Catholic Central High School NEWSLETTER

November, 2026

Principal's Message

One of the statements I express to students at grade level meetings at the beginning of the school year is, "I promise you, time will go fast" and, proving this point, here we are already at the almost end of Quarter 1! The excitement that comes with "the first day of school" has been funneled into our four pillars of academics, faith, athletics, and fine arts; what started as an energetic beginning has settled into a smooth, steady routine for students and staff across the CCH community. As I write this near the end of Catholic Education Week, I feel a deep appreciation for our shared commitment to learning - particularly as we recognize the virtues of joy, charity, courage, faith, and hope throughout our school division. It is a true privilege to belong to a community that places Christ at the center of all that we do.



As this is a time of transition from one quarter to the next, I wanted to highlight those four pillars for those in our community who might not know of them.

ACADEMICS Catholic Central operates on the Quarter System. This means that each quarter is approximately 40 days in length (give or take a day or two). Quarter 1 has officially ended (October 30 was the last day of classes) and exams are written from November 2-6. Thus, students are only required to attend if they are scheduled to write an exam or need to access their teacher(s) for exam preparation or to finish off assignments. Quarter 2, then, will begin on November 9 (with November 9 and 10 being the first two days of the quarter). Please note, November 11 (Remembrance Day), November 12 (Division PD Day), November 13 (CCH PD Day) are no school days.

FAITH There are a few good and important service and faith-based events that occur in Quarter 2. The Santa's Anonymous Hamper Project (that has been in operation for well over 20 years) has officially started. Staff and students involved raise money through a variety of different ways (pumpkin sales, bottle drives, etc.) to purchase and organize hampers for those less fortunate in our Holy Spirit School Division. These hampers are blessed at our Advent Mass (on December 9) and are then delivered to families. If you are in a position to support this project in the form of a donation, please contact Tamara Wilson (wilsont@holyspirit.ab.ca). Lastly, beginning on November 27, there will be Advent Services held in classrooms every Friday as we prepare for the birth of Christ at Christmas.

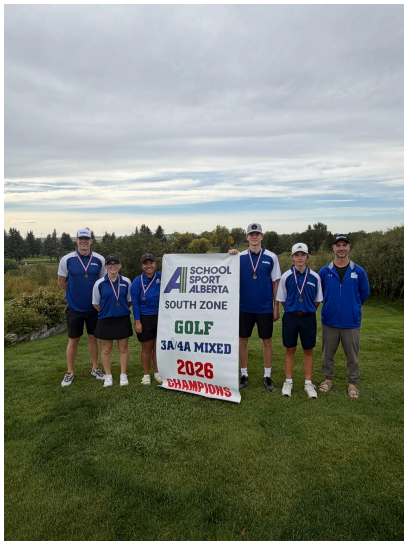


FINE ARTS Auditions for *Into the Woods* begin on November 2 (men's audition), November 3 (ladies' audition), and November 5 (callbacks). Audition sign-up sheets are posted outside The Knights of Columbus Eggplant, and information packages are available at both campus offices. For students who prefer off-stage roles, there are many opportunities to get involved with backstage crew, costumes, hair, makeup, or front-of-house operations. For inquiries, please email Mr. Dalton (dalton@holyspirit.ab.ca).



ATHLETICS It has been an exciting season for CCH Athletics. Congratulations to all athletes who represented us at zones and provincials for cross country and golf! Of note, the Golf Mixed Team brought home our first Zone banner (congratulations Liam Campmans, Courtney Froom, Nova Mulder, and Addyson Tatlonghari) and Anna Richter brought home a silver medal in the Junior Girls' Category at Cross County Provincials with a time of 16:13 for 4kms! Football and volleyball are wrapping up their seasons over the next few weeks, while curling and basketball are preparing to start.







CLUBS & STUDENT GROUPS Athletic Leadership, Students' Council, Robotics Team, and Yearbook are all actively meeting. Any student interested in joining can inquire about meeting schedules or contacts for these groups at either campus office.

As we transition into November, we also take time to honor the red poppy—a symbol of remembrance, hope, and peace. It reminds us of the sacrifices made by those who gave their lives so we could enjoy the freedoms we have today. This year, classroom services for Remembrance Day Tuesday, November 10. We will remember.

Wishing you many blessings and a meaningful month of Remembrance! - Mrs. Polec



Important Dates for Quarter 2



November



November 1 - Knights of Columbus Breakfast - See info below
November 2 - English Part B & FLA Part B Diplomas
November 3 - Math Diploma
November 4 - Chemistry & Social Part B Diplomas
November 5 - Physics & Biology Diplomas
- School Council Meeting - 6:00 p.m. in the CEast Library
- Post-Secondary Fair at LCI from 5:30 - 8:00 p.m.

November 6 - Science Diploma
November 9 - First Day of Q2 Classes and distribution of Honor Roll Certificates from the 2025-2026 Academic School Year
November 10 - Awards Night - 7:00 pm Campus East
November 11 - Remembrance Day - No School
November 12 - Division PD Day - No School
November 13 - CCH PD Day - No School
November 19 - Feather Blessing Protocol Evening - 5:30 p.m. CEast Library
November 25 - Division Board Meeting
November 27 - Advent Service #1
November 30 - Council of School Councils



December

December 2 - Christmas Concert
- CEast Gym @ 6:00pm

December 4 - Advent Service #2
December 9 - Advent Mass and Blessing of the Santa's Anonymous Hampers in the Campus East Gym
December 10 - School Council 6:00pm in the Campus East Library
December 11 - Advent Service #3
December 18 - Advent Service #4
- Last day of classes before Christmas Break

December 19-January 3 - Christmas Break!



January

January 4 - First day back after Christmas Break
January 14 - FLA Part A Diploma
January 15 - FLA Part B Diploma
January 18 - English Part A Diploma
January 19 - Social Studies Part A Diploma
- Last day of Q2 classes

January 20 - Math Diploma
January 21 - English Part B Diploma
January 22 - Social Studies Part B Diploma
January 25 - CCH PD Day
- Biology Diploma

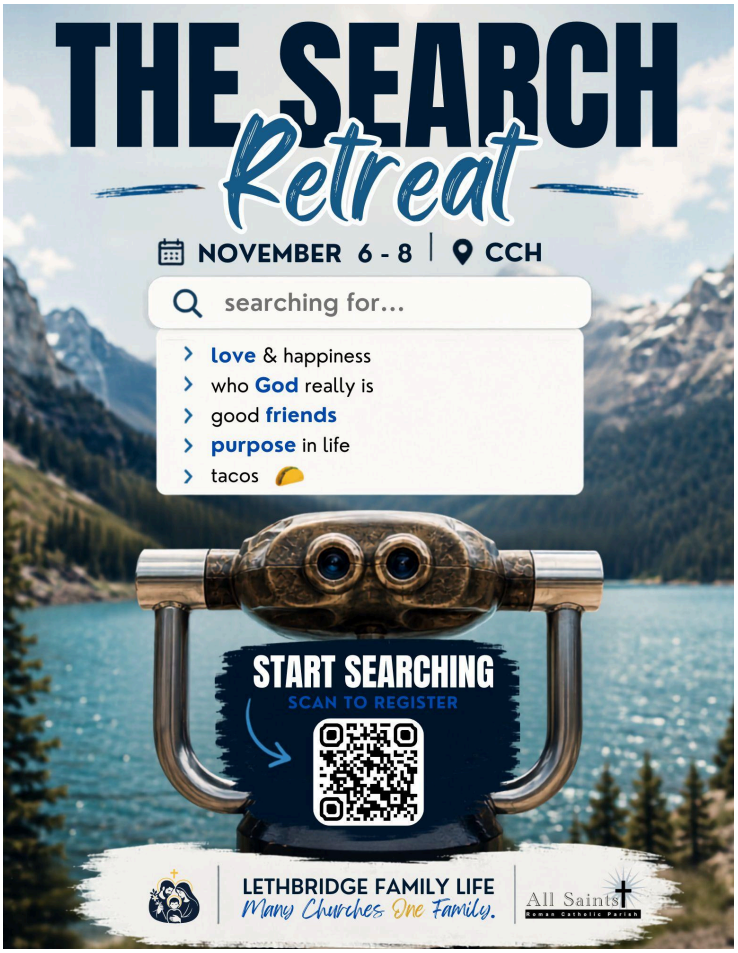
January 26 - Chemistry Diploma
January 27 - Physics Diploma
January 28 - First day of Q3 classes
- Science Diploma



Pancake Breakfast!

The Dragon Boat team (and willing student volunteers) will be assisting the Knights of Columbus to host a pancake breakfast at St. Martha's Church on **November 1.** Please join us after either mass on Sunday (9 am or 11 am) for a delicious selection of pancakes, sausages, eggs and fruit compote. Hope to see you there!







Catholic Central High School Annual Awards Night

November 10 at 7:00 p.m. in the CCH East Gymnasium

Congratulations to all students who will be recognized at our Annual Awards Night for the 2025-2026 school year! We are extremely proud of your academic success. Students, be reminded that if you received a letter for an award, please do your best to be in attendance. Should you be unavailable that night, please have someone accept the award on your behalf. As it is a formal event, please dress appropriately (semi-formal, which basically means no workout gear or jeans).

Thank you to all of our donors. Without your support, we would not be able to host such an amazing evening!

- Our Donors: CCH School Council, Knights of Columbus Council #1490, Knights of Columbus Council #5726, ARC28 Architecture and Interior Design, Kiwanis Club of Green Acres, The Weiler Family (Fred Weiler Memorial), Pahulje Family (Ludvik & Danica Pahulje), Class of 1964 50th Reunion, Mr. William Kolysher and Family, Cal O'Brien Memorial Fund, The Beresnak Family (Douglas Beresnak Memorial), B'Nai Brith Lodge, 1st Choice Savings & Credit Union, The Hurkens Family, CUPE #1825, Cougar Basketball Club, The Genevieve Yates Foundation, CCH Music Parents Association, The Yamashita Family, Mrs. Pat Kensley, Phyllis and Ray White, Rotary Club of Lethbridge, Mirella Zappone Endowment Fund, Vittorio, Kathy, and Cara Oliverio, Banditos Incorporated, All Saints Catholic Women's League, Holy Spirit Catholic Teachers A.T.A Local #5, St. Martha's Knights of Columbus Council #9280, St. Patrick's Knights of Columbus Council #10547, Vera and Albert Kenwood, and the Government of Alberta.
- London Road Market for providing the cookies for our grade 10 and 11 Honors Certificate recipients
- Our Special Guests: Elders and Knowledge Keepers, Board of Trustee and Senior Administration members who attended, members of School Council, CCH staff
- The Awards Committee: Mrs. Christensen, Mr. Leroux, Mrs. Lambert, Mrs. Wilson, and our Masters of Ceremony, Mr. Comchi and Mr. Lutz





HONOUR ROLL DISTRIBUTION

Honour Roll Distribution will be held Monday, November 9th at 10:45am in the Cafeteria (East) and Gathering Space (West). We look forward to celebrating students that achieved Honour Roll standing for the 2025-2026 school year. Students will be recognized in their individual classrooms followed by a brief gathering where students will receive a treat and take part in a group photo. Parents are welcome to attend should they wish to participate in the gathering. Please note that Honour Roll certificates are distributed to students who achieved a combined average of 85%. This average includes Religious Education, English Language Arts, and 3 other core classes completed at Catholic Central High School or Trinity Learning Centre. Questions should be directed to Mrs. Christensen (Academic Guidance Counsellor) after certificates are distributed on November 9th.



Stay up-to-date with your child's school bus route!

Bus routes can change, and we want to make sure you don't miss any important updates. You can always find the most up-to-date bus routes at: southland.ca/lethbridge

Want to know where your child's school bus is in real time? Download the myBusStop school bus app at: mybusstop.ca
CCH access codes are:
East Campus - HSR2OA6ZVU
West Campus - HSR8F62138



4A Girls Volleyball Zones will be hosted at CCH West on November 13-14. The schedule will be posted on our social media channels the week of.

SCHOOL COUNCIL

PLEASE JOIN US AT SCHOOL COUNCIL!

Follow the **CCH School Council** on Instagram! 📸 Stay up to date on school news, events, and ways to get involved. Every parent/guardian is welcome — our meetings are informative, collaborative, and best of all, there's **no fundraising!**

👉 cchschoolcouncil
Also, check out our meeting minutes on our webpage:
https://cch.holyspirit.ab.ca/school_council

INTRODUCING THE 2026-2027 SCHOOL COUNCIL EXECUTIVE
Chair - Mandy DeCecco Kolebaba
Vice-Chair - Heather Spiess
Secretary - Amber Baines
Treasurer - Kayla Knowles
Social Media/ Instagram Lead - Kira Kinahan
Our next meeting is on November 6 at 6:00 p.m. in the library on Campus East. All parents and guardians are welcome to attend!



SCHOOL FEES REMINDER

This year's school fees are now due. Kindly remit as soon as possible. Fees may be paid using School Cash On-line, or at the school office by cash or cheque only!
Please contact Mrs. Tamara Wilson if you have any questions.

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volunteer lethbridge

Volunteer Lethbridge is hosting a youth speed matching volunteer event. You will meet individually with each nonprofit organization throughout the afternoon for 5-minute introductions to find out about the organizations, and explore volunteer opportunities.
Please check it out!
Wednesday, November 18 from 4-6 pm at the Volunteer Lethbridge Office located at 324 - 5 Street South. You must be 16 years of age to register.
Contact Nicole Bosh @ 587-425-6967 for more information.



Parent Information About End of Quarter 1 and Start of Quarter 2

The last day of Quarter 1 classes is October 30.

November 2-6 is Quarter 1 Exam Week. Only students who have a scheduled exam or need to access teachers for exam support and/or to finish assignments will need to attend.

This is also a good time to:

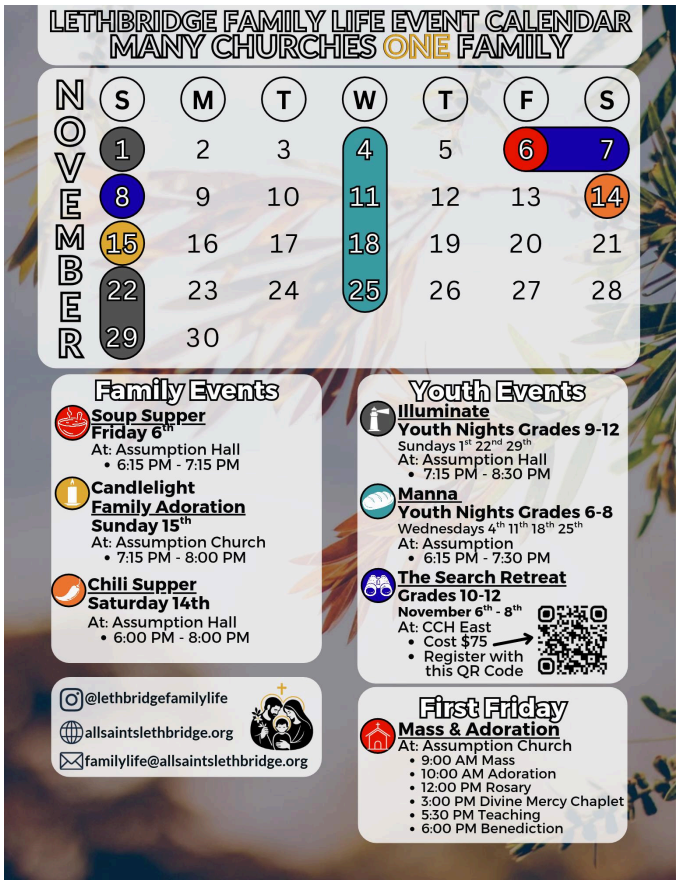
- ★ arrange for a locker on either campus - please email:
  - Mrs. Lambert on Campus East lamberta@holyspirit.ab.ca
  - or Mrs. Aasman on Campus West aasmanj@holyspirit.ab.ca
- ★ inquire about transportation - please contact:
  - Mrs. Mudri at mudrib@holyspirit.ab.ca
- ★ review academic programming - please email our Academic Guidance Counselors:
  - Mrs. Christensen christensend@holyspirit.ab.ca
  - or Mr. Leroux lerouxc@holyspirit.ab.ca

November 9 is the first day of Quarter 2.

We are looking forward to the

Cal O'Brien Classic JV & SR Girls Basketball Tournament

to be held December 3-5, 2026 at CCH





Athletic Calendar

There have been revisions to league games, tournaments, playoffs, etc. To find a copy of the revised calendar, please access it here:

https://cch.holyspirit.ab.ca/athletics





Career Centre NEWS

WORK EXPERIENCE APPRENTICESHIPS RAP

Get a head start on your career with Work Experience and RAP! These programs let you earn anywhere from 15 to 40 high school credits while working on the job. Choose Work Experience to pick up as many as 30 credits. Or, join RAP to earn up to 40 credits and build hours toward your official apprenticeship at the exact same time!

GREEN CERTIFICATE

The Green Certificate Program is an industry-driven agricultural training curriculum that allows high school students to earn up to **16 credits** and gain a recognized credential while working on a farm or ranch.

Save the date!!

- **Dual Credit Registration (Lethbridge Polytechnic): Opens October 29 with a deadline of November 27. Info is on Google Classrooms, with CCH Flex information sessions on November 9 and 16. Orientation is mandatory after registration.**
- **Post-Secondary Fair: Happening November 5 at LCI from 5:30 PM to 8:00 PM, featuring 15 Alberta institutions.**
- **Career Cluster of the Month: Science, Engineering, Manufacturing & Energy. Details are on Google Classrooms, bulletin boards, and in CCH Flex sessions.**

TRADES4U

CURIOUS ABOUT THE SKILLED TRADES? DON'T JUST HEAR ABOUT IT—TRY IT! REGISTER FOR TRADES4U TO TACKLE A HANDS-ON ACTIVITY DURING AN EXCLUSIVE 2-3 HOUR SESSION WITH LEADING EMPLOYERS.

LIMITED SPOTS AVAILABLE!
OPEN TO STUDENTS IN GRADES 9 -12.
REGISTRATION OPENS OCT 31. LIMITED SPACE AVAILABLE.

HTTPS://SHORTURL.AT/I9VNT



DUAL Credit

LETHBRIDGE POLYTECHNIC

WINTER 2027 FEB 1 to MAY 12

AGS1100 - Foundations of Agriculture
BIO1155 - Human Nutrition
BIO1160 - Anatomy and Physiology I
BIO1167 - Botany
BIO1172 - Ecology
BUS1177 - Entrepreneurship
CJP1160 - Introduction to the Criminal Justice System
COM1162 - Interpersonal Relationships & Communication
ECE1155 - Introduction to Early Childhood Education
ENG1150 - Composition
ENG1159 - Writing for the Workplace
GEO1166 - Physical Geology
INS1155 - Introduction to Indigenous Studies
MKT1188 - Introduction to Marketing
PSY1160 - Introduction to Psychology
SOC1160 - Introduction to Sociology *pending approval

*********APPLICATION DEADLINE NOV. 27, 2026**

EARN COLLEGE AND HIGH SCHOOL CREDIT WHILE IN HIGH SCHOOL

SOUTHERN ALBERTA COLLEGIATE INSTITUTE

WINTER 2027

TRA1131 - Introduction to the Trades
TRA1132 - Introduction to Transportation Trades
TRA1135 - Introduction to Culinary Trades
VXR1160 - Art & Design for Extended Reality
Pre Employment trades

*********APPLICATION DEADLINE NOV 27, 2026**

OLDS COLLEGE OF AGRICULTURE & TECHNOLOGY

WINTER 2027 - FEB. 24 - MAY 19

ACT1012 – Accounting Principles II
ANH1050 – Introduction to the Veterinary Profession
ANH1510 – Veterinary Medical Terminology
CEA 1040 – Operating Controlled Environment Systems
COM1020 - Workplace Communication
GIS1300 – Introduction to GIS
MGT1000 – Principles of Management
SPM1020 – Training for Performance

******APPLICATION DEADLINE FEBRUARY 17, 2027**

How We Help

The Career Centre provides students with valuable off-campus experiences, as well as guidance in post-secondary planning, scholarships, and career preparation. Our off-campus opportunities include the Registered Apprenticeship Program (RAP), Work Experience, Early Learning Level 1, Green Certification, Special Projects, and Dual Credit programs. Through Dual Credit, we partner with Lethbridge Polytechnic, Olds College, and Bow Valley College, as well as intermittently with the University of Lethbridge. Whether you are connecting with our Career Practitioner, Mrs. Bam, or our Off-Campus Coordinator, Mr. Boschee, we are here to support you in planning your future.

Holy Spirit CATHOLIC SCHOOL DIVISION

Mark Boschee
Off Campus Education Coordinator
Cell: 587-220-4358
Office: 403-327-4596
boscheem@holyspirit.ab.ca
hsoffcampus@holyspirit.ab.ca

Lize Bam
Career Practitioner
baml@holyspirit.ab.ca

CCH Campus East
405-18 Street South
Lethbridge, AB
T1J 3E5
holyspirit.ab.ca



Sharing Our Faith

THE LITURGY OF THE WORD (Part 1)

When the scriptures are read to us at Mass, the reader proclaims the Word of God. This means that God himself is speaking to us. Typically, the first reading will come from the Old Testament (unless it is the Easter season), while the second reading will come from the New Testament. Sunday readings follow a three year cycle:
Year A - focuses on the Gospel of Matthew
Year B - focuses on the Gospel of Mark
Year C - focuses on the Gospel of Luke
The Gospel of John is often highlighted during the Easter season in the cycles.
This year we are in Year A until Advent, when we will move to Year B.

The First Reading
The reading from the Old Testament is chosen to prepare us for what is coming in the Gospel. It is said that what is hidden in the Old Testament is revealed in the new; God has not only been working from the beginning of time to call to us today, but He also placed foreshadowing and preparation for Christ specifically into the Old Testament that is made real when Christ comes. We respond to the reading by saying "Thanks be to God."



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THE LITURGY OF THE WORD (Part 1)

The Gospel (cont'd)
The priest or deacon will then begin by greeting us again - "The Lord be with you!", to which we reply "and with your spirit." As he tells us which book the Gospel is drawn from, you will see people tracing a cross on their foreheads, lips, and hearts. During this, people are praying that the word of God will be in their mind, on their lips, and in their heart as a way of opening themselves to receive the Gospel. At the conclusion, the priest or deacon will close by saying "The Gospel of the Lord," to which we reply "Praise to you, Lord Jesus Christ."

The Homily
Typically, the congregation will then be seated and the priest or deacon will deliver a homily, which is a message that explains the meaning of the readings and how we can live out that theme. This ends when the person delivering the homily sits, creating a brief moment of time where we pause in silence before the next part of the Mass.



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THE LITURGY OF THE WORD (Part 1)

The Psalm
Sometimes called the responsorial psalm, this is often (but not always) sung. The psalms themselves are ancient Jewish hymns that express the whole range of human emotions, from joy to anguish. An interesting thing to think about in the psalms is that Jesus, himself raised in the Jewish tradition, would have spoken these exact same words! The response in the psalm that we reply with is usually also connected to the theme of the day's readings.

The Second Reading
In a weekday Mass, there is no second reading, but on Sundays, we follow the psalm with a reading from the New Testament; usually from a letter (sometimes called an epistle) that is written to an early Christian community to held to guide their faith and behaviour. These communities went through all of the same challenges that we do today - so the lessons are true throughout time. We respond to the reading by saying "Thanks be to God."

The Gospel
When it comes time to the Gospel, things change in the Mass. We stand, called by the Gospel Acclamation - this is a series of Alleluias around an excerpt of the Gospel text or message. While this is occurring, the priest or deacon will process from the altar to the Ambo with the Book of the Gospels.



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REFLECTIONS

"The readings for each Sunday's Mass follow the pattern of salvation history. They begin with the Old Testament, move to the New Testament, and culminate in the proclamation of the Gospel. In each liturgy we are intentionally made to reread and and relive the great moments of our salvation, the salvation for which we give God thanks and praise in the Mass." (Binz, The Mass, 70)

The reading mentions that Mass helps us relive the 'great moments of our salvation.' What is one story from the Bible—either from the Old or New Testament—that helps you remember how much God loves you, and why?

"Our experience of the biblical text can be life transforming because we receive the Scriptures "not as a human word but as what it really is, God's word" (1 Thess 2:13). Through the liturgical proclamation of the word of God, Jesus Christ is present in the midst of the assembly, just as surely as he is present in the sacrament of his body and blood." (Binz, The Mass, 70)

The quote highlights receiving the Bible 'not as a human word but as what it really is, God's word.' What is one practical step you can take to open your heart to hear God's voice when the Scriptures are read this week?

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Catholic Central High School Quarter 1, 2026 Exam Schedule

	Time	Course	Campus	Teacher	Room #
Thursday October 29	**9:00 AM**	Eng 30-1 Part A	East	Omilon	Gym
Regular Class Day		Eng 30-1 Part A	East	Cox	Gym
		Eng 30-2 Part A	East	Yanke	Gym
Friday October 30	**9:00 AM**	Soc 30-1 Part A	East	Skauge	Gym
Regular Class Day		Soc 30-1 Part A	East	Gilbert	Gym
Monday November 2	**9:00 AM**	Eng 30-1 Part B	East	Omilon	Gym
		Eng 30-1 Part B	East	Cox	Gym
		Eng 30-2 Part B	East	Yanke	Gym
		Eng 20-2	East	Goble	Gym
		Eng 20-2	East	Richards	202
		Eng 10-1	East	Yanke	126
		Eng 10-2	East	Omilon	127
		Eng 20-1	West	Cox	Gym
		Eng 10-1	West	Schmidt	Gym
Tuesday November 3	**9:00 AM**	Math 30-1	East	Charlene Leroux	Gym
		Math 30-2	East	Point du Jour	Gym
		Math 20-2	East	Hammel	124
		Math 10C	East	Miller-Schackleton	202
		Math 20-1	West	Charlene Leroux	Gym
		Math 10C	West	Giannetti	Gym
		Math 10-3	West	Lebleu	Gym

Wednesday November 4	**8:30 AM**	Chem 30	East	Goruk	124
		Soc 20-1	East	Burbank	209
		Soc 10-1	East	Feser	213
		Chem 20	West	Vuong	523
		Soc 20-2	West	Melchin	Gym
		Soc 10-1	West	Melchin	Gym
	12:00 PM	Soc 30-1 Part B	East	Skauge	Gym
		Soc 30-1 Part B	East	Gilbert	Gym
Thursday November 5	**8:30 AM**	Physics 30	East	Schwark	Library
		Bio 20	East	Nummi	105
		Physics 20	West	Schwark	Gym
		Bio 20	West	Balog	525
	12:00 PM	Bio 30	East	Balog	Gym
		Bio 30	East	Nummi	Gym
Friday November 6	**9:00 AM**	FLA 20	East	Dalton	131
		Sci 10	East	Hawker	107
		Sci 10	West	Wojtowicz	Gym
		Sci 20	West	Wojtowicz	Gym

*This schedule is subject to change. Please confirm dates & times with your teacher.



Bus Schedule for 2026-27 Quarter 1 Exams

MONDAY November 2	TUESDAY November 3	WEDNESDAY November 4	THURSDAY November 5	FRIDAY November 6
Morning buses will run at normal times	**Morning buses** will run at normal times	**Morning buses** will run at normal times	**Morning buses** will run at normal times	**Morning buses** will run at normal times to Campus East only
No midday flex shuttles	No midday flex shuttles	No midday flex shuttles	No midday flex shuttles	No midday flex shuttles
Campus East buses are running at normal times	**Campus East** buses are running at normal times	**Campus East** buses are running at normal times	**Campus East** buses are running at normal times	**Campus East** buses are running at normal times
Campus West no end of the day buses	**Campus West** no end of the day buses	**Campus West** no end of the day buses	**Campus West** no end of the day buses	**Campus West** no buses

Please make sure to plan ahead

