Monday - Thursday mornings



Nicholas Sheran Leisure Centre
parking lot - 401 Laval Blvd West

LEARN MORE ON OUR WEBSITE



THIS PROGRAM IS FUNDED BY JUMPSTART AND PARTICIPACTION



PRESENTED BY



JOIN THE **LEARNING BUDDIES NETWORK**

MATH & READING TUTORING FOR
ELEMENTARY STUDENTS

VOLUNTEER WITH US

MENTOR

PROGRAM COORDINATOR
EXECUTIVE COORDINATOR



QUESTIONS?

EMAIL [JULIA@LEARNINGBUDDIESNETWORK.COM](mailto:julia@learningbuddiesnetwork.com)



LETHSYNCHRO.CA

2024/2025 **REGISTRATION**

LEARN-TO-SWIM PROGRAM: AQUAGO!

COMPETITIVE PROGRAM: VARIOUS
AGES AND LEVELS

FREE COME-TRY-IT NIGHT:
MAY 27 | 6:15 TO 7:15 P.M.



CATHOLIC CENTRAL HIGH SCHOOL QUARTER 4, 2024 EXAM SCHEDULE

	Time	Course	Campus	Teacher	Room
Tuesday June 11	9:00 AM	English 30-1 Part A	East	Richards	206
REGULAR CLASS DAY		English 30-2 Part A	East	Omlon	Library
		English 30-2 Part A	East	Cox	Library
Wednesday June 12	9:00 AM	Social 30-1 Part A	East	Gilbert	Library
REGULAR CLASS DAY		Social 30-1 Part A	East	Collier	206
Monday June 17	9:00 AM	Math 30-2	East	Hammel	Gym
		Math 20-1	East	Umeris	129
		Math 10C	East	Hammel	124
		Math 10-2	East	Folkersen	122
Tuesday June 18	9:00 AM	English 30-1 Part B	East	Richards	Gym
		English 30-2 Part B	East	Omlon	Gym
		English 30-2 Part B	East	Cox	Gym
		Eng 20-1	East	Omlon	127
		Eng 10-2	East	Schmidt	Gym
		Eng 20-1	West	Richards	523
		Eng 20-2	West	Hartman	Gym
		Eng 10-1	West	Hartman	Gym
Wednesday June 19	9:00 AM	Social 30-1 Part B	East	Gilbert	Gym
		Social 30-1 Part B	East	Collier	Gym
		Soc 20-2	East	Patterson	Gym
		Soc 10-1	East	Gilbert	214
		Soc 10-2	East	Point du Jour	213
		Soc 20-1	West	Chipman	Gym
		Soc 10-1	West	Dalton	521
		Soc 10-1	West	Dudas	513
Thursday June 20	9:00 AM	Bio 30	East	n/a	office
		Bio 20	East	Nummi	105
		Sci 10	East	Mulder	111
		Bio 20	West	Balog	525
		Sci 10	West	Hawker	527
Monday June 24	9:00 AM	Chem 30	East	Bulger	Gym
		Chem 30	East	Goruk	Gym
		Chem 20	East	Goruk	107
Tuesday June 25	9:00 AM	Physics 30	East	Hawker	Gym
Wednesday June 26	9:00 AM	Science 30	East	n/a	office

*This schedule is subject to change. Please confirm details with your teacher

June

Build! Pilgrims of Hope



"And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work."

- 2 Corinthians 9:8

Bl. Pier Giorgio Frassati 1901-1925 (Feast Day: July 4)

Pier Giorgio Frassati was born into a wealthy and influential Italian family in 1901, and from an early age was dedicated to the Eucharist and the Rosary—despite his parents' rejection of religion. He spoke willingly and frequently with both friend and stranger about his spiritual life, and at the age of 17 joined the Society of St. Vincent de Paul. He dedicated most of his time to serving the sick, needy, and orphaned of Turin—although he did this largely in secret. In particular, he was keen to spread the Catholic Social Teachings at the time, particularly those promoted in *Rerum Novarum*. He was handsome and a good athlete, with mountain climbing as his favourite sport, and was known as a prankster as well.

Shortly before he was to graduate from university, he contracted polio and died almost immediately. At his funeral, the family was surprised to see the church and streets flooded with those whom he had quietly served; and those in attendance were also surprised that he was part of this influential and wealthy family. At his beatification in 1990, Pope John Paul II called him the "Man of the Eight Beatitudes." One of his last notes to a friend prior to his death was a short one on the back of a picture of himself climbing. It says simply "Verso l'alto"—"To the Heights", which has become representative of his own striving to reach God and eternal life, and a motto for others who are doing likewise.

"Building" In Our Schools

Throughout this entire year, we have been blessed to see the ways in which your efforts have brought to life our call to Build! To date, we have raised over \$5,000 for our Chalice project with St. Odilia School in Zambia thanks to the generosity of our staff, students, and community. Some of this was from donations that were made at the door to our recent *Build! Festival of the Arts*, which showcased the many creative talents and expressions in our schools.

Raised
\$5196.47
(as of 5/23/2024)



Corporal Works of Mercy

— Summary —



Shelter the Homeless: Our faith encourages us to reach out and encounter those without the stability of a home, affirming their human dignity, and assisting them in seeking solutions to the challenges they face....

Feed the Hungry: So many people in our communities and world do not have enough food to eat. There are many practical ways we can support those in need within our community and the world....



Bury the Dead: Through our prayers and actions, we show our respect for life, which is always a gift from God....

Give Drink to the Thirsty: If we think about the concrete action of giving drink to another, we can see in it a gracious act of hospitality, a thoughtful expression of love, and a desire to seek the good of the other....



Visit the Sick: Those who are sick are often forgotten or avoided.... these individuals still have much to offer to those who take the time to visit and comfort them....

Clothe the Naked: When we search out the "naked" of our local community, we shouldn't only be looking for those without clothes....



Visit the Imprisoned: People may be imprisoned for many reasons, and without dismissing the suffering caused by those who commit crimes, all people retain their dignity as created in the image and likeness of God....

Pope's Prayer Intentions -

For those fleeing their own countries

Let us pray that migrants fleeing from war or hunger, forced to undertake journeys fraught with danger and violence, may find welcome and new living opportunities in their host countries.

[Home Page](#)

Catholic Social Teaching

— Peace —

Through the course of this year, we have looked each month at one of the Catholic Social Teachings. The aim of Catholic Social Teaching is to shine the light of the Gospel on our contemporary world, allowing us as disciples of Christ to look at the world around us with new eyes, and to take action.

The final teaching for this year is Peace. Peace is the fruit of Charity, and the consequence of Justice — the sign of love in action. It means to be in right relationship with God, and with others. When we act in ways that align with Catholic Social Teaching, we find ourselves at peace, in our personal lives or in our work. In *Christus Vivit*, Pope Francis notes:

"When we discover that God is calling us to something, that this or that is what we were made for — whether it be nursing, carpentry, communication, engineering, teaching, art or any other kind of work — then we will be able to summon up our best capacities for sacrifice, generosity and dedication. Knowing that we don't do things just for the sake of doing them, but rather we endow them with meaning, as a response to a call that resounds in the depth of our being to offer something to others: that is what makes these occupations bring a sense of deep fulfillment."



Peace

"...the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control." - Galatians 5:22-23a

"In a world gone astray from God there is no peace, but it also lacks charity, which is true and perfect love."

(Blessed Pier Giorgio Frassati)



Gospel Readings

June 2, 2024

Solemnity of the Body and Blood of Christ

Gospel Reading: Mark 14:12-16, 22-26

"The Teacher says, 'Where is my guest room where I may eat the Passover with my disciples?'" — Mark 14:14

Jesus sent his disciples out ahead of him to prepare a place where they could eat together and celebrate the Jewish feast of Passover. That same miracle happens at every Mass—Jesus becomes present to us as our spiritual food. He gives his very body and blood to us. But, before we receive this gift, there are some preparations that need to be made. The servers prepare the altar, the bread and wine are brought forward, we pray the Eucharistic prayer together, and Jesus becomes present to us again.

There is still one more thing that needs to be prepared—our hearts! We become the guest room where Jesus will come and visit. Is everything ready? Have we taken time to speak to Our Lord and ask him to come? We want to welcome him in the best way possible.

Discuss with your family some other ways you can prepare to receive Jesus.



Prayer:

Thank you, dear Jesus, for giving us your Body and Blood. Help us to prepare well for your coming!

June 9, 2024

10th Sunday in Ordinary Time

Gospel Reading: Mark 3:20-35

"Whoever does the will of God is my brother and sister and mother." — Mark 3:35

Have you ever been recognized at a gathering not because people have ever met you, but because they know your mom or dad? Maybe people recognize you because you look like your parents or have certain mannerisms that are like theirs. Hopefully, you were doing something nice when you were recognized so your parents were not embarrassed by your behavior.

In today's Gospel, people bring Jesus' mother and some of his other relatives to him. Although these are Jesus' family members, he wants us to know that all people are part of his family if they obey his Father in heaven. When we are baptized, we become children of God. People will know we are part of the divine family if we follow the example of Jesus, our brother, who loved and obeyed his Father in heaven.

What are some ways you are like your parents? What are some ways you can be like Jesus?

*I CAN BE LIKE
JESUS BY...*



Prayer:

Lord, thank you for including me as one of your family members. Help me to never disgrace your name; help me to imitate your love and obedience.

Download this month's [Saint Prayer Card](#) - Blessed Pier Giorgio Frassati
[Saint Prayer Card](#) (black and white version for colouring)



[Home Page](#)

Gospel Readings

June 16, 2024

11th Sunday in Ordinary Time

Gospel Reading: Mark 4:26-34

"To what shall we compare the kingdom of God?...It is like a mustard seed...the smallest of all the seeds on the earth." — Mark 4:30-31

Have you ever been to Disney World or Disneyland? There are all sorts of theme rides and displays, plus spectacular fireworks. Wouldn't you think that God's kingdom would exceed any kingdom here on earth?

In our Gospel today, we read that God's kingdom is spectacular, but in a very quiet way. There are no loud sounds, unusual sights, or fast rides. Jesus compares his kingdom to a tiny seed that secretly begins to grow underground and, when the time is right, emerges and becomes a great tree that gives shade and shelter. God does not want to shock our senses; instead he wants to capture our attention with wonder and awe and challenge us to share this with others until his kingdom gives shelter to all who come looking for his love.

Make a list with your family of some things you see in nature that God created with great beauty.

Prayer:

Lord, when I really look at the world around me, I am amazed by your greatness. Help me to share your love in quiet, simple ways that will bring others to worship you with wonder and awe.

June 23, 2024

12th Sunday in Ordinary Time

Gospel Reading: Mark 4:35-41

"Why are you terrified? Do you not yet have faith?" — Mark 4:40

If you have ever been on an airplane when turbulence bounces it around, you know how unsettling it can be. When the pilot or flight attendant comes on the loudspeaker and announces there is nothing to be concerned about—it's just a temporary change in the wind or air pressure—you sigh in relief. But it wouldn't be unusual to still be a little worried. Why is that? Well, probably it's because it's hard to place our trust in another human being, even if he or she seems very qualified.

In our Gospel today, a storm threatens to capsize the boat in which Jesus and his disciples are sailing. Jesus isn't the least bit worried. In fact, he's fast asleep! His disciples, on the other hand, are terrified. They wake Jesus and he calms the storm with just a wave of his hand. They have seen Jesus perform other miracles, but still they are amazed that he can control creation. When we are faced with frightening situations, it might be hard for us to believe that Jesus can change our predicament. This Gospel should remind us that God can do anything!

As a family, write a simple prayer that you can all pray when you are afraid.

Prayer:

Lord, please give me unwavering faith that you are God, and you will not abandon me.

[Home Page](#)

June 30, 2024

13th Sunday in Ordinary Time

Gospel Reading: Mark 5:21-43

He said to her, "Daughter, your faith has saved you. Go in peace and be cured of your affliction." — Mark 5:34

In today's Gospel, we hear two accounts of Jesus healing. In one account, a woman was healed simply by touching Jesus' clothing. In the other account, Jesus restored the health of a child who had already died. These stories can make us wonder why Jesus doesn't heal everyone so there will be no more suffering or pain. The question remains, do we have faith, even if he doesn't answer our prayers the way we wish? Do we trust that he still loves us and accompanies us even during our darkest moments? Do we believe that by his death and resurrection, we can look forward to a time when there will be no more suffering? We may not understand God's plans for us, but we can be assured that ultimately they are for our good because "God is love" (1 John 4:8) and love conquers all evil.

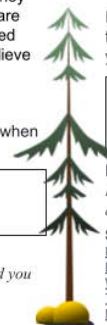
Is there someone in your family or community who needs to feel the healing touch of Jesus today? Is there something you can do to be Jesus' comforting presence for them?

Prayer:

Lord, save me from my doubts. Help me remember your goodness at all times.

Sources:

[Pier Giorgio Frassati: Get to know him!](#)
[St. Pier Giorgio Frassati \(Animated Short Film\)](#)
[WME: Blessed Pier Giorgio Frassati - Man of the Beatitudes](#)
[The Coolest Blessed You've Never Heard Of](#)
[My Catholic Family - 2016-12-05 - Pier Giorgio Frassati](#)



HOLY SPIRIT CCH 2024-2025 SCHOOL YEAR CALENDAR

Aug 26 First day for staff
Aug 28 Opening Mass

O – 5
I – 0

AUGUST '24						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER '24

S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Sept 2 Labour Day
Sept 3 First day for students
Sept 25 Div. Board Meeting
Sept 30 National Day for Truth and Reconciliation

O – 19 (24)
I – 19

Oct 14 Thanksgiving Day
Oct 23 Div. Board Meeting
Oct 28-31 Diploma Exams
Oct 30 Last day Q1

O – 22 (46)
I – 22 (41)

OCTOBER '24						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOVEMBER '24

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Nov 1 School PD Day
Nov 4-7 Diploma Exams
Nov 8 Wellness Day
Nov 11 Remembrance Day
Nov 12 Div. Collab. Day
Nov 13 First day Q2
Nov 27 Div. Board Meeting

O – 19 (65)
I – 17 (58)

Dec 18 Div. Board Meeting
Dec 20 Last day before break
Dec 21-31 Christmas break
Dec 25 Christmas Day
Dec 26 Boxing Day

O – 15 (80)
I – 15 (73)

DECEMBER '24						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JANUARY '25

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Jan 1 New Year's Day
Jan 1-5 Christmas break
Jan 6 First day after break
Jan 13-27 Diploma Exams
Jan 17 Last day Q2
Jan 22 Div. Board Meeting
Jan 27 School PD Day
Jan 28 First day Q3

O – 20 (100)
I – 19 (92)

Feb 17 Family Day
Feb 18 & 19 Unassigned time for teachers
Feb 20 & 21 SWATCA
Feb 26 Div. Board Meeting

O – 19 (119)
I – 15 (107)

FEBRUARY '25						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

MARCH '25

S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Mar 17 Div. Collab. Day
Mar 18 Spiritual Dev. Day
Mar 26 Div. Board Meeting

O – 21 (140)
I – 19 (126)

Apr 1-11 Diploma Exams
Apr 4 Last day Q3
Apr 11 School PD Day
Apr 14 First day Q4
Apr 17 Last day before Easter break
Apr 18 Good Friday
Apr 18-27 Easter break
Apr 21 Easter Monday
Apr 28 First day after break
Apr 30 Div. Board Meeting
O – 16 (156)
I – 15 (141)

APRIL '25						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MAY '25

S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

May 19 Victoria Day
May 28 Div. Board Meeting

O – 21 (177)
I – 21 (162)

Jun 11-25 Diploma Exams
Jun 16 Last day Q4
Jun 25 Div. Board Meeting
Jun 25 Last day students
Jun 26 School PD Day
Jun 26 Last day for teachers

O – 19 (196)
I – 18 (180)

JUNE '25						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

JULY '25

S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

No students
Stat Holidays
School PD/Div. PD/Spiritual Dev./Collab. Days
Div. Board Meetings
First and last days of the Quarter
Diploma Exams
First and last days for students
First and last days for teachers



Catholic Central High School 2024-2025 Bell Times

<u>Campus EAST</u>	<u>Campus WEST</u>
<u>Monday - Thursday</u>	<u>Monday - Thursday</u>
8:10 a.m. - 9:30 a.m. Block 1	8:10 a.m. - 9:30 a.m. Block 1
9:30 a.m. - 9:40 a.m. Break	9:30 a.m. - 9:40 a.m. Break
9:40 a.m. - 11:00 a.m. Block 2	9:40 a.m. - 11:00 a.m. Block 2
11:00 a.m. - 12:15 p.m. Flex	11:00 a.m. - 11:55 a.m. Flex
12:15 p.m. - 1:35 p.m. Block 3	11:55 a.m. - 1:15 p.m. Block 3
1:35 p.m. - 1:45 p.m. Break	1:15 p.m. - 1:25 p.m. Break
1:45 p.m. - 3:05 p.m. Block 4	1:25 p.m. - 2:45 p.m. Block 4
<u>Friday</u>	<u>Friday</u>
8:10 a.m. - 10:00 a.m. Blocks 1 & 2	8:10 a.m. - 9:50 a.m. Blocks 1 & 2
10:00 a.m. - 10:40 a.m. Break	9:50 a.m. - 10:30 a.m. Break
10:40 a.m. - 12:30 p.m. Blocks 3 & 4	10:30 a.m. - 12:10 p.m. Blocks 3 & 4

Important Shuttle information:

Monday - Thursday

Morning shuttle leaves East at 7:50 a.m. (at latest)

Midday shuttle leaves East at 11:10 a.m. / leaves West at 11:30 a.m.

End of day shuttle leaves West at 2:50 p.m.

Friday

Morning shuttle leaves East at 7:50 a.m.

Midday shuttle leaves West at 9:55 a.m. / leaves East at 10:05 a.m.

End of day shuttle leaves West at 12:15 p.m.