

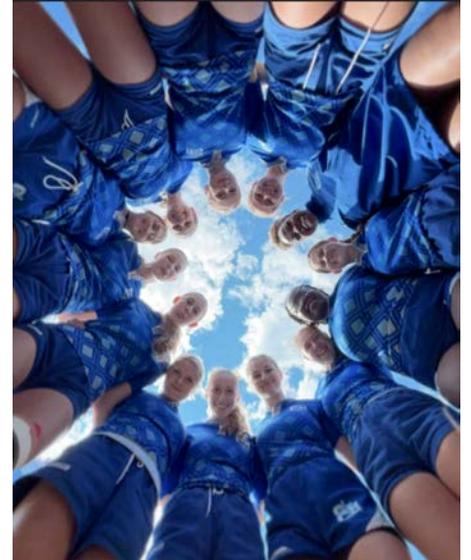
June, 2025

Principal's Message

And here we are... June 2025.

The beginning of the end — and what a year it's been! While there's still a flurry of activity in all four of our pillars — faith, academics, fine arts, and athletics — we are beginning to look toward winding things down and reflecting on the many memories we have created together.

This year also marks the conclusion of the Holy Spirit Catholic School Division's three-year faith plan: *Pilgrims on the Journey*. This theme has guided us in walking together in faith, with purpose and intention. As this chapter comes to a close, we are excited to look ahead to the introduction of a new faith plan (yet to be announced) and our new calls to action as a school community. Moving forward, we will continue to "Arise!" and respond to God's call, "Build!" by sharing our gifts and service to the common good, and "Proclaim!" Christ's message boldly through our words, our actions, and our witness to others.



This message is my final chance this year to express just how grateful we are to have Proclaimed! so many meaningful and impactful experiences together. Whether in classrooms, on the court, through the arts, or in our moments of prayer and service, we have lived our faith and values out loud. Without question, what we have at Catholic Central High School is something truly good and important.

Parents, guardians, families, staff, students, alumni, and everyone who continues to uplift and support this community — thank you. It is through your collective efforts and unwavering commitment to student learning, faith, and well-being that we head into summer feeling proud of all we have accomplished (and, let's be honest, maybe just a little tired — whew!).

We are especially grateful for those who have shown remarkable dedication to Catholic Education and to CCH throughout this school year:

- To our parents and guardians — thank you for entrusting us with your children. It is an honour to walk alongside them as they grow in knowledge, character, and faith.
- To our parish priests — your spiritual leadership grounds us and lifts us. We are so thankful for your guidance.

Catholic Central
High School

NEWS
LETTER



403-327-4596

- To our Elders and Knowledge Keepers – thank you for your wisdom and support in our continued journey toward Truth and Reconciliation.
- To our staff – your dedication and heart have made this year meaningful for every student. Your impact is profound.
- To our alumni – thank you for continuing to share your gifts – your time, talents, and generosity – to help strengthen our community.
- To our students – what an incredible year! Be proud of what you’ve achieved. You continue to inspire us.
- To all who support the good and holy work we do at CCH – we are truly grateful.
- And above all, to our Almighty Father – thank You for surrounding us with such extraordinary people, who help us find purpose and joy every single day.

As we wrap up the year, we also take a moment to honour and celebrate members of our community who are moving on:

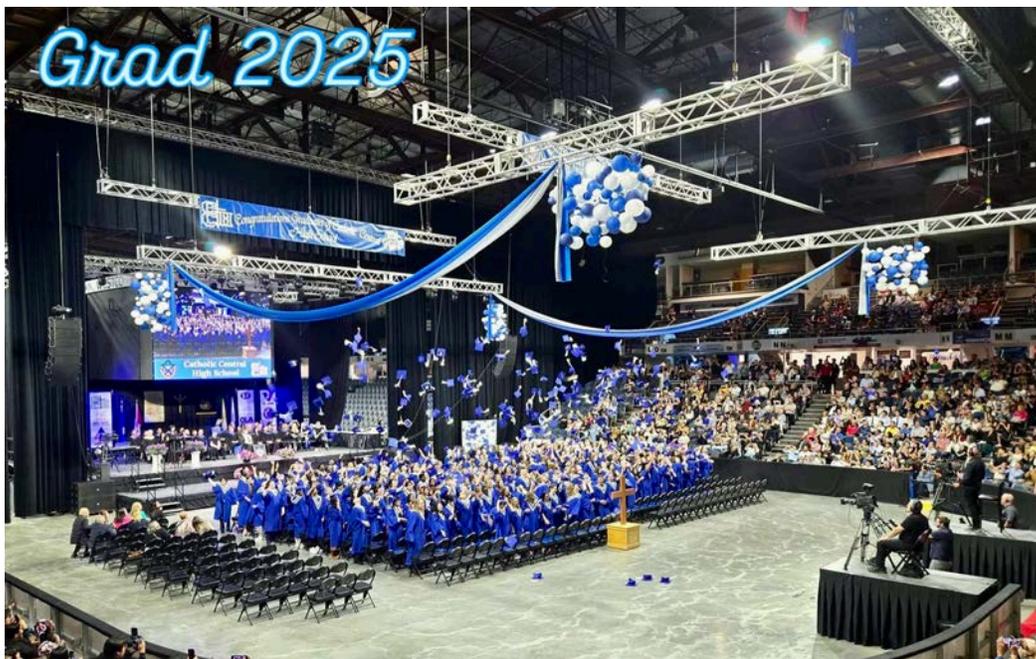
- Mrs. Mathison, Mr. Reichert, and Mrs. Yearous – Congratulations on your retirement! May your next chapter be filled with joy, peace, and God's continued blessings.
- Mrs. Hawker – More baby Cougars on the way! Congratulations!

And with that, dear CCH family, I wish you a summer full of laughter, sunshine, and some well-deserved relaxation. Thank you for helping us Proclaim! God's love in every part of school life this past year.

For those families and grade 12 students who will be leaving Catholic Central, remember the message I shared with you at the end of the convocation ceremonies: “You’re doing fine. You’re exactly where you need to be. And Vienna waits for you - so breathe deeply, walk gently, and trust your own rhythm.”

For those families and students who will be returning.... see you at the end of August!

Blessings always,
Mrs. Polec



june

4 - "In Full Bloom"

Concert - 6:30 p.m. @ Lethbridge
Evangelical Free Church

5 - Student's Council Spring Dance -

6:00-9:00 pm on Campus West

9 - Grade 12 French Immersion

Celebration - 5:30-7:00 pm on
Campus East

10 - Closing Mass & Athlete & Fine
Arts Students of the Year - 9:30 am
on Campus East

11 - English Part A Diploma &
First Nations, Metis, and Inuit
Awards Night on Campus East

12 - Social Part A Diploma &
School Council Meeting - 6:00 pm
on Campus East

13 - French Part A Diploma

16 - French Part B Diploma &
Last Day of Q4 Classes

17 - Math Diploma

18 - English Part B Diploma

19 - Social Part B Diploma

20 - Biology Diploma

21 - National Indigenous Peoples
Day

22 - Corpus Christie

23 - Chemistry Diploma

24 - Physics Diploma

25 - Science Diploma &
Last Day for Students

26 - Last Day for Staff (CCH PD Day
- schools closed)



CCH MUSICAL ARTS PRESENTS

In Full Bloom

A MUSICAL CELEBRATION

CHOIR | INSTRUMENTAL | MUSIC

Wednesday June 4th | 6:30 PM | Doors open at 6:15 PM
Evangelical Free Church of Lethbridge | 4717 24 Ave S. Lethbridge
Tickets available via School Cash Online | \$10

Featuring the following
guest ensembles in our
final number:

- SFJH Junior High Choir
- FLVT Junior High Choir
- SPFA Div 2 Choir
- SP Choir
- various HolySpirit staff
and guest clinicians



Proceeds will go to:
venue rentals;
instrument
maintenance, repair
and purchase; music
purchases; accompanist
fees; and program
costs.



Graduation 2025 Thank you

It was an absolute pleasure and honor to oversee “all-things-grad” and there are many people who deserve our gratitude.



- Mr. Vercillo: for his help wherever or whenever needed – assisting with set up and rehearsals, helping with graduates, un-decorating, making sure the grad class stayed safe – name it and he was there to help. Oh, and how about that job he did announcing 300 Grad Statements?! I think there is an announcer’s job in there somewhere should he ever change his plans of being an administrator!
- Mr. New: for all his help with coordinating the Grad Mass, distribution of certificates, set-ups and take-downs, and for allowing me to focus on what I needed to do.
- Mr. Comchi: for all his help with rehearsals, set-ups and take-downs, distribution of certificates, and making sure the grad class felt honored and safe.
- Mrs. Christensen: for not only overseeing the Grad Mass but for being at every meeting that led up to grad to take notes and fill in wherever needed and for helping with smooth transitions from one event to the next.
- Mr. Dalton: for being the master of all lists and for doing one of the hardest jobs in organizing our graduates so they were ready, in the order or group they needed to be in, and looking their best.
- Mrs. Ross and Mr. Hansen: for all their work on the grad list and for ensuring each student received the right certificate!
- Mrs. Sutter, Ms. Magill, Mrs. Aasman, Mrs. Gurr, and Mrs. Wilson: for all the pre-grad work that was done, certificates, grad lists, slides, grad fees, grad photos, and gown organization.... and even washing and ironing tablecloths!
- The Staff Grad Committee: Mr. Balog, Mr. Cavilla, Mrs. Christensen, Mr. Comchi, Mr. Cox, Mr. Dalton, Ms. Ens, Ms. Fox, Mr. Gilbert, Mr. Hansen, Mrs. Hawker, Mr. Ledsham, Mrs. Leroux, Mr. New, Mr. Pasquotti, Mr. Point du Jour, Ms. Ross, Mr. Schmidt, Mr. Spiess, Mrs. Sutter, and Mr. Vercillo for everything they did to ensure everything ran as smoothly as it did from beginning to end.
- Ms. Fox, Mrs. Kirkvold, and Mr. Gilbert, plus the First Nations, Metis, and Inuit Education Committee for organizing the Feather Blessing and Metis Sash Ceremony. A special thank you to Elders HolySpirit and Catholic Central Elders for bestowing eagle feathers and metis sashes to our graduates. Also, thank you to Luigi’s North for catering the meal. to Mrs. Yawney and the Foods class for preparing berry soup, bannock, and mint tea and to CCH staff for helping to serve both the meal and the treats!
- Mr. Comchi and Mr. New and the B&E class: for providing graduates with grad hoodies.
- Mrs. Christensen: for organizing the grad mass and working with our commentator, readers, & offertory. And to Mr. Spiess for arranging clergy, sacristans, and altar servers for facilitating with set up.
- Mr. Cavilla, Mr. Gilbert, Mr. Spiess: for turning the arena into a sacred space for grad mass.
- Ms. Ens, Concert Choir, and Mrs. Plewes for providing us with beautiful music for mass.
- Mr. Cox and Mrs. Richards: for working with and guiding all of the student speakers and MCs.
- Mrs. Leroux and the decorating committee, including Mrs. Hawker, Ms. Magill, Mrs. Yearous, Mr. Hammel, Mrs. Dudas, Mrs. Patterson, Mr. Hogan, and Mr. Leroux for coordinating the decorations at the arena. They had a HUGE job of setting up but the arena looked beautiful!
- Mr. Dalton and Mr. Goruk: for always being a calming presence (especially for Mrs. Polec) when it comes to organizing students into lines and directing the procession during the mass, the convocation, and the Grand March. Also, thank you for getting students picture-ready and feeling less anxious as they took the stage.
- Mrs. Hawker and our Students’ Council ushers: for distributing programs and seating our guests.
- Mr. Dalton, Mr. Goruk, Mr. Schmidt, Mrs. Richards, and Ms. Ross for ensuring all grad gowns were collected after convocation.
- Mrs. Hartman, Ms. Goble, Mr. Cavilla, Mr. Dom Point Du Jour, Mr. Hammel, Ms. Ens, Mrs. Christensen, and Mrs. Yearous for representing staff of Catholic Central during the distribution of certificates.

- Mrs. Larson: for creating the beautiful programs.
- Mrs. Stacy Henderson, Ms. Omilon, and Mrs. Yearous for taking pictures at the Grand March and for sharing your photographs with our families of the graduates.
- Priests and Deacons: for being a visible presence at our graduation Mass and for their spiritual support of our students. Thank you especially to Father Kevin, Father Santiago, as well as Deacon Jim, Deacon Peter, and Deacon Bruce.
- Helen Manzara: for being the Sacristan.
- Bridge Brass Quintet: for providing beautiful music during mass.
- All those who were Altar Servers, Eucharistic Ministers and Ushers during distribution of communion.
- Mr. Rosen: for running the Grad Mass slides.
- Ms. Magill: for running the Convocation slides.
- Mrs. Gibb: for bringing the warmest of greetings from the Board.
- Ms. Axani: for bringing greetings from the Superintendent.
- All our Trustees and Senior Administrative Leadership Team who attended the mass and convocation.
- Mrs. Ruaben: for being present at the mass, convocation, and grand march to celebrate those students who attended Trinity E-Learning School.
- Feature Productions and PB Pro Audio: for making the entire weekend one to be proud of! Your ability to convert a “normal” production into one to cherish and remember is unmatched.
- Staff of the VisitLethbridge.com Arena, especially Robin Sakamoto and Dakota Oler: for their excellent service and continued guidance and support throughout the planning process.
- Sounds Unlimited Inc: for providing the music for the grand march and for the dance.
- Luis Hernandez and his crew from Life Touch Photography: for taking the grad pictures, the group picture and pictures of the graduates receiving their certificates. And head caretaker for Campus West, Mr. Urbanczyk for organizing the “lift” for the group photo!
- The Lethbridge Herald, especially Alejandra Pulido-Guzman: for the wonderful write up in the paper on our valedictorian!
- Candle lighters representing alumni, parents, CCH staff, Holy Spirit staff, clergy, and trustees: Father Santiago, Trustee Bob Spitzig, Nikki Cale, Kelly Roth, Coreen Packham, Wendy Urquhart, Emily Fox, Gil Balmes, Darrel Wagner, and Allison Mullin.
- School Council for their lovely gift of rosaries for our graduates.
- Mrs. Urquhart: for preparing the French Certificates for those grads who have completed 12 years of French Immersion.
- All Staff of CCH: All the staff present throughout the weekend’s events for guiding students to where-ever they needed to be during the mass, the convocation, and the Grand March. For being available to students, for acting as substitutes for teachers involved directly in the grad activities and for their quiet, constant commitment to making graduation a memorable event for students. Graduation is a gift that the staff of CCH gives to our students.
- Parents/ Guardians and family members: for sharing your children with us over the past three years!
- Grade 12s: We are very proud of how you took care of each other and walked together. You carried yourselves with dignity and class. It was an honor and a pleasure to celebrate with you!

Thank you to all who have made this event meaningful, memorable and successful.

Mrs. Joanne Polec
Principal of Catholic Central

GRAD MASS LINK: <https://vimeo.com/1082604023>

CONVOCATION LINK: <https://vimeo.com/1082604574?share=copy>

GRAND MARCH AND DANCE LINK: <https://vimeo.com/1082605041?share=copy>



IMPORTANT INFORMATION

2025-2026 Student Timetables will be made available to various grade levels in paper form (printed and distributed) on these dates: June 16 - all next year's grade 12 and 11 students will receive their timetables; June 20 - all next year's grade 10 students (at St. Francis, FLVT, St. Catherine, and St. Joseph) will receive their timetables. If students wish to make timetable change requests in June (rather than waiting until August), administration and guidance counselors will facilitate these changes on the following dates:

- ◆ Grade 12s - June 17 & 18
- ◆ Grade 11s - June 19 & 20
- ◆ Grade 10s - June 23 & 24
- ◆ All grades - June 25
- ◆ Please note: School Closed on June 26 and 27

After these dates, no timetable change requests will be made until we reopen in August.

- August times and dates to note
 - Wednesday, August 20
 - ◆ First day school reopens. Administrative Team and Counselors will be present on Campus East only for timetable change requests from 9:00 a.m.- 3:00 p.m.
 - Thursday, August 21
 - ◆ Campus East will be open for timetable change requests from 9:00 a.m.- 3:00 p.m.
 - Friday, August 22
 - ◆ Campus East will be open for timetable change requests from 9:00 a.m.- 12:00 p.m. but please note that there will only be guidance counselors as administrators are at meetings at the board office
 - Monday, August 25
 - ◆ All staff return. School Closed for Staff Meetings.
 - Tuesday, August 26
 - ◆ Both Campus East and Campus West will be open for timetable change requests from 9:00 a.m. to 3:00 p.m.
 - Wednesday, August 27
 - ◆ Both Campus East and Campus West will be open for timetable change requests from 9:00 a.m. to 3:00 p.m.
 - Thursday, August 28
 - ◆ Both Campus East and Campus West will be open for timetable change requests from 9:00 a.m. to 3:00 p.m.
 - Friday, August 29
 - ◆ Division Opening Mass - all schools closed.
 - Monday, September 1
 - ◆ Labor Day - the school will be closed.
 - Tuesday, September 2
 - ◆ First Day of Quarter 1 Classes!

A MESSAGE ABOUT TIMETABLE CHANGES:

Catholic Central has a rigorous process for creating timetables (a process that began in January) that balances numerous factors including high school graduation requirements, teacher availability and allocation, classroom space, dual campus programming, and individual student needs. As a result, we cannot continue to accommodate individual timetable change requests on a quarterly basis as all sorts of demands that are not emergent in nature, throws the timetable out of balance. Additionally, we have been directed by the school board to consider the rising cost of transportation when constructing timetables for students to limit the need to travel (via shuttle buses). Therefore, timetable requests will be considered on a "case-by-case" basis but administration and guidance counselors will reserve the right to not grant every request. We kindly ask that students and parents support the current timetable. Adjusting to the schedule provided is crucial for maintaining student access to programming while ensuring operational efficiency of our school. Flexibility and resilience are key skills that will benefit students throughout their educational journey and beyond.

Reflections on our Faith Retreat . . .

We are filled with gratitude and joy as we reflect on the incredible experience of our recent Student Faith Retreat! It was a day of spiritual renewal, heartfelt worship, and powerful community, and we are especially thankful for the presence of our guest speaker, Chris Bray.

Chris brought energy, authenticity, and a profound message of God's love that resonated deeply with everyone present. Through his inspiring talks and music, students were reminded that faith is not just a belief—it's a way of life rooted in a relationship with Christ.

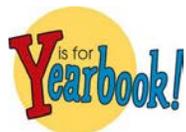
Some of the highlights from the retreat:

- Moving worship led by Chris through music and his great storytelling
- Students and Staff sharing moments of reflection on their own faith journeys through our Witness Testimony Activity
- An opportunity to pray together with our Rosary Meditation Activity

Thank you to the Knights of Columbus and our School Cafeteria for providing lunch and snacks for the students. Also to the staff of Catholic Central for leading our students through this retreat. The Holy Spirit was truly at work, and we are already seeing the fruits of this experience in our school community. Let's continue to build on what we've experienced—encouraging one another in faith and keeping our hearts open to God's ongoing call.

God Bless

Matthew New
Associate Principal of Catholic Central High School



The deadline to pre-order your yearbook has been extended to June 16. Yearbooks will arrive and be available for pickup in early September. Thank you again to our CCH community for your support!

Attention Students!

Reminder: Please make sure to clean out your locker(s) by the last day of classes, **June 16th**. If you have lockers on both campuses, don't forget to empty both. Any items left behind after this date will be donated to Goodwill.



School fees are now past due! While we know it has been a particularly challenging year, we do rely on these fees to help provide programming options to students, as well as classroom resources and instructional tools for staff and students. Please go to our school homepage and use the "Fee Payment" button to pay through SchoolCash Online. If you have any issues or need to arrange for alternative options, please contact Tamara Wilson at wilsont@holyspirit.ab.ca

CATHOLIC CENTRAL HIGH SCHOOL

QUARTER 4, 2025 EXAM SCHEDULE

Date	Time	Course	Campus	Teacher	Room #
REGULAR CLASS DAY		English 30-2 Part A	East	Omlon	202
Thursday June 12	9:00 AM	Social 30-1 Part A	East	Hansen	Library
REGULAR CLASS DAY		Social 30-2 Part A	East	Cavilla	202
Tuesday June 17	9:00 AM	Math 30-2	East	Folkersen	Gym
		Math 30-2	East	Lutz	Gym
		Math 20-1	East	Hammel	Gym
		Math 20-2	East	Hammel	Gym
		Math 10-2	East	Lutz	129
Wednesday June 18	9:00 AM	English 30-1 Part B	East	Cox	Gym
		English 30-2 Part B	East	Omlon	Gym
		English 20-1	East	Yanke	209
		English 10-1	East	Richards	126
		English 10-2	East	Dalton	Gym
		FLA 10	East	Dalton	Gym
		English 20-1	West	Schmidt	Gym
		English 20-2	West	Hartman	515
		English 10-2	West	Schmidt	Gym
Thursday June 19	9:00 AM	Social 30-1 Part B	East	Hansen	Gym
		Social 30-2 Part B	East	Cavilla	Gym
		Social 20-2	East	Patterson	213
		Social 10-1	East	Murphy	214
		Social 20-1	West	Gibson	512
		Social 20-1	East	Yoner	Gym
		Social 10-1	West	Yoner	Gym
		Social 10-2	West	Cavilla	511
Friday June 20	9:00 AM	Chemistry 20	East	Goruk	Gym
		Science 10	East	Mulder	111
		Chemistry 20	West	Vuong	523
		Biology 20	West	Balog	525
		Science 10	West	Nummi	Gym
		Science 10	West	Hawker	Gym
Monday June 23	9:00 AM	Chemistry 30	East	Bulger	Gym
Tuesday June 24	9:00 AM	Physics 30	East	Hawker	124

*This schedule is subject to change. Please confirm details with your teacher



June Proclaim! Pilgrims of Hope



"First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for everyone, for kings and all who are in high positions, so that we may lead a quiet and peaceable life in all godliness and dignity." — Matthew 3:3

St. Peter (Died 64 AD) and St. Paul (5 AD-64 AD) (Feast Day: June 29)

St. Peter and St. Paul are often celebrated together as they each played an important role in the early Church, and were separately martyred in Rome under Nero in roughly 64 AD. Pope Benedict XVI said of them that "Christian tradition has always considered Sts. Peter and Saint Paul to be inseparable: indeed, together, they represent the whole Gospel of Christ."

However, the two of them were very different people, and likely did not spend much time together. They represent different components of the Church in some ways; St. Peter representing the established church and perhaps the heart or emotion, and St. Paul representing the missionary spirit of the church and the head or reason. They came from different backgrounds, Peter as a fisherman called by Christ during his life, and Paul as an educated Pharisee and Roman citizen called by Christ after his death. [As Pope Francis said in 2020.](#)

"We celebrate together two very different individuals: Peter, a fisherman who spent his days amid boats and nets, and Paul, a learned Pharisee who taught in synagogues. When they went forth on mission, Peter spoke to Jews, and Paul to pagans. And when their paths crossed, they could argue heatedly, as Paul is unashamed to admit in one of his letters (cf. Gal 2:11). In short, they were two very different people, yet they saw one another as brothers, as happens in close-knit families where there may be frequent arguments but unflinching love. Yet the closeness that joined Peter and Paul did not come from natural inclinations, but from the Lord. He did not command us to like one another, but to love one another. He is the one who unites us, without making us all alike. He unites us in our differences."

You can learn more about Sts. Peter and Paul [here](#).

The Apostles' Creed

"the resurrection of the body, and the life everlasting. Amen."

We know that we are one — one whole body, spirit, and soul — and not separate components. Christ's death, resurrection, and ascension open the door for the same to happen to us — to die, but to be resurrected bodily. We don't know how this will happen, or what our bodies will be like, but we do know that it will be as God has always intended.

And, while we don't really understand heaven and its relationship to our earthly life, we do know that the eternal life is the one that we are created for. The Catechism of the Catholic Church (1024) says "Heaven is the ultimate end and fulfillment of the deepest human longings, the state of supreme and definitive happiness."

There is really no way for us (in our limited human understanding) to describe what this will be like — Scripture uses a variety of metaphors and analogies to help us to picture it. One thing that is clear, though, is that heaven will be union with God — and so we must live our lives seeking to align our will with His, to love as He loves, and to seek holiness so that our hearts are prepared for this union.

We conclude the Creed with Amen — so be it, I agree, I believe. When we end the Creed this way, it is one final affirmation of all that we have just proclaimed. It restates, in the shortest possible way, our belief, and our solidarity with those with whom we have proclaimed it — one another and all Christians through time and space.

"Proclaiming" In Our Schools

Habemus Papam! On Thursday, May 8, we welcomed the news of the election of Pope Leo XIV. You can read more about Pope Leo [here](#), learn more about his coat of arms and motto [here](#), and find his prayer card [here](#). We can take heart from his initial address to the faithful, known as an Urbi et Orbi blessing, where he greeted the world with the words:

"Peace be with you! Dear brothers and sisters, these are the first words spoken by the risen Christ, the Good Shepherd who laid down His life for God's flock. I would like this greeting of peace to resound in your hearts, in your families, among all people, wherever they may be, in every nation and throughout the world. Peace be with you!"



Pope's Prayer Intentions — That the world might grow in compassion
Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.

Gospel Readings

June 1, 2025

The Ascension of the Lord

Gospel Reading: Luke 24:44-53

"Behold, I am sending the promise of my Father upon you." — Luke 24:49

Can you remember the first time you went to school and had to say goodbye to your parents? Or have you ever spent the night away from your family? Usually it's scary (a little or a lot!) to be away from the people who usually take care of us and we might feel alone. It can be a little easier if we have something with us to remind us of the people who love us. Some kids keep a picture of their parents in their backpack. Some take a favorite stuffed animal when they have to sleep somewhere away from home. Some might take a special rock or a good-luck item. It helps as a reminder that they aren't all alone.

Jesus knew his friends would feel scared and alone when it was time for him to leave them. So what did he do? He promised to send them the Holy Spirit to be with them forever! The Holy Spirit did come to them, and has never left this world. The Holy Spirit is still with us today, wherever we go, whether our friends and family are with us or we are by ourselves.

What helps to comfort you when you feel scared or alone? That's the Holy Spirit at work!



Prayer:

Holy Spirit, help us to remember you are always with us, no matter where we are.

June 8, 2025

Pentecost Sunday

Gospel Reading: John 14:15-16, 23b-26

"I will ask the Father, and he will give you another Advocate to be with you always." — John 14:16

Happy birthday to us! Today, Pentecost Sunday, is known as the birthday of the church. We celebrate that on this day almost 2,000 years ago, God sent the Holy Spirit to be with us always. Jesus' disciples saw tongues of fire come over each of them and suddenly they could speak and understand many different languages. They changed from people who were hiding out in fear to suddenly being brave and courageous in telling about Jesus's life and his teachings. Even though Jesus wasn't with them anymore as a real, live, walking and talking person, the Holy Spirit came to be with them and stay with them forever. With the Holy Spirit's help in spreading Jesus' story, suddenly many more people began to believe in him. All of those early believers became the first members of the church, which is why we say the church was born on Pentecost.

When have you felt brave, strong, or courageous in doing something that normally would be hard for you to do? (That's an example of the Holy Spirit with you!)

Prayer:

God, thank you for sending us the Holy Spirit to be with us wherever we go, for all of our lives. Help us to remember that with the Spirit's presence with us, we will never be alone.

"I will ask the Father, and He will give you another Helper, so that He may be with you forever..."

(John 14:16 NASB)



Download this month's [Saint Prayer Card](#) - Ss. Peter and Paul [Saint Prayer Card](#) (black and white version for colouring)



Gospel Readings

June 15, 2025

Solemnity of the Most Holy Trinity

Gospel Reading: John 16:12-15

"When he comes, the Spirit of truth, he will guide you to all truth." — John 16:13

Being smart isn't the same as being wise. Some people are really smart when it comes to memorizing facts or solving math problems, but that doesn't mean they always make wise choices or focus on what's most important in life.

Jesus didn't have a lot of education compared to some of the "smart" people in his religion, but he was very wise. He knew how to listen to the truth that came from God that was in his heart, where the Holy Spirit speaks. In fact, the Bible sometimes compares the Holy Spirit to wisdom. So even if some people were mean or judgemental about other people, Jesus followed his heart and treated everyone with love, no matter what they looked like, how they talked, what kind of job they had, what they could or couldn't do with their bodies, or if they were religious or not. Whether or not we are smart in school and get good grades, we can all be wise if we listen to the Holy Spirit like Jesus did.

Who are the wisest people you know?

Empty box for writing answers to the question above.



Prayer:

Jesus, help us to listen to and follow the voice of the Holy Spirit that leads us to do what is good and true.

June 22, 2025 Solemnity of the Body and Blood of Christ

Gospel Reading: Luke 9:11b-17

"Give them some food yourselves." — Luke 9:13

Have you ever noticed that sometimes adults will do things for you, but sometimes they ask you or tell you to do something for yourself? Why do you think that is? Sometimes they do something for you that you can't do for yourself yet—like driving you to sports practice. Sometimes they do something for you because they love you and want to do something nice, even though you could do it for yourself, like make your bed. Other times, they want you to do something for yourself to practice so you can do it on your own when they aren't with you in the future, like learning how to cook something.

Jesus was kind of like a parent to his twelve apostles. He wanted them to learn that they shouldn't always wait for him to do everything for them because if they tried, they could do amazing things too, like feed a huge crowd of people. He asked them to try first, and then he helped them, just like your parents do sometimes.

What can you do this week to feed or clothe others for Jesus?

Empty box for writing answers to the question above.



Prayer:

Jesus, help us to do what we can to help others instead of waiting for you to do everything for us.

Sources:

I Believe: Exploring the Apostles' Creed by Alistair McGrath
The Creed: A Catechist's Guide by Janet Schaeffer
The Apostles' Creed by Ben Myers

[Home Page](#)



June 29, 2025 Saints Peter and Paul, Apostles

Gospel Reading: Matthew 16:13-19

"You are the Christ, the Son of the living God." — Matthew 16:16

Who are the people in your family who have a key to your house? When I was young, I did not receive a key until I showed that I could be responsible with it. If my parents saw that I left my house key outside or if I invited friends in when my parents were not home, I would lose the privilege of having my own key for a while. In today's Gospel, Jesus gives the "keys to the kingdom of heaven" to Peter. First, he asked Peter a question to be sure he would be able to use the keys wisely. He asked Peter if he knew Jesus' identity. Peter answered correctly. He said that Jesus is the Son of God. This showed that Peter truly believed in Jesus. Because of Peter's great faith, Jesus gave him the responsibility to lead his Church as our first pope. Each pope has the same task as Peter did—to listen carefully to God so they can lead us to know, love, and serve him.

Say a prayer today for our pope. He is human just like us and needs our prayers to serve as Jesus would want him to.



Prayer:

Thank you, Jesus, for giving us good leaders. Help them to always do what is best for your people in the Church.

Sources cont'd:

What Christians Ought to Believe by Michael Bird
The Quest for the Creed by Fr. Dwight Longenecker
The Creed by Timothy O'Malley



CELEBRATE our GIFT of the EUCHARIST
come WALK the streets WITH JESUS . . . as we Walk and PRAY for PEACE

June 22, 2025 ~ Feast of Corpus Christi

"let us celebrate with particular devotion the Solemnity of Corpus Christi, with its traditional procession. Our faith in the God who took flesh in order to become our companion along the way needs to be everywhere proclaimed, especially in our streets and homes, as an expression of our grateful love and as an inexhaustible source of blessings"
Pope St. John Paul II 2005 Apostolic Letter Mane Nobiscum Domine

PARENTS AND STUDENTS OF HOLY SPIRIT SCHOOL DISTRICT

You and your families are invited to join us on this special day to walk in a procession as we bring the Holy Eucharist to the streets of Lethbridge.

This is a great way for the children and their families to profess their faith and belief in the Body, Blood, Soul and Divinity of our Lord, Jesus Christ. For many of us our memories of the special times in our church life are what helps keep our gift of faith during the times when we find it challenging. This is one of those occasions and this is our wish for you.

It is suggested that we wear white, or red (second choice) which represents the Body or the Blood of Christ. School students are invited to wear any clothing that represents their CATHOLIC schools. Younger children and Elementary school age children must be accompanied by a parent(s).

The procession is a reverent and respectful procession with joyful song and prayer as we process with the Monstrance we show our adoration for the Body of Christ in the Eucharist.

We leave from St. Basil's at 12 noon, after the 11:00 am Mass. The Eucharist is placed in the Monstrance, and then on the carrier. Those wishing to walk follow the procession moving south on 13th Street with a prayer stop at the corner of 2nd Avenue before continuing to CCH. You are invited to take turns carrying the carrier.

At Our Lady of Assumption procession begins with a prayer service at 11:45 am. Once the Monstrance is on the carrier we walk east to Mayor Magrath Drive, where we turn north. After a prayer stop at 8th Avenue we continue walking along Mayor Magrath to 6th Avenue, then we turn left and continue walking to 20th Street. We turn right at Ecole St. Mary's and continue until we reach CCH field.

You are invited to walk with us all the way (with the prayer stop it will take about 1 hour), or join us at one of the prayer stations. If you cannot walk join us at Catholic Central High School, East campus on the field.

At CCH we will have Benediction on the field, weather permitting. In bad weather we will gather in the cafeteria. This will be followed by a social lunch and a soccer game with Father Santiago (weather permitting).

There are three major processions in the life of the church, including Corpus Christi: the Sunday after Trinity Sunday when we remember the institution of the Eucharist at the Last Supper, Holy Thursday. A prominent aspect of this feast is the procession which is to follow the Mass...The procession should be seen as a public declaration of the parish community's faith....Processions are a very important part of our Catholic identity. We are a pilgrim people on a journey, a journey of growth in faith and self-awareness. We are called to be followers of Jesus, to walk with Him.

For more information please go to the parish website - allsaintslethbridge.org



JUNE 2025

Thinking About Online Programs After Graduation?

Virtual Open House – Lethbridge Polytechnic, June 5

Lethbridge Polytechnic is hosting a [free](#) Virtual Open House on **Thursday, June 5, from 6:30–8:00 PM (MT)**. It's a great chance for students and families to explore online learning options after high school.

Highlights include:

- Info on online programs
- Live Q&A with instructors and support staff
- 50% off the application fee for attendees!



Attend from home—no travel needed. Don't miss it!

Dual Credit Online Applications Now Open

Students who have already completed the Holy Spirit Dual Credit application can now move on to the second step: registering online with Lethbridge Polytechnic for Fall 2025 courses.

Fall Semester Dates:

 **September 3 – December 5, 2025**

Registration is now open!

Important Deadlines:

- Intent to Register: **Friday, June 6, 2025**
- Registration Deadline: **Friday, June 13, 2025**
- Drop Deadline: **September 10, 2025**
- Extended Drop Deadline: **September 23, 2025**
- Final Withdraw Deadline: **December 5, 2025**

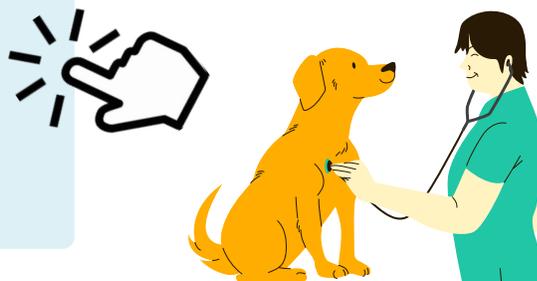


To get your promo code and complete registration, email amakobev@holyspirit.ab.ca.

Don't miss out—be sure to meet all deadlines!

Veterinary Technical Assistant Certificate (VTA)

Holy Spirit is offering the **Veterinary Technical Assistant (VTA) Certificate in partnership with Olds College!** Students will graduate with both their Grade 12 diploma and VTA Certificate, ready for a career in animal care.

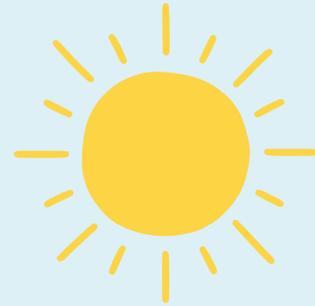


Summer Internship Opportunity: Painter & Decorator

Are you interested in the building trades and looking for hands-on experience this summer? Student Works Painting in Lethbridge is offering a **Painter and Decorator internship** for students exploring careers in the construction industry.

Internship Details:

- Position: Painter and Decorator (IP-S25-38776)
- Location: Lethbridge
- Employer: Student Works Painting
- Hours: Full-time, Monday–Friday, 9:00 AM – 5:30 PM
- Start Date: June 1, 2025
- Duration: Summer semester (July–August)
- Application Deadline: Apply ASAP – 8 positions available!



This is a great chance to build skills and gain real-world experience. Apply soon!

Virtual Career Exploration Sessions - Learn from the Pros!

Career Transitions offers Virtual Career Exploration Sessions where students hear directly from professionals about their career paths, education, and day-to-day work. Sessions are fully virtual, usually run between **4:00–6:00 p.m.**, and are open to students, parents, teachers, and administrators. Missed a session? Recordings are available online within 5 days!



Register here: careersteps.ca/career-exploration-sessions

Work Experience Students – Keep Submitting Hours!

If you're earning high school credits through Work Experience, remember to keep submitting your work hours to:

hsoffcampus@holyspirit.ab.ca — **even over the summer!**

Got a new job?

That's great! Just email your new job details so your file can be updated and your credits stay on track.

Questions?

Reach out anytime at hsoffcampus@holyspirit.ab.ca

Have a great summer!
Enjoy a well-earned break—
rest, have fun, and stay safe!



Mark Boschee
Off-Campus Coordinator
Career Centre, East Campus on Tuesday/Friday
Cell: 587-220-4258
Email: boscheem@holyspirit.ab.ca



Vero Amakobe
Career Practitioner
Office on Campus, West on Thursdays
403-327-4596 ext 312
Email: amakobev@holyspirit.ab.ca

SCREEN AGERS NEXT CHAPTER

ADDRESSING YOUTH MENTAL HEALTH IN THE DIGITAL AGE

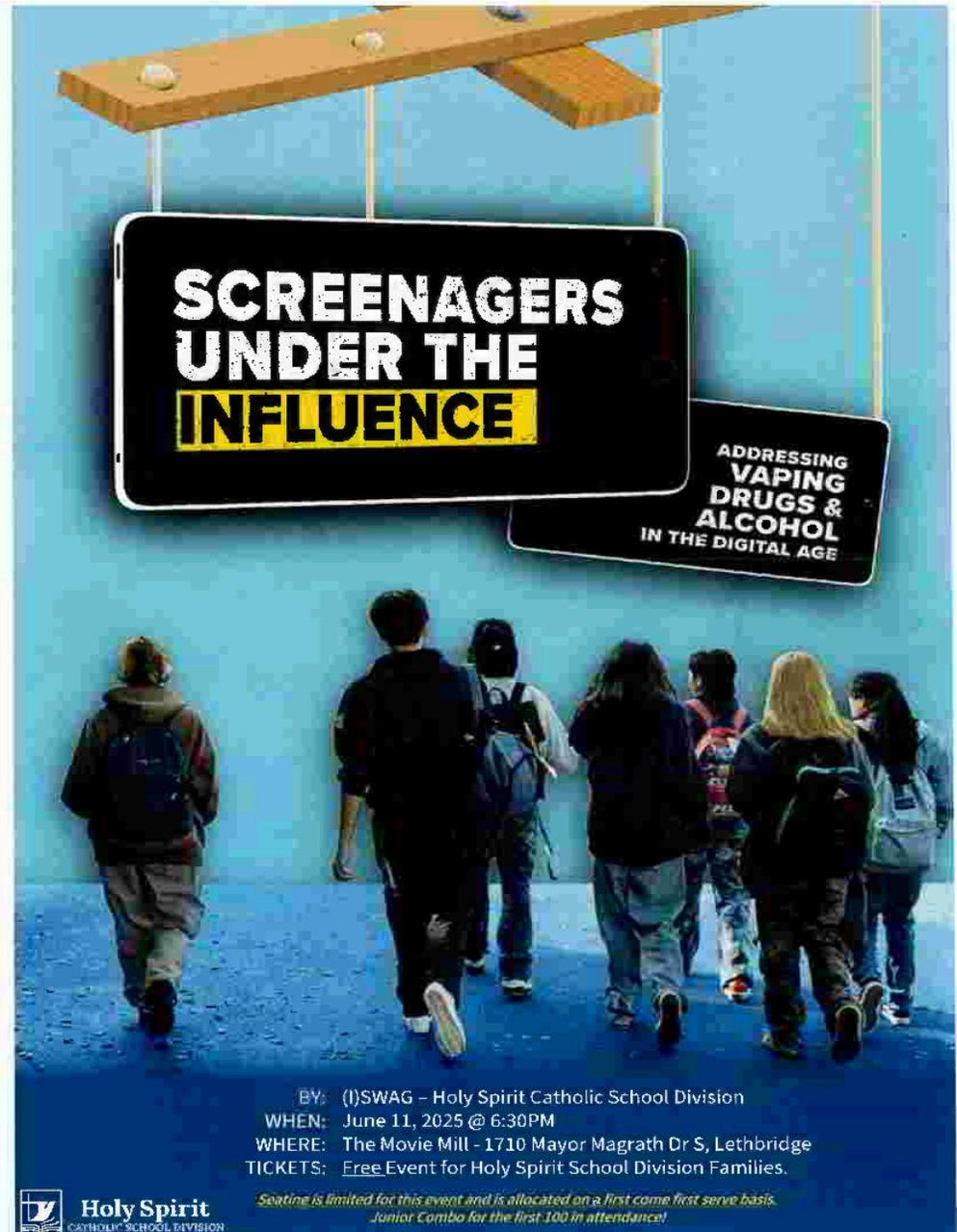
BY: (I)SWAG – Holy Spirit Catholic School Division

WHEN: June 4, 2025 @ 6:30PM

WHERE: The Movie Mill - 1710 Mayor Magrath Dr S, Lethbridge

TICKETS: Free Event for Holy Spirit School Division Families.

*Seating is limited for this event and is allocated on a first come first serve basis.
Junior Combo for the first 100 in attendance!*



SCREENAGERS UNDER THE INFLUENCE

ADDRESSING VAPING DRUGS & ALCOHOL IN THE DIGITAL AGE

BY: (I)SWAG – Holy Spirit Catholic School Division
WHEN: June 11, 2025 @ 6:30PM
WHERE: The Movie Mill - 1710 Mayor Magrath Dr S, Lethbridge
TICKETS: Free Event for Holy Spirit School Division Families.

*Seating is limited for this event and is allocated on a first come first serve basis.
Junior Combo for the first 100 in attendance!*



LETHBRIDGE SPORT COUNCIL PRESENTS

SPORTFEST



JUNE 7 @ SERVUS SPORTS CENTRE

CALM BEFORE THE FEST - 9:00 - 10:00
REGULAR ADMISSION 10:00 - 4:00

FREE

SportFest is an interactive trade show for sport and active recreation.

VOLUNTEERS NEEDED FOR BOOK BUDDIES AND TD SUMMER READING CLUB!

✈️ Volunteering is a great way to meet new people, improve your confidence, and, of course, it looks great on a resume! ✈️

Ask us about getting credit for Work Experience!

BOOK BUDDIES
July 3 - August 20
Tuesdays + Thursdays
11am - 12 pm
Paired reading program with games, crafts, and prizes

TD SUMMER READING CLUB
July 2 - August 20
Wednesdays
11am - 12pm OR 2pm - 3pm
Encourages reading with games, prizes, and more!



QUESTIONS?
Ask for Maddie!
403-345-1340
coalsrp@coaldalelibrary.ca

Register online at coaldalelibrary.ca or in-person at the Coaldale Public Library

Sign Up Now... IT'S FREE!
TO SIGN UP AT
Galaxy Bowling & Pizza
Lethbridge, AB - 403-328-4386
GO TO
www.KidsBowlFree.com/GalaxyBowling

IT'S EASY...
1 GO TO THE WEBSITE ABOVE TO REGISTER EACH CHILD
2 RECEIVE THE FREE BOWLING PASSES EVERY WEEK BY EMAIL
3 COME AND ENJOY BOWLING ALL SUMMER!

No Strings Attached...
REGISTERED CHILDREN RECEIVE CERTIFICATE TO BOWL 2 FREE GAMES A DAY ALL SUMMER!

SOUTHERN ALBERTA

YOUTH RANGE DAYS

SAVE THE DATE!

JULY 22-25TH, 2025
Kimball, Alberta

RANGELAND MANAGEMENT, WILDLIFE SURVEYS, WATERSHED HEALTH, AND MUCH MORE!

This interactive, multi-day camp welcomes youth aged 13-18 that are interested in learning more about natural resource management!

REGISTRATION IS OPEN!
REGISTRATION : \$100/PERSON TYLER ERESMAN: TYLER@MRWCC.CA

