

Catholic Central High School NEWSLETTER



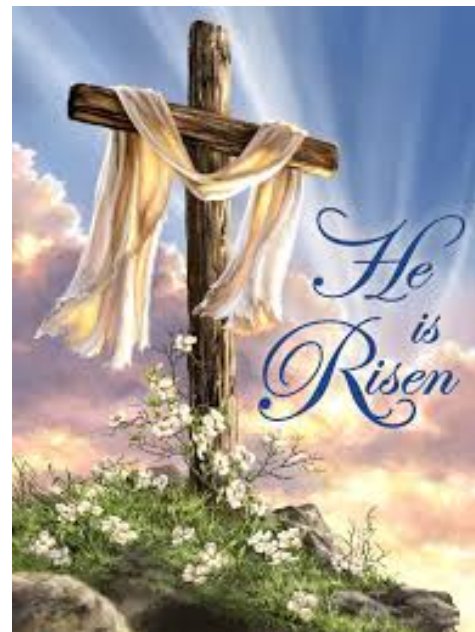
Principal's Message

April 2026

As I sit and write this (in the middle-end of March), we have gone through either a warm winter spell or a false ("fool's") spring... with so much wind! Either way, I am truly excited for April as it brings a profound sense of hope and renewal (and, hopefully, less snow and more sunshine). This month is particularly special for our Catholic Central community as we transition from the reflective season of Lent into the joyful celebration of Easter and the end of Quarter 3 and the beginning of Quarter 4. We are in the "home stretch" of the school year!

This April is a strange one because ...

- The last day of Quarter 3 classes is on Thursday, April 2. We then go into our Easter Break from Friday, April 3 (Good Friday) to Sunday, April 12. During the Easter Break, on April 9 and 10, two diploma exams have been scheduled by Alberta Education - English 30 Part A and Social 30 Part A which will both be written on Campus East, starting at 9:00 am. Students writing these exams should arrive at least 30 minutes before the exam.
- On April 13-17, Exam Week will run with scheduled exams for the week. Just a reminder to check the exam schedule and ensure that your child attends on the day his/her exam is scheduled. If he/she does not have a scheduled exam, there is no need to attend as the quarter has ended (students only show up on days/ times that they have an exam). Teachers are available to work with students on finishing assignments and preparing for exams. Please reach out to your child's teacher(s) if assistance is needed.
- Quarter 4 will begin on Monday, April 20.



With the weather warming up and the end of the year on the horizon, it is natural for students to experience a bit of "spring fever." However, this is the time when focus and determination are most crucial, especially for our grade 12s preparing for their upcoming Alberta Diploma Exams and Graduation 2026.

To ensure our students finish the year strong, we ask for your continued partnership at home. Here are a few ways you can support your child this month:

- **Encourage Consistent Routines and Regular Attendance:** Help your student maintain regular sleep schedules and dedicated study times to keep their momentum going....

Particularly those grade 12s who still have classes to complete to attain their high school diploma requirements. Additionally, consistent attendance is key to success!

→ **Monitor Academic Progress:** Please continue to check in on their progress in PowerSchool. If your child is struggling, please connect with your child's teacher(s).

Thank you for your unwavering support of Catholic Central High School. It is a privilege to walk alongside your children in their academic and spiritual journeys.

May the peace and joy of the Easter season be with you and your families throughout the month of April! - Mrs. Polec

Dates to Remember



- 2** - Last day of Quarter 3 classes
- 3** - Good Friday (start of Easter Break) -
No classes
- 6-10** - Easter Break - No classes
- 9** - English Part A diploma on Campus East
- 10** - Social Part A diploma on Campus East
- 13-17** - Exam Week (refer to the exam schedule)
- 13** - Math diploma
- 14** - English Part B diploma
- 15** - Social Part B diploma (am) and
Physics diploma (pm)
- 16** - Biology diploma
- 17** - Chemistry diploma (am) and
Science diploma (pm)
- 17** - Badminton City Playoffs
- 20** - First Day of Q4 classes
- 22** - Badminton Zone Playoffs

- 23** - Japan Trip Meeting 6:00 pm Campus East
- 30** - School Council at 6:00 pm in the library on Campus East - this will not be a formal meeting but, rather, members of the School Council will be putting together their gifts for the graduates. All are welcome to attend!



- 1** - Feast of St. Joseph the Worker
- 1-2** - Badminton Provincials in Red Deer
- 5** - Feather Blessing & Metis Sash Ceremony on Campus West
- 8** - 7:00 pm Graduation Mass at
visitLethbridge.com Arena
- 9** - 9:00 am Convocation Ceremonies and
7:00 pm Grand March at
visitLethbridge.com Arena
- 14** - Midterm & Parent/ Teacher/ Student Conferences
- 18** - Victoria Day - No School



School fees are past due! We rely on these fees to help provide programming options to students, as well as classroom resources and instructional tools for staff and students. Please go to our school homepage and use the “Fee Payment” button to pay through SchoolCash Online. If you have any issues or need to arrange for alternative options, please contact Tamara Wilson at wilsont@holyspirit.ab.ca



GRAD 2026

As we enter into the last full planning month before Graduation Ceremonies 2026, it is important to review what we have done and what is left to do:

- The first grad list has been posted. Students must ensure that they check their graduation status and the name that we have in PowerSchool for them. Should a student require a “name change” (ie: student wants to be called up to the stage as anything other than the name we have PowerSchool), they must fill out a “Name Change Form” which can be picked up at either office.
- The last fee grad fees have been collected and grad gowns, stoles, and caps with tassels have been ordered. These will arrive a week or so before graduation and will be distributed to graduates on the morning of May 8 on Campus West at the morning rehearsal which will begin at the bell (8:10 am). Please do not be late to this meeting.
- Grad photos are complete. Any grade 12s that missed their sitting at LifeTouch will need to reach out to LifeTouch directly to reschedule. If you need assistance with this, please contact Mrs. Sutter. Please note: at this point, if students have missed their sitting, their picture may not be ready in time to be included in the weekend’s ceremony.
- There are many opportunities for graduates to be involved in the events over the course of the weekend - both at Graduation Mass and at Convocation. We welcome and encourage students to consider volunteering for these various roles by filling out the form in the Grad 2026 Google Classroom. Once your individual name is put forward, it will be taken to the Staff Graduation Committee for consideration and selections will be made. Mrs. Polec will then contact graduates in mid-April to offer them the role.
 - * Please note, there are some roles that are "selected" by the grad committee like Valedictorian (based on formula for highest academic achievement) and Commentator for Mass (based on formula for second highest academic achievement).
 - ** Second note, as there are limited roles, we will take into consideration our four pillars of faith and service, academics, fine arts, and athletics and an individual's contribution to building community over the past three years at CCH.
- Any suggestions for Grad Songs/ Themes are due by Thursday, April 2, 2026. The form to submit can be found in the Grad 2026 Google Classroom.
- Grad Statements should have been formally submitted in grade 12 RE 35 classes. If any revisions need to be made, please email them to Mr. Vercillo before Thursday, April 2, 2026.

That’s it for now. I will provide more information directly to grade 12s in the Grad 2026 Google Classroom as I need to. Should you have any questions, please feel free to email me at polecj@holyspirit.ab.ca

- Mrs. Polec

Co-Curricular Events at CCH!

While we transition into the spring season, we want to celebrate the incredible dedication and talent of our students by congratulating the cast, crew, and staff involved in our spectacular musical production of *Joseph and the Amazing Technicolor Dreamcoat* on a highly successful and entertaining run. We also extend our pride to our basketball and wrestling teams, who represented our school with grit and outstanding sportsmanship as their winter seasons have officially come to a close; two more Zone banners have been added to our count this year! Even as we wrap up these incredible winter events, our campus remains as vibrant as ever with the exciting launch of our spring athletic programs; we wish our student-athletes the best of luck as our badminton, baseball, slo-pitch, and rugby seasons are now officially underway!





From the Director's Chair –

“Wow” does not begin to describe the feeling after Strike Day. The costumes are laundered and hung, the tech is powered down and stored, the props are returned to their ever-overflowing cage, the tears are shed, the hugs linger, and the doors are closed. It begs the question: why do we do all of this, only for it to be taken down? Why do we do it for it all to be taken? The people in this picture.

Over the past ten months, our team has been putting into motion what became an amazing CCH musical production. People always ask us how we are going to top the show from the previous year (and *Mamma Mia!* was a show that would be hard to beat) – but when the audience leaves the Eggplant, that is the common comment: the show gets better and better every year.

All in all, *Joseph and the Amazing Technicolor Dreamcoat* ran for twelve performances (a record) and welcomed close to 1200 patrons into our theatre (although not 1200 different people because some came to watch these amazing cast and crew members multiple times!). We performed a show that is sung through the entire way (something that hasn't been done at CCH since 2004). We welcomed seventeen students from St. Pat's and St. Paul elementary schools who will hopefully grace the Eggplant again in a few years. We performed an ensemble show that stood for something way more powerful than just any old ensemble show in a year filled with uncertainty and criticism.

Thank you to the friends and families of our students and staff, and to the alumni, Holy Spirit staff, neighbours and strangers who came to be part of something magical. Our audience is an integral part of the process and it is good to know that you will show up! The message was deep, the commitment to the cause was deeper, and our Eggplant family showed up when it counted. Thanks as well to those family members who volunteered their time in keeping our cast and crew fed on the long days and encouraged them throughout the process.

Thank you to the production team for all of your hours of work and effort in music, choreography, set-building, costuming, makeup, tech, scene changes, dressing room management, producing, designing, running around, and every other job in between, something that just makes the machine run more smoothly. This year, this production team dove head-first into the danger through all of the ups and downs to get across the finish line.

Finally, thanks to the students. There are not enough words to speak to the amazing work that you brought about over the past five months of rehearsals, costume fittings, tech days, choreo, music, and actual run of the production, but you have done the Eggplant proud. Every year we feel the nervous anxiety of what will happen by showtime, the proud accomplishment of watching you all work wonders, and the bittersweet recognition that however great the show, it still has to end. A special thank you goes out to our graduating Grade 12 students who will go on their journeys next year and especially to those who experienced all three shows during their high school career. Wherever the wind blows you, you know you are always welcome back in the Eggplant.

Where does that leave us? A pile of marking for one tired director, a beautiful banquet to share in the memories and celebrate the show, a floor that needs to be painted purple, some storage chaos, the rest of the school year (and looking forward to the upcoming Spring concert in Quarter 4), and of

course, the process to select next year's show and keep the cycle of excellence in the performing arts alive at CCH.

As we close the curtain on another wonderful performance, look forward to being welcomed back to the Eggplant soon enough!

Braden Dalton

Director, *Joseph and the Amazing Technicolor Dreamcoat*



For any student interested in playing FOOTBALL - workouts are WEDNESDAYS after school on both campuses before a 2 week spring camp in June. See Mr. Cavilla for more information.



Track and Field will begin April 14 from 4:00 - 5:30 p.m. at the University of Lethbridge track. We practice Tuesdays and Thursdays each week until we get into competition season at the end of May. See Mr. Skauge (East room 209) or Mrs. Leroux (West room 520) for permission forms and more details!

ADMISSION BY FOOD BANK DONATION TO INTERFAITH FOOD BANK OR \$5 CASH GOING TOWARDS INTERFAITH FOOD BANK



4:00 PM

24 APRIL

THE GREAT RUBBER CHICKEN CONFERENCE



CCH CONCERT BAND, RAYMOND HIGH SCHOOL BAND

CATHOLIC CENTRAL EAST CAMPUS GYM 405 18 ST. S



Happy Spring!



CH Catholic Central High

First Nations, Métis and Inuit

Feather Blessing

Tuesday

May 5, 2026

5:00 pm

West Campus

251 Britannia Blvd. W.
(Ceremony will be held in the Gymnasium)

Welcome/Greetings
Dinner (5:00 pm)
Presentation to the graduates to follow



TAATSIKIOVIS

Career Centre NEWS

WORK EXPERIENCE

If you have a job or are volunteering and have not signed up for work experience please contact Mr. Boschee.
Please keep emailing proof of hours worked to hsoffcampus@holyspirit.ab.ca

RAP

APPRENTICESHIPS

Please keep emailing proof of hours worked to hsoffcampus@holyspirit.ab.ca



GREEN CERTIFICATE

NEW Green Certificate students should know there is a Virtual Induction meeting coming up. Testing dates for March are the 24th and 25th. Contact Mr. Boschee for more details.



LOOK WHAT'S COMING

COH EAST

April 21 - Lakeland College lunch booth
April 28 - Bow Valley lunch booth
April 21 - Vancouver Film School

COH WEST

April 21 - Lakeland College lunch booth
April 30 - Bow Valley lunch booth
April 21 - Vancouver Film School

ST. MIKE'S PE

April 20 - U of L and Lethbridge Polytechnic

CAREERS
2026 SAFEGEN
Youth Workplace Video Contest

WIN \$6000 IN CASH PRIZES!

It's a 2 minute video, showcase your ideas on a topic relating to workplace safety.
Need suggestions?
→ Good covers at site
→ Mental health in the workplace
→ Helping unsafe work

Or choose a topic of your own creation. It's up to you!
All Alberta students enrolled in a high school course, aged 16-18 years inclusive, are welcome to participate.
Entry deadline: April 3, 2025

Stay Connected
#WorkSafeAB

SCAN TO ENTER

SAVE THE DATE!

BLACKFOOT SPRING POST-SECONDARY FAIR

WEDNESDAY
APRIL 23, 2026

TIME
10:00am-2:00pm

LOCATION
EXCITE Lethbridge

IKSISTOWAAPI KANAKAATS!
GOING ALL OUT SOCIETY

CONTACT US

CAREERS
take on the future

REGISTER WITH CAREERS SO YOU DON'T MISS OUT ON POTENTIAL INTERSHIPS.

Scholarship Watch

G3 Grow Beyond Scholarship
Deadline: April 8, 2026
Value: ~\$5,000
Focus: Leadership, community involvement, and agriculture interest
Apply: scholarshipscanada.com

Alex Tutschek FCPA, FCA Award for Indigenous Student High School Achievement
Deadline: May 1
Who it's for: High School demonstrating leadership and character
Focus: Indigenous values and personal growth
Apply: scholarshipscanada.com

How We Help

The Career Centre provides students with valuable off-campus experiences, as well as guidance in post-secondary planning, scholarships, and career preparation. Our off-campus opportunities include the Registered Apprenticeship Program (RAP), Work Experience, Early Learning Level 1, Green Certification, Special Projects, and Dual Credit programs. Through Dual Credit, we partner with Lethbridge Polytechnic, Olds College, and Bow Valley College, as well as intermittently with the University of Lethbridge. Whether you are connecting with our Career Practitioner, Mrs. Bam, or our Off-Campus Coordinator, Mr. Boschee, we are here to support you in planning your future.



Holy Spirit
Catholic School Division

Cell: 587-220-4358
Office: 403-327-4596
boscheem@holyspirit.ab.ca
hsoffcampus@holyspirit.ab.ca
bam@holyspirit.ab.ca

Mark Boschee
Off-Campus Education Coordinator
Lize Bam
Career Practitioner

COH Campus East:
405-18 Street South
Lethbridge, AB
T1J3E5

holyspirit.ab.ca

Parable Reflections & Conversations

Parable of the Lost Sheep | Luke 15:3-7

3 So he told them this parable: 4 “Which one of you, having a hundred sheep and losing one of them, does not leave the ninety-nine in the wilderness and go after the one that is lost until he finds it? 5 When he has found it, he lays it on his shoulders and rejoices. 6 And when he comes home, he calls together his friends and neighbors, saying to them, ‘Rejoice with me, for I have found my sheep that was lost.’ 7 Just so, I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance.



TABLE OF CONTENTS

Reflection

Where do I fit in this parable?

“I have come to call not the righteous but sinners to repentance.”

(LUKE 5:32)

Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.
—MATTHEW 11:28

TABLE OF CONTENTS

Reflection

What does this parable teach me about my relationship with God?

“Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.”

(MATTHEW 10:29-31)



TABLE OF CONTENTS

Parable Conversations

How can I show mercy to someone who feels forgotten or alone?



“The Lord is merciful and gracious, slow to anger and abounding in steadfast love.”

(PSALM 103:8)

TABLE OF CONTENTS

Parable Conversations

“What does this tell us about how God sees each person?”

Why do you think the shepherd goes looking for just one sheep?”

The Lord is my shepherd, I shall not want. He makes me lie down in green pastures; he leads me beside still waters; he restores my soul. He leads me in right paths for his name's sake.
—PSALM 23:1-3

The shepherd already had ninety-nine sheep safe at home. It the lost one still mattered.

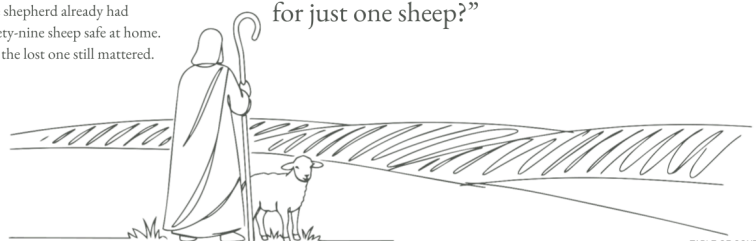


TABLE OF CONTENTS



Mercy means noticing someone who is struggling and choosing to care.

What is one small way you could do that this week?

Easter Masses & Services



The Paschal Triduum

The Sacred Triduum refers to the celebration at the close of Holy Week. It begins with the evening Mass of the Lord's Supper on Holy Thursday, reaches its high point in the Easter Vigil, and closes on Easter Sunday.

All Saints Parish

The Triduum, including Easter Sunday, will be celebrated at Catholic Central East.

Please use the Vasey Hall entrance on 5th Avenue South.

Holy Thursday - April 2

7:00 p.m. We exit in silence.

Good Friday - April 3

3:00 p.m. We enter and exit in silence.

Easter Vigil - April 4

8:00 p.m.

Easter Sunday - April 5

Mass at Dawn - 7:30 a.m. at St. Basil's Church

9:00 a.m. & 11:00 at Catholic Central

Ss Peter & Paul Parish

Great and Holy Thursday - April 2

6:00 p.m. Vespertal Divine Liturgy of St. Basil the Great

Great and Holy Friday - April 3

9:00 a.m. Matins of Holy Friday

3:00 p.m. Shroud Service

Tomb Vigil 5:00 p.m. - April 4 6:00 p.m.

Great and Holy Saturday - April 4

9:00 a.m. Jerusalem Matins

6:00 p.m. Vespers & Divine Liturgy of St.

Basil the Great, followed by

Easter basket blessing

Pascha - Resurrection of Our Lord - April 5

9:00 a.m. Paschal Matins & Divine Liturgy

followed by Easter basket blessing

St. Martha's Parish

Easter Triduum Services

Holy Thursday - 7:00 p.m.

Good Friday - 1:00 p.m. & 3:00 p.m.

Easter Vigil Saturday - 8:00 p.m.

Easter Sunday - 9:00 a.m. & 11:00 a.m.



Catholic Central High School Quarter 3, 2026 Exam Schedule

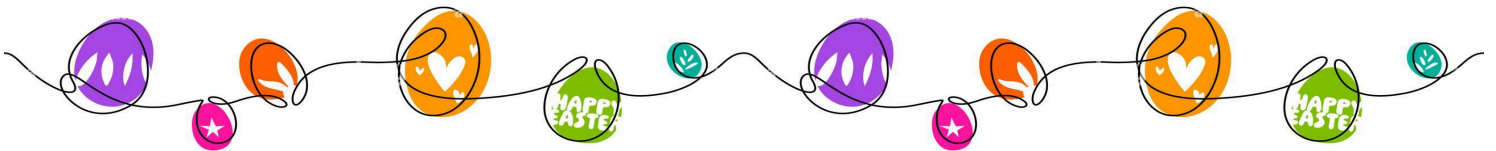
	Time	Course	Campus	Teacher	Room #
Thursday April 9	9:00 AM	English 30-1 Part A	East	Omlon	Gym
		English 30-2 Part A	East	Cox	Gym
Friday April 10	9:00 AM	Social 30-1 Part A	East	Cavilla	Gym
		Social 30-1 Part A	East	Skauge	Gym
		Social 30-2 Part A	East	Vercillo	Gym
Monday April 13	9:00 AM	Math 30-1	East	Lutz	Gym
		Math 30-2	East	Point Du Jour	Gym
		Math 10-2	East	Point Du Jour	122
		Math 20-1	West	Hammel	527
		Math 20-1	West	Charlene Leroux	520
		Math 10C	West	Lutz	522
		Math 10C	West	Klassen	514
Tuesday April 14	9:00 AM	English 30-1 Part B	East	Omlon	Gym
		English 30-2 Part B	East	Cox	Gym
		Eng 20-1	East	Omlon	127
		Eng 20-1	East	Cox	126
		Eng 20-2	East	Schmidt	129
		Eng 10-1	East	Richards	124
		Eng 10-1	West	Hofferd	515
Wednesday April 15	8:30 AM	Social 30-1 Part B	East	Cavilla	Gym
		Social 30-1 Part B	East	Skauge	Gym
		Social 30-2 Part B	East	Vercillo	Gym
		Soc 20-2	East	Gibson	212
		Soc 10-1	East	Skauge	209
		Soc 10-2	East	Toews	210
		Physics 20	East	Schwark	111
		Soc 20-1	West	Yanke	Gym
		Soc 10-1	West	Cavilla	521
		Soc 10-1	West	Yanke	Gym
			12:00 PM	Physics 30	East
Thursday April 16	9:00 AM	Bio 30	East	Balog	Gym
		Bio 30	East	Nummi	Gym
		Bio 20	East	Balog	105
		Science 20	East	Wojtowicz	107
Friday April 17	8:30 AM	Chem 30	East	Goruk	Gym

*This schedule is subject to change. Please confirm dates and times with your teacher



Exam Bus Schedule for Quarter 3, 2026

<u>Monday April 13</u>	<u>Tuesday April 14</u>	<u>Wednesday April 15</u>	<u>Thursday April 16</u>	<u>Friday April 17</u>	
<p>Morning Buses will run at normal times</p> <p>No mid day flex shuttles</p> <p>No end of day shuttle</p> <p>Campus East buses are running at normal times</p> <p>Campus West no end of the day buses</p>	<p>Morning Buses will run at normal times</p> <p>No mid day flex shuttles</p> <p>No end of day shuttle</p> <p>Campus East buses are running at normal times</p> <p>Campus West no end of the day buses</p>	<p>Morning Buses will run at normal times</p> <p>No mid day flex shuttles</p> <p>No end of day shuttle</p> <p>Campus East buses are running at normal times</p> <p>Campus West no end of the day buses</p>	<p>Morning Buses will run at normal times</p> <p>No morning shuttle to Campus West</p> <p>No mid day flex shuttles</p> <p>No end of day shuttle</p> <p>Campus East buses are running at normal times</p> <p>Campus West no end of the day buses</p>	<p>PD Day</p> <p>Chem 30 diploma</p> <p>Morning busses to Campus East only.</p> <p>No other shuttles or buses required</p>	
<p>Please make sure to plan ahead</p>					



Hello!

My name is Umama Kidwai, and I am excited to join CCH as Administrative Support. I'm an organized and friendly person who enjoys helping others and keeping things running smoothly. Outside of work, I love spending time with my family and enjoying a good cup of coffee. I look forward to getting to know the amazing staff and students in our school community.



In-Person DBT Skills Group for Adolescents and Parents

A six-week group for adolescents and their parents aged 13 through 17 who struggle managing emotions and behaviors. Participants must register in advance:

You will learn...

- How to become more mindful and self-aware
- Better manage feelings of anxiety and depression
- Reduce impulsive behavior & learn new coping skills
- Have healthy relationships and better communication

This six-week curriculum follows a set agenda in which new information is taught & practiced weekly, followed up with homework tasks. Skill sets include Mindfulness, Distress Tolerance, Emotional Regulation, Interpersonal Effectiveness, and Walking the Middle Path.

Tuesdays from 6 to 7:15p.m

April 21st – May 26th, 2026

Nov 3rd – Dec 8th, 2026

Recovery Alberta Child, Youth and Family Addiction and Mental Health Clinic, Melcor Centre (Suite 120A 200 - 4 Ave. S.).

**To register, call Access Addiction & Mental Health
1-888-594-0211**



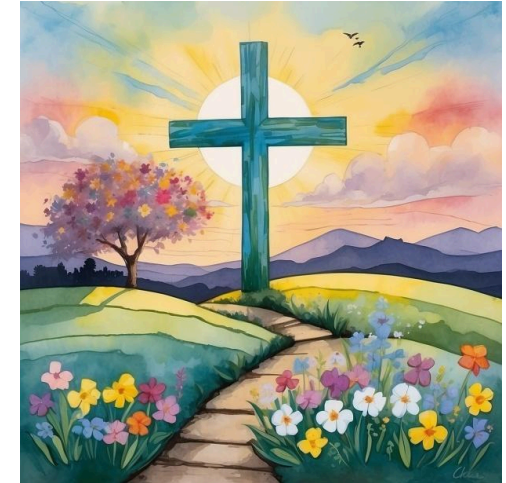
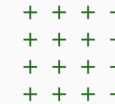
RITA'S RUN 2026 5KM & 10KM

Saturday May 9, 2026 @ 9:00AM

Elks Compound
Lethbridge, AB

RUN FOR THE CAUSE
SUPPORTING MENTAL HEALTH

Registration Opens February 24!
www.ritasrun.weebly.com



When your feelings need a place to go.



Free, 24/7 support.

Text:
686868

Call:
1-800-668-6868

Message online:
KidsHelpPhone.ca



Share Your Voice!

**Musical Theatre and
Recording Sessions**

August 10-14, 2026

AGES 9-12 (9 - 1 P.M.)

AGES 13-20 (1 - 5 P.M.)

5 days of intensive training,
lessons, workshops and
recording studio access.

Located at the U of L
Centre for the Arts



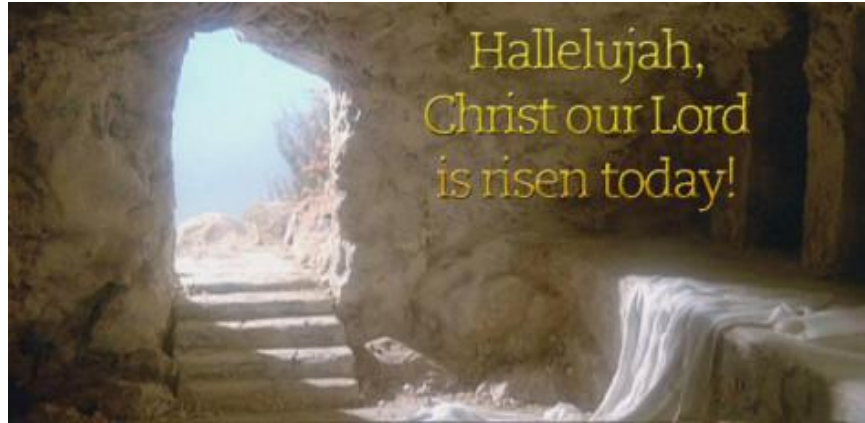
PHOTO BY STRUDELBRAND



MUSIC.CONSERVATORY@ULETH.CA
403-329-2304



Easter blessings to you and your family from the teachers and staff of Catholic Central High School



Christ, the Lord, Is Risen Today

Charles Wesley

From *Lyra Davidica*

1. Christ the Lord is ris'n to - day, Al - le - lu - ial
2. Lives a - gain our glo - rious King: Al - le - lu - ial
3. Love's re - deem - ing work is done, Al - le - lu - ial
4. Soar we now, where Christ has led, Al - le - lu - ial

Sons of men and an - gels say: Al - le - lu - ial
Where, O death, is now thy sting? Al - le - lu - ial
Fought the fight, the bat - tle won; Al - le - lu - ial
Fol - l'wing our ex - alt - ed Head; Al - le - lu - ial

Raise your joys and tri - umphs high, Al - le - lu - ial
Dy - ing once, He all doth save: Al - le - lu - ial
Death in vain for - bids Him rise; Al - le - lu - ial
Made like Him, like Him we rise; Al - le - lu - ial

Sing, ye heav'ns, and earth re - ply, Al - le - lu - ial
Where thy vic - to - ry, O grave? Al - le - lu - ial
Christ has o - pened Par - a - dise. Al - le - lu - ial
Ours the cross, the grave, the skies. Al - le - lu - ial

